



# ARIZONA DIABETES RESOURCE DIRECTORY



Office of Chronic Disease Prevention and Nutrition Services  
Arizona Diabetes Prevention and Control Program





# **ARIZONA DEPARTMENT OF HEALTH SERVICES**

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**2005**

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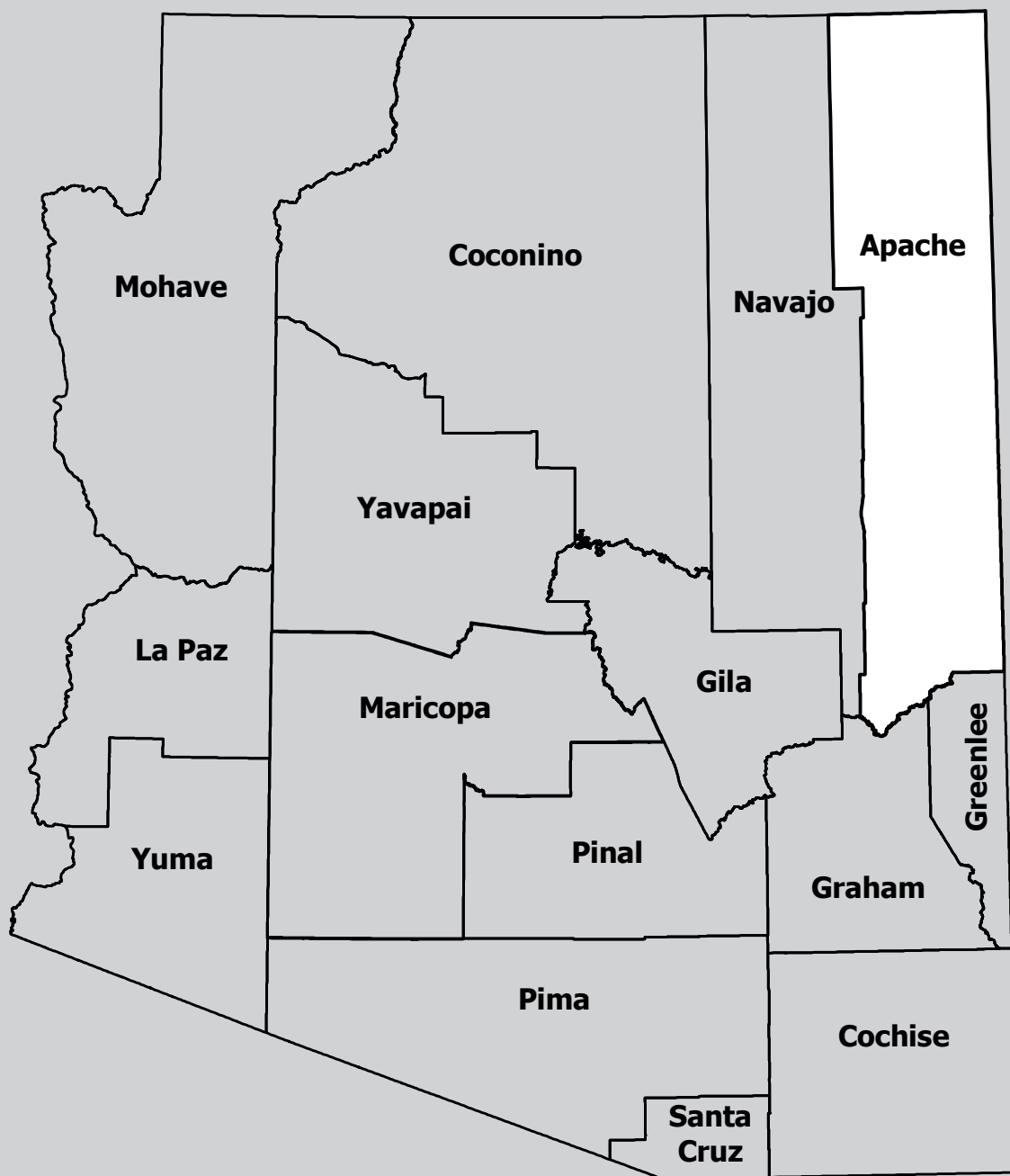
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*\*The organizations in this directory are non-profit and are listed on a voluntary basis only. For more current listings, please visit the Arizona Department of Health Services Diabetes Prevention and Control Program website at [www.azdhs.gov/phs/oncdps/diabetes/](http://www.azdhs.gov/phs/oncdps/diabetes/)*



# APACHE COUNTY







## **Chinle**

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### **Arizona Department of Economic Security Temporary Assistance to Needy Families (TANF)**

P. O. Box 157  
Chinle, AZ 86503  
*Phone:* (928) 674-5085  
*Fax:* (928) 674-8465

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.  
*Audience:* General population.  
*Languages available:* English, Spanish

### **Chinle Service Unit Diabetes Program Indian Health Service**

Highway 191, Drawer PH  
Chinle, AZ 86503  
*Phone:* (928) 674-7266  
*Fax:* (928) 674-7008

*Description:* Diabetes education, diabetes screening, nutrition, continuing education/training (for professionals), gestational/prenatal, hypertension screening, foot care, and eye screening.  
*Health professionals:* MD/DO  
*Audience:* General population  
People with diagnosed diabetes, and families of people with diabetes.  
*Languages available:* English, Navajo  
*Year program started:* 1995  
*Materials developed:* Yes

## **Fort Defiance**

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### **Fort Defiance Hospital Public Health Service (IHS)**

P.O. Box 649  
Fort Defiance, AZ 86504  
*Phone:* (928) 729-8000

*Fax:* (928) 729-3352  
*Contact:* Gina Milford, Diabetic  
Coordinator

*Description:* Diabetes education, diabetes screening, weight management, nutrition, eye screening, and hypertension screening.  
*Audience:* General population.  
*Languages available:* Native American, Navajo  
*Year program started:* 1988

### **Navajo Nation Health Education Program**

P.O. Box 288  
Fort Defiance, AZ 86504  
*Phone:* (928) 729-3416  
*Contact:* Valerie Jones, Senior Health  
Educator

*Description:* General health promotions. Active participants in health promotion. The Navajo Health Education Program is federally funded under Indian Health Services Public Law 93-638. The mission of the program is to encourage and emphasize active participation in health promotion, maintenance of good health and prevention of disabilities through participation and community involvement.  
*Audience:* General population.  
*Languages available:* English, Native American, Navajo  
*Year program started:* 1988

## **Ganado**

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### **Arizona Department of Economic Security Temporary Assistance to Needy Families (TANF)**

Lower Greasewood Administrative  
Building  
Ganado, AZ 86505  
*Phone:* (928) 654-3325  
*Fax:* (928) 654-3293

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.

*Languages available:* English

### **Sage Memorial Hospital**

#### **Diabetes Program**

P.O. Box 457

Ganado, AZ 86505

*Phone:* (928) 755-4516

*Fax:* (928) 755-4604

*Contact:* Diabetes Outreach Program Coordinator

*Description:* Diabetes education, diabetes screening, weight management, nutrition, and hypertension screening.

*Health professionals:* MD, NP, RN, CDE

*Audience:* People diagnosed with diabetes and families of people with diabetes.

*Languages available:* English, Navajo

*Year program started:* 1998

## **Sanders**

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### **Arizona Department of Economic Security Temporary Assistance to Needy Families (TANF)**

P. O. Box 428

Sanders, AZ 86512

*Phone:* (928) 688-2871

*Fax:* (928) 688-2501

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish

## **Eager**

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### **Apache County Health Department WIC Program**

341 North Main

Eager, AZ 85925

*Phone:* (928) 333-2218

*Fax:* (928) 333-5540

*Description:* Program that has a diabetes component, weight management, nutrition, exercise, and gestational/prenatal. Also provides nutrition education and appropriate referrals.

*Audience:* General population. Women (pregnant, breastfeeding, postpartum), infants and children up to five years of age.

*Languages available:* English, Spanish

*Year program started:* 1972

## **Springerville**

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### **White Mountain Regional Medical Center Diabetes Self-Management Classes**

118 South Mountain Avenue

Springerville, AZ 85938

*Phone:* (928) 333-7102

*Fax:* (928) 333-7170

*Contact:* Linda Martin, Marketing & Community Service Manager

*Description:* Four-week series diabetes educational class with local CDE and a support group in the process of being started. Diabetes complications addressed include: eye screening, hypertension screening, foot care and renal care.

*Health professionals:* CDE, RD

*Audience:* General population, people diagnosed with diabetes and minorities.

*Languages available:* English

*Year program started:* 2004

## St. Johns

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### **Apache County Health Department WIC Program**

P.O. Box 697  
St. Johns, AZ 85936  
*Phone:* (928) 337-4364  
*Fax:* (928) 337-4530  
*Contact:* Larissa Ditmore, RN

*Description:* Diabetes screening, weight management, nutrition, exercise, eye screening, hypertension screening, foot care, gestational/prenatal, and prenatal care. Also nutrition education and referrals.

*Health professionals:* RD, RN

*Audience:* General population and women (pregnant, breastfeeding, postpartum), infants and children up to five years old.

*Languages available:* English, Spanish

### **Arizona Department of Economic Security Temporary Assistance to Needy Families (TANF)**

395 South Washington  
St Johns, AZ 85936  
*Phone:* (928) 337-2113  
*Fax:* (928) 337-2287

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population and people diagnosed with diabetes.

*Languages available:* English, Spanish

### **Navapache Regional Medical Center Diabetes Support Group**

P.O. Box 805  
St. Johns, AZ 85936  
*Phone:* (928) 537-6368  
*Fax:* (928) 521-6827  
*Contact:* Fredda Kermes

*Description:* Diabetes education and support group. Meets the first Wednesday of each month at 1 p.m. in East Campus Health Library.

*Health professionals:* RN, CDE

*Audience:* People diagnosed with diabetes and families of people with diabetes.

*Languages available:* English

*Year program started:* 1994

## Teec Nos Pos

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### **Arizona Department of Economic Security Temporary Assistance to Needy Families (TANF)**

P. O. Box 100  
Teec Nos Pos, AZ 86514  
*Phone:* (928) 656-3275  
*Fax:* (928) 656-3286

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish

## Window Rock

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### **Arizona Department of Economic Security Temporary Assistance to Needy Families (TANF)**

P. O. Box 1890  
Window Rock, AZ 86515  
*Phone:* (928) 871-3436  
*Fax:* (928) 871-4130

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish

**Navajo Nation Special Diabetes Project**  
**Navajo Division of Health**

P.O. Box 1390  
Window Rock, AZ 86515  
*Phone:* (928) 871-6532  
*Fax:* (928) 871-6543  
*Contact:* Robert I. Nakai,  
Program Manager

*Description:* The program provides educational, preventive, nutritional, and physical information on what diabetes is, how to prevent it, and how to manage it. Clients are taught about healthy foods and preparation of portion size meals low in calories and fats. Information is provided through sponsored activities such as pow wows, fairs, rodeos, athletic activities, and Navajo song and dance. Materials provided are brochures, booklets, stories, videos; mass media such as radio messages, talk shows, and billboards (13 billboards strategically located throughout the Navajo Nation); sponsoring physical activities such as walks, runs, and other appropriate physical activities.

*Health professionals:* RN

*Audience:* General population, minorities, tribal members, and families of people with diabetes.

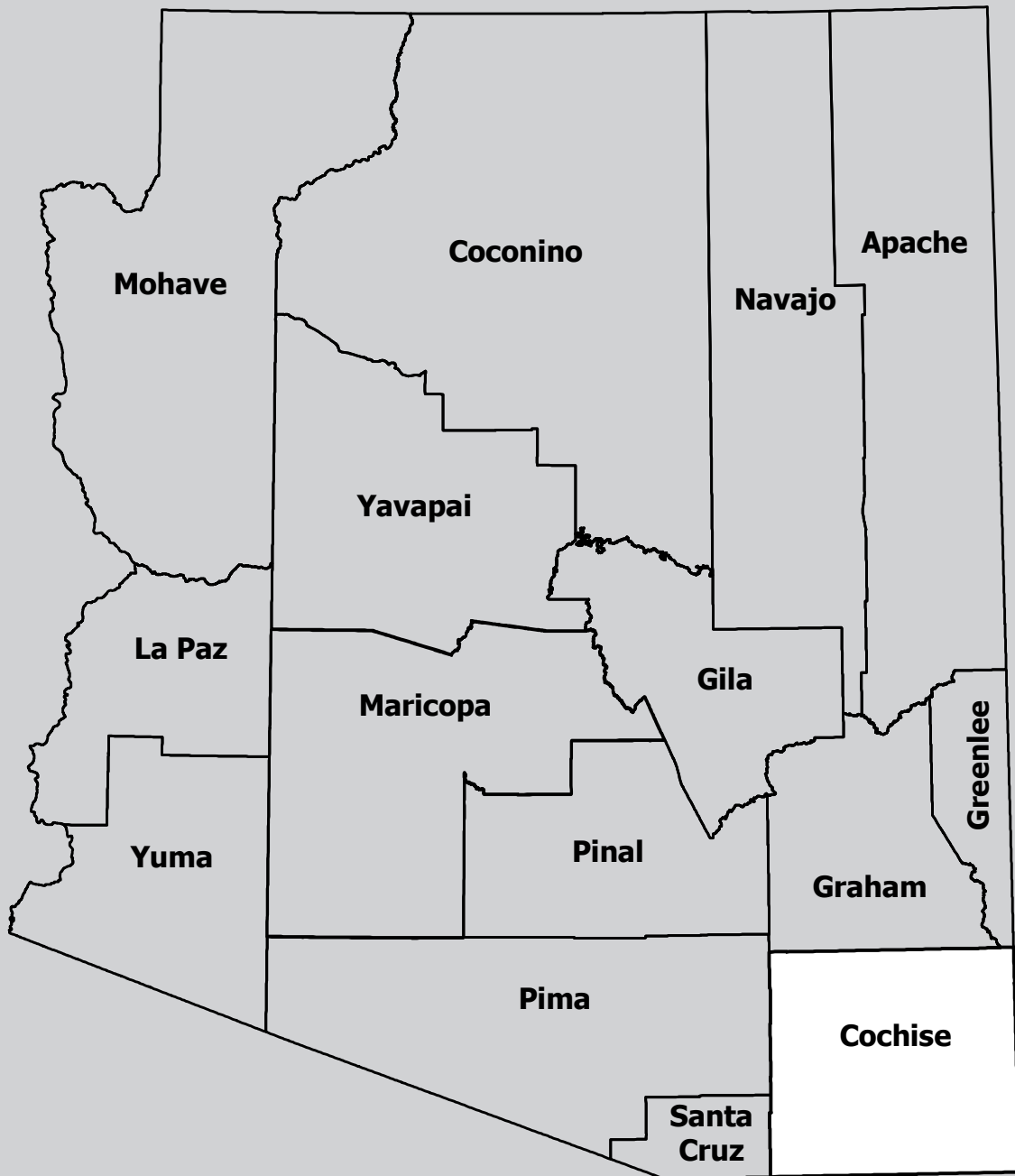
*Languages available:* English, Navajo

*Year program started:* 1999

*Materials developed:* Yes



# COCHISE COUNTY





## **Benson**

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### **Arizona Department of Economic Security Temporary Assistance to Needy Families (TANF)**

551 West 4th Street  
Benson, AZ 85602  
*Phone:* (520) 586-2303  
*Fax:* (520) 586-7350

*Description:* Family assistance, food stamps, cash assistance, medical and general assistance and temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish, Korean, Navajo, Russian, Vietnamese, French, Apache, Arabic, and Chinese

### **Arizona Department of Economic Security Vocational Rehabilitation**

543 West 4th Street  
Benson, AZ 85602  
*Phone:* (520) 586-3520  
*Fax:* (520) 586-3582

*Description:* Provides vocational assistance for job training.

*Audience:* People with disabilities.

*Languages available:* English, Spanish

### **Benson Hospital**

450 South Ocotillo  
Benson, AZ 85602  
*Phone:* (520) 586-2261  
*Fax:* (520) 586-2265  
*Contact:* Mary Evans, MBA, RD,  
Dietician

*Description:* Provides a program that has a diabetes component, diabetes education, diabetes screening, weight management, nutrition, and support group (small unit - 22 beds).

*Health professionals:* RD, MD/DO, RN

*Audience:* People diagnosed with diabetes, minorities, and general population.

*Languages available:* English, some Spanish

### **Cochise County Health & Social Services Benson Office**

500 South Highway 80  
Benson, AZ 85602  
*Phone:* (520) 586-3686  
*Fax:* (520) 586-2051  
*Contact:* Cindy Berry, RN

*Description:* A small clinic providing diabetes screening, education, nutrition, hypertension screening, and smoking cessation.

*Health professionals:* RD, RN

*Audience:* General population.

*Languages available:* English

## **Bisbee**

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### **Cochise County Health Department Adolescent Maternal and Child Health**

1415 West Melody Lane, Building A  
Bisbee, AZ 85603-3090  
*Phone:* (520) 432-9471  
*Contact:* Maureen Kappler, RN

*Description:* Diabetes education, diabetes screening, weight management, nutrition, exercise, continuing education/training, gestational/prenatal.

*Audience:* People diagnosed with diabetes, general population, minorities, and families of people with diabetes, pregnant women, and teens.

*Languages available:* English, Spanish



**Arizona Department of Economic Security  
Temporary Assistance to Needy Families  
(TANF)**

207 Bisbee Road  
Bisbee, AZ 85603  
*Phone:* (520) 432-5415  
*Fax:* (520) 432-7277

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish

**Chiricahua Community Health Center**

108 Arizona Street  
Bisbee, AZ 85603  
*Phone:* (520) 432-3309  
*Contact:* Theresa McEntee, MD; Layana Turner, FNP

*Description:* Provides a program that has a diabetes component, diabetes education and screening, weight management, nutrition, exercise, support group, hypertension screening, foot care, prenatal care, smoking cessation, and cardiovascular disease.

*Health professionals:* MD, NP, RN

*Audience:* General population, persons diagnosed with diabetes, families of diabetics, and minorities.

*Languages available:* English, Spanish

**Cochise County Health Department  
WIC Program**

1415 West Melody Lane, Building A  
Bisbee, AZ 85603  
*Phone:* (520) 432-9475

*Description:* A general health promotion program that has a diabetes component including nutrition education, as well as community, medical and social referral programs provided by a registered dietitian.

*Audience:* Women (pregnant, breastfeeding, postpartum), infants and children up to five years of age.

*Year program started:* 1972

**Diabetes Care Center  
Copper Queen Community Hospital**

101 Cole Avenue  
Bisbee, AZ 85603  
*Phone:* (520) 432-5383  
*Fax:* (520) 432-4460  
*Contact:* Katie Gonzales, FNP

*Description:* General health promotion service provided in diabetes education. Beginning diabetic education classes by an RN and also to host annual seminar presented by a CDE for diabetic patients and their caregivers.

*Audience:* People with diagnosed diabetes, families of people with diabetes, and the general population.

*Languages available:* English, Spanish

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## Douglas

**Arizona Department of Economic Security  
Temporary Assistance to Needy Families  
(TANF)**

615 2nd Street  
Douglas, AZ 85607  
*Phone:* (520) 364-1291

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish



**Arizona Department of Economic Security  
Vocational Rehabilitation**

1140 F Avenue  
Douglas, AZ 85607  
*Phone:* (520) 364-4446  
*Fax:* (520) 364-7197  
*Contact:* Chetan Patel, M.D.

*Description:* Provides vocational assistance for job training.  
*Audience:* People with disabilities.

**Arizona Family Care Associates**

1101 San Antonio Avenue  
Douglas, AZ 85607  
*Phone:* (520) 364-7544  
*Fax:* (520) 364-2504  
*Contact:* Claudia Romo, Nursing Supervisor

*Description:* Provides a program that has a diabetes component, diabetes education and screening, weight management, nutrition, exercise, gestational, eye screening, hypertension screening, foot care, prenatal care, smoking cessation, renal care, and cardiovascular disease.

*Health professionals:* MD/DO, RN

*Audience:* All ages

*Languages available:* English, Spanish

**Chiricahua Community Health Center**

1205 F Avenue  
Douglas, AZ 85607  
*Phone:* (520) 364-3285  
*Contact:* Pani Ellinas, MD

*Description:* Provides a program that has a diabetes component, diabetes education and screening, weight management, nutrition, exercise, support group, hypertension screening, foot care, prenatal care, smoking cessation, and cardiovascular disease.

*Health professionals:* MD, NP, RN

*Audience:* General population, persons

diagnosed with diabetes, families of diabetics, and minorities.

*Languages available:* English, Spanish

**Social Security Administration**

600 East 15th Street  
Douglas, AZ 85607  
*Phone:* (800) 772-1213

*Description:* Assists people to make social security claims for disability insurance, retirement insurance, survivors insurance, Medicare - hospitalization and Medicare supplementary benefits. Call the 800 number or walk in.

*Audience:* General population, all.

*Languages available:* English, Spanish

*Materials developed:* Yes

**Southeast Arizona Medical Center**

2174 West Oak Avenue  
Douglas, AZ 85607  
*Phone:* (520) 364-7931  
*Fax:* (520) 364-4421  
*Contact:* Karl Sprowl, Coordinator of Education

*Description:* Provides a program that has a diabetes component, diabetes education and screening, weight management, nutrition, exercise, support group, gestational/prenatal, eye screening, foot care and hypertension.

*Health professionals:* CDE, RD, MD/DO, RN

*Audience:* General population people diagnosed with diabetes.

*Languages available:* English, Spanish

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**Elfrida****Chiricahua Community Health Center**

10566 Highway 191  
Elfrida, AZ 85610  
*Phone:* (520) 642-2222  
*Fax:* (520) 642-3591  
*Contact:* Dr. Shirley Hicks, FNP

*Description:* Provides a program that has a diabetes component, diabetes education and screening, weight management, nutrition, exercise, support group, hypertension screening, foot care, prenatal care, smoking cessation, and cardiovascular disease.

*Health professionals:* MD, NP, RN

*Audience:* General population, persons diagnosed with diabetes, families of diabetics, and minorities.

*Languages available:* English, Spanish

## **Pearce**

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### **Sunsites Medical Clinic**

P.O. Box 186 or

225 Frontage Road #105

Pearce, AZ 85625

*Phone:* (520) 826-1088

*Fax:* (520) 826-1089

*Contact:* Dr. Richard Singer; Mick Drage, PA; Dawn Walker, DO

*Description:* Provides a program that has a diabetes component, diabetes education and screening, weight management, nutrition, exercise, eye screening, hypertension screening, foot care, smoking cessation, renal care, and cardiovascular disease.

*Audience:* General population.

*Languages available:* English

## **Sierra Vista**

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### **Arizona Department of Economic Security Temporary Assistance to Needy Families (TANF)**

820 East Fry Boulevard

Sierra Vista, AZ 85635

*Phone:* (520) 459-6901

*Fax:* (520) 459-7148

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish

### **Arizona Department of Economic Security Vocational Rehabilitation**

471 East Barstow Drive

Sierra Vista, AZ 85635

*Phone:* (520) 459-7612

*Fax:* (520) 452-8549

*Description:* Provides vocational assistance for job training.

*Audience:* People with disabilities.

### **Arizona Family Care Associates**

302 El Camino Real, Suite #5

Sierra Vista, AZ 85625

*Phone:* (520) 459-3920

*Fax:* (520) 452-2218

*Description:* General information for support group.

*Audience:* Adults and some children.

*Languages available:* English, some Spanish

## **Sierra Vista**

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### **Sierra Vista Community Hospital**

300 El Camino Real

Sierra Vista, AZ 85635

*Phone:* (520) 417-3050

*Fax:* (520) 417-3056

*Contact:* Donna Whelan

*Description:* General health promotion program that has a diabetes component. Diabetes education, screening, weight management, nutrition, exercise, support group, eye screening, foot care, gestational/prenatal, hypertension screening, renal care, cardiovascular disease and prenatal care.

*Health professionals:* RD, MD/DO, RN  
*Audience:* General population, persons diagnosed with diabetes, families of diabetics, and minorities.  
*Languages available:* English, Spanish

## **Willcox**

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### **Arizona Department of Economic Security Temporary Assistance to Needy Families (TANF)**

256 South Curtis  
Wilcox, AZ 85643  
*Phone:* (520) 384-3583  
*Fax:* (520) 384-2213

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish

### **Northern Cochise Community Hospital**

901 Rex Allen Drive  
Willcox, AZ 85643  
*Phone:* (520) 384-3541  
*Fax:* (520) 384-9212  
*Contact:* Kim Duncan, RN, Case Manager

*Description:* Diabetes education, diabetes screening, nutrition, exercise, foot care, smoking cessation, renal care, and cardiovascular disease.

*Health professionals:* RD

*Audience:* General population and minorities.

*Languages available:* English, some Spanish

### **Willcox Area Diabetes Support Group Cochise County Health & Social Services**

450 South Haskell  
Willcox, AZ 85643  
*Phone:* (520) 384-7100  
*Fax:* (520) 384-0309

*Contact:* Marianne Gonzalez, LPN

*Description:* Support group meets every third Wednesday at 6:00 P.M. at Cochise County Health and Social Services Department. No appointment necessary. Education programs offered as well.

*Audience:* General population, persons with diagnosed diabetes, families of diabetics, minorities, and health professionals.

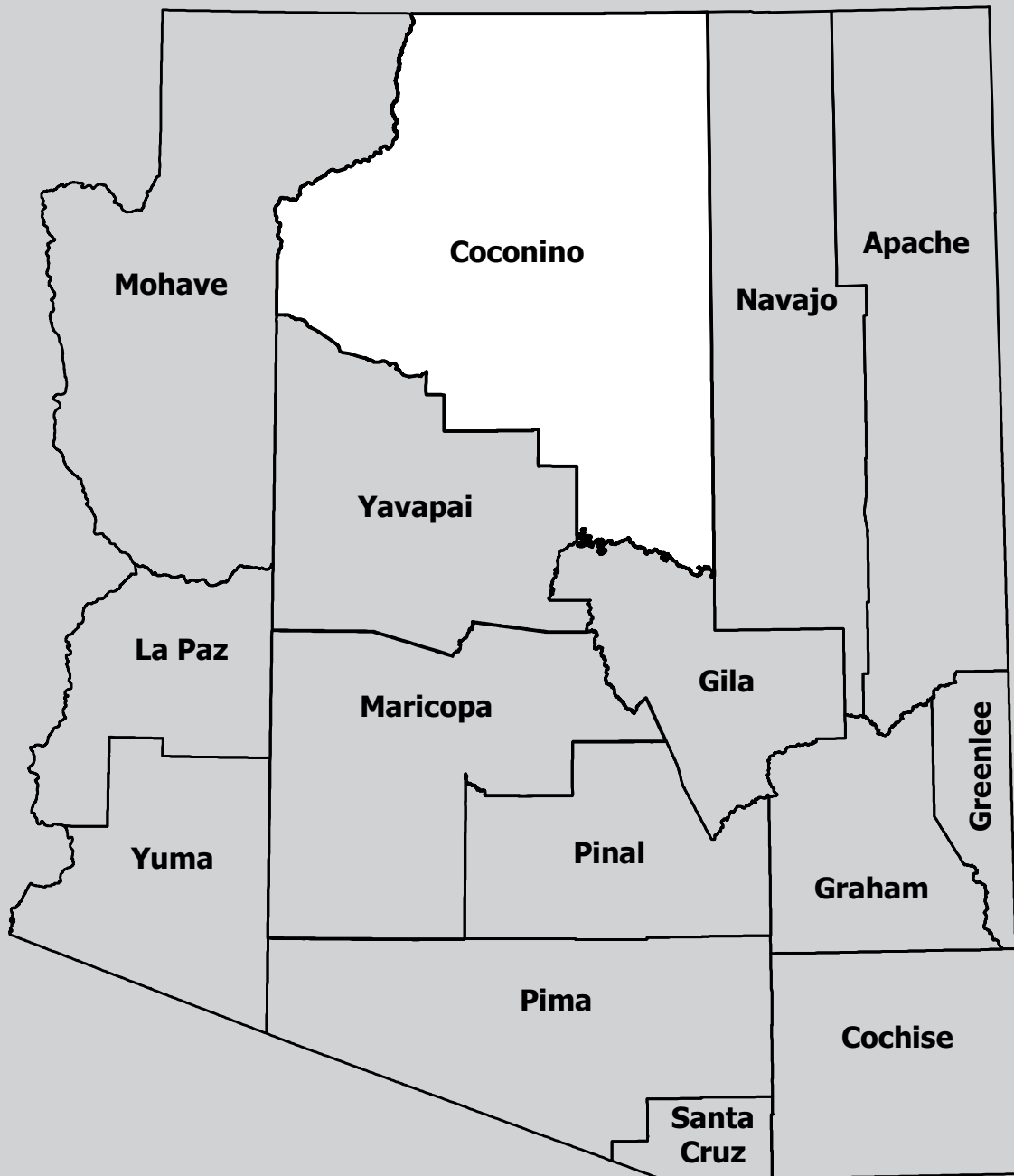
*Languages available:* English, Spanish

*Year program started:* 1995





# COCONINO COUNTY





## **Flagstaff**

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### **Arizona Department of Economic Security Temporary Assistance to Needy Families (TANF)**

397 Malpais Lane, Suite 7  
Flagstaff, AZ 86001  
*Phone:* (928) 779-0327  
*Fax:* (928) 779-1833

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish

### **Arizona Department of Economic Security Vocational Rehabilitation**

1510 South Riordan Ranch Street  
Flagstaff, AZ 86001  
*Phone:* (928) 779-4147  
*Fax:* (928) 774-6915

*Description:* Provides vocational assistance for job training.

*Audience:* People with disabilities.

*Languages available:* English

### **Coconino County Health Department Home Health Agency/Clinic**

2625 North King Street  
Flagstaff, AZ 86004  
*Phone:* (928) 522-7920  
*Fax:* (928) 522-7922  
*Contact:* Charlie McCabe

*Description:* Diabetes education, diabetes screening, weight management, and nutrition.

*Health professionals:* RN

*Audience:* Elderly only and must have their own doctors to authorize care.

*Languages available:* English, Spanish

*Year program started:* 1968

### **Coconino County Health Department WIC Program**

2625 North King Street  
Flagstaff, AZ 86004  
*Phone:* (928) 522-7850  
*Fax:* (928) 522-7855  
*Contact:* Lorraine Ornelas

*Description:* A general health promotion program that has a diabetes component including nutrition education, as well as community, medical and social referral programs provided by a registered dietitian.  
*Audience:* Women (pregnant, breastfeeding, postpartum), infants and children up to five years.

*Languages available:* English, Spanish

*Year program started:* 1972

### **First Care Nursing Diabetes Care & Counseling Family Practice**

1110 East Route 66, Suite 201  
Flagstaff, AZ 86001  
*Phone:* (928) 213-5680  
*Fax:* (928) 213-5697  
*Contact:* Guadalupe E. Woodson, FNP, CDE

*Description:* Diabetes education, diabetes screening, weight management, nutrition, exercise, and support group.

*Health professionals:* CDE, NP

*Audience:* General population and people diagnosed with diabetes.

*Languages available:* English, Spanish

*Year program started:* 2001

*Materials developed:* Diabetes Profile, Progress Notes

**Flagstaff Medical Center  
Children's Health Center**

1200 North Beaver Street  
Flagstaff, AZ 86002  
*Phone:* (928) 773-2054  
*Fax:* (928) 773-2286  
*Contact:* Pam Garcia, RN

*Description:* Diabetes education, diabetes screening, pediatric and eye screening.  
*Audience:* Children and teenagers diagnosed with diabetes.  
*Languages available:* English, Spanish

**Flagstaff Medical Center  
Nutrition Counseling/Outpatient**

1200 North Beaver Street  
Flagstaff, AZ 86002  
*Phone:* (928) 773-2008 (adults)  
(928) 773-2408 (children)  
*Fax:* (928) 773-2430

*Description:* Diabetes education, diabetes screening, weight management, nutrition, exercise, eye screening, hypertension screening, and foot care.  
*Health professionals:* CDE, RD, RN  
*Audience:* General population, people diagnosed with diabetes, and families of people with diabetes.  
*Languages available:* English  
*Year program started:* 1994

**Native Americans for Community Action  
(NACA) Family Health Center  
Harmony through Health Diabetes  
Program**

1500 East Cedar Avenue, Suite 26  
Flagstaff, AZ 86004  
*Phone:* (928) 773-1245  
*Fax:* (928) 773-9429  
*Contact:* Cathy Johnson, RD, CDE  
Diabetes Program Coordinator

*Description:* Diabetes education, diabetes screening, weight management, nutrition, exercise, eye screening, hypertension screening, and foot care.

*Health professionals:* CDE, RD

*Audience:* General population. and Native Americans.

*Languages available:* English

*Year program started:* 1998

**North Country Community Health Center  
Diabetes Program**

P.O. Box 3630  
Flagstaff, AZ 86003  
*Phone:* (928) 380-2171  
*Contact:* Teri Eichinger, MSW, Chronic Care Coordinator

*Description:* General health promotion services include diabetes education, diabetes screening, nutrition, exercise, support group, continuing education/training for professionals and gestational/prenatal. Specific services for diabetes complications include eye screening, hypertension screening, foot care, prenatal care, smoking cessation, and cardiovascular disease.  
*Health professionals:* MD/DO, PA/NP, RN  
*Audience:* General population, people diagnosed with diabetes, minorities, and families of people with diabetes.  
*Languages available:* English, Spanish, Native American

*Year program started:* 2003



**Northern Arizona University  
Fronske Health Center/Student Health**

P.O. Box 6033  
Flagstaff, AZ 86011  
*Phone:* (928) 523-2131  
*Fax:* (928) 523-1102  
*Contact:* Dr. Timothy Fleming, Medical Director

*Description:* Diabetes education, support group, eye screening, hypertension screening, and foot care.

*Health professionals:* RN, RD, MD, NP  
*Audience:* NAU students and employees.  
*Languages available:* English, Spanish  
*Year program started:* 1982

**Northern AZ Healthcare Diabetes Program  
Flagstaff Medical Center/Verde Valley  
Medical Center**

1200 North Beaver Street  
Flagstaff, AZ 86001  
*Phone:* (928) 773-2033  
*Fax:* (928) 773-2419  
*Contact:* Wendy Bourne, RN CDE,  
Education Department

*Description:* Group classes for people newly diagnosed with diabetes. Program that has a diabetes component, diabetes education, nutrition, support group exercise, foot care, smoking cessation, renal care, cardiovascular disease, and insulin pump training. Individual and group diabetes self-management education, diabetes education in pregnancy, education for children with diabetes, assists with Flagstaff adult and children support groups.

*Health professionals:* RN, CDE, RD, and wound nurse  
*Audience:* General population, adults and children diagnosed with diabetes.  
*Languages available:* English, some Spanish  
*Year program started:* 1945

*Materials developed:* Yes - Living Well with Diabetes slides

**Social Security Administration**

1585 South Plaza Way, Suite 130  
Flagstaff, AZ 86001  
*Phone:* (800) 772-1213

*Description:* Assist people to make social security claims for disability insurance, retirement insurance, survivors insurance, Medicare - hospitalization and Medicare supplementary benefits.

*Audience:* General population.  
*Languages available:* English, Spanish

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## Page

**Arizona Department of Economic Security  
Temporary Assistance to Needy Families  
(TANF)**

679 South Lake Powell Blvd  
P.O. Box 1656  
Page, AZ 86040  
*Phone:* (928) 645-8132  
*Fax:* (928) 645-5241

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.  
*Audience:* General population.

**Lake Powell Medical Center**

467 Vista Avenue  
Page, AZ 86040  
*Phone:* (928) 645-8123  
*Fax:* (928) 645-3862

*Description:* Diabetes education, diabetes screening, hypertension screening, foot care and gestational/prenatal.  
*Health professionals:* MDs, RNs

*Audience:* People with diagnosed diabetes and general population.

*Languages available:* English, Navajo

*Year program started:* 1994

### **Page Hospital**

P.O. Box 1447

Page, AZ 86040

*Phone:* (928) 645-2424

*Fax:* (928) 645-3549

*Contact:* Lee Cleveland, RD

*Description:* Diabetes education, diabetes screening, weight management, support group, eye screening, hypertension screening, and foot care.

*Health professionals:* RD, MD/DO

*Audience:* General population.

*Languages available:* English, Navajo

*Year program started:* 1995

*Materials developed:* Yes

## **Sedona**

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### **Sedona Medical Center**

3700 West Highway 89A

Sedona, AZ 86336

*Phone:* (928) 204-3000

*Fax:* (928) 282-1286

*Contact:* Director

*Description:* Diabetes education, diabetes screening, support group, hypertension screening and gestational/prenatal.

*Health professionals:* CDE, MD/DO, PA, RN

*Audience:* General population.

*Languages available:* English, Spanish

## **Tuba City**

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### **Arizona Department of Economic Security Temporary assistance to Needy Families (TANF)**

P.O. Box 130

Tuba City, AZ 86045

*Phone:* (928) 283-4511

*Fax:* (928) 283-6624

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish

### **Tuba City Regional Healthcare Corporation**

PO Box 600

Tuba City, AZ 86045

*Phone:* (928) 283-2997

*Fax:* (928) 283-2887

*Contact:* Dr. Dorothy Jensen, Physician  
Advisor; Michelle Archuleta, Director

*Description:* Provides general health promotion that has a diabetes component, diabetes education, diabetes screening, weight management, nutrition, exercise, gestational/prenatal; 2,100 patients in registry; counseling, high risk foot clinics, adolescent health program, teen clinic.

*Audience:* People diagnosed with diabetes, minorities, families of people with diabetes, and high schools.

*Languages available:* English, Navajo, Hopi

*Year program started:* 1997

# Williams

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## Williams Diabetes Support Group

3932 West Pinetop  
Williams, AZ 86046  
*Phone:* (928) 635-4897  
*Contact:* Rose Marie Rincon

*Description:* Provides diabetes education, exercise, nutrition, support group. Support group and speakers on various diabetes topics including meal preparation, physical activities, self-management and preventing the complications of diabetes. Speakers include physicians, nurse practitioners who are certified in diabetes education.

*Health professionals:* RN, RD

*Audience:* People diagnosed with diabetes and families of people with diabetes.

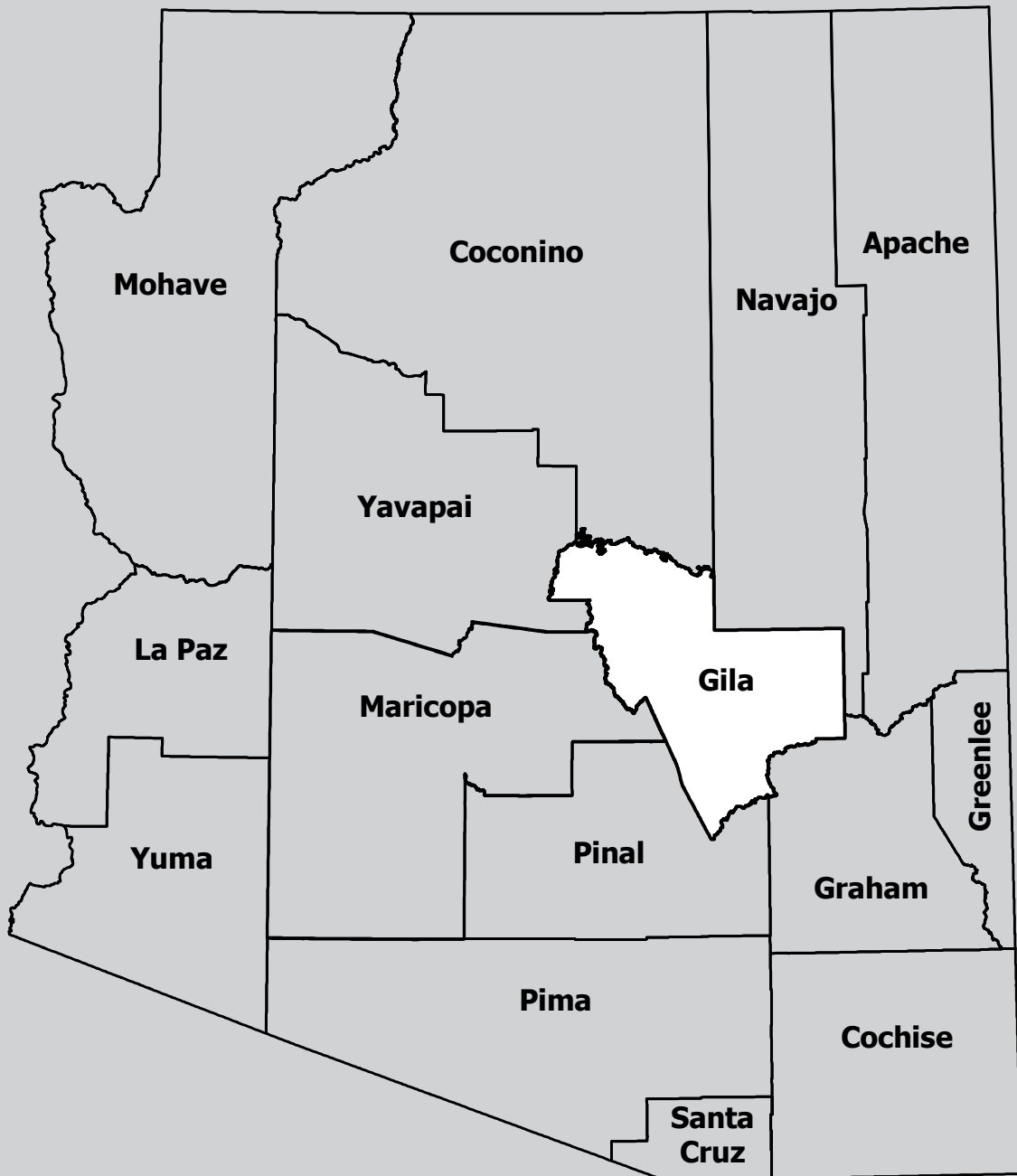
*Languages available:* English, Spanish

*Year program started:* November 1999





# GILA COUNTY





## **Globe**

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### **Arizona Department of Economic Security Temporary Assistance to Needy Families (TANF)**

605 South 7th Street  
Globe, AZ 85501  
*Phone:* (928) 425-3101  
*Fax:* (928) 425-2881

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish

### **Arizona Department of Economic Security Vocational Rehabilitation**

605 South 7th Street  
Globe, AZ 85501  
*Phone:* (928) 425-3101  
*Fax:* (928) 425-7950

*Description:* Provides vocational assistance for job training.

*Audience:* People with disabilities.

### **Cobre Valley Community Hospital**

5880 South Hospital Drive  
Globe, AZ 85501  
*Phone:* (928) 425-3261  
*Fax:* (928) 425-7903  
*Contact:* Sylvia Garcia, Dietary Supervisor

*Description:* Diabetes education, diabetes screening, weight management, nutrition, hypertension screening, and gestational/prenatal.

*Health professionals:* RD, MD/DO, RN

*Audience:* People diagnosed with diabetes.

*Languages available:* English, Spanish

### **Gila County Health Department**

621 South 5th Street  
Globe, AZ 85501  
*Phone:* (928) 425-3189  
*Fax:* (928) 425-0794

*Description:* General diabetic education and nutrition.

*Languages available:* English, Spanish

### **Gila County Health Department WIC Program**

1400 East Ash Street  
Globe, AZ 85501  
*Phone:* (928) 425-3189  
*Fax:* (928) 425-794  
*Contact:* Julie Taylor

*Description:* Diabetes education, diabetes screening, weight management, nutrition, gestational/prenatal, hypertension screening, and prenatal care, general nutrition education and referrals.

*Health professionals:* RD

*Audience:* Women (pregnant, breastfeeding, postpartum), infants and children up to five years of age and general population.

*Languages available:* English, Spanish

*Year program started:* 1972

## **Miami**

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### **Social Security Administration**

2105 East US Hwy 60, Suite 102  
Miami, AZ 85539  
*Phone:* (800) 772-1213

*Description:* Assists people to make social security claims for disability insurance, retirement insurance, survivors insurance, Medicare - hospitalization and Medicare supplementary benefits. Call the 800 number or walk in.

*Audience:* General population, all.  
*Languages available:* English, Spanish  
*Materials developed:* Yes

## **Payson**

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### **Arizona Department of Economic Security Temporary Assistance to Needy Families (TANF)**

122 East Highway 260, Suite 110  
Payson, AZ 85541  
*Phone:* (928) 474-4521  
*Fax:* (928) 468-8677

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.  
*Audience:* General population.  
*Languages available:* English, Spanish

### **Arizona Department of Economic Security Vocational Rehabilitation**

140 East Highway 260  
Payson, AZ 85541  
*Phone:* (928) 474-0784  
*Fax:* (928) 468-8211  
*Contact:* Karen Gray

*Description:* Provides vocational assistance for job training.  
*Audience:* People with diabetes.  
*Languages available:* English

### **Gila County Health Department**

107 West Frontier, Suite A  
Payson, AZ 85541  
*Phone:* (928) 474-1210  
*Fax:* (928) 474-7069  
*Contact:* Lucinda Butler, RN

*Description:* General diabetic education and nutrition.

*Audience:* General population.  
*Languages available:* English, some Spanish

### **Payson Regional Medical Center**

807 South Ponderosa Drive  
Payson, AZ 85541  
*Phone:* (928) 474-3222  
*Fax:* (928) 472-1295  
*Contact:* Diane Fredrick

*Description:* Diabetes education, diabetes screening, weight management, nutrition, gestational/prenatal, exercise, eye screening, and hypertension screening.  
*Health professionals:* CDE, RD, MD/DO, RN  
*Audience:* People with diagnosed diabetes, families of people with diabetes.  
*Languages available:* English  
*Year program started:* 1991

### **Payson Regional Medical Center Home Health Care**

215 North Beeline Highway  
Payson, AZ 85541  
*Phone:* (928) 472-5245  
*Fax:* (928) 472-5250  
*Contact:* Director

*Description:* Provides home health care to diabetics as ordered by MD.  
*Health professionals:* RNs, CNAs  
*Audience:* Persons with diagnosed diabetes, families of diabetics. Primarily adults.  
*Languages available:* English  
*Year program started:* 1991



**Samaritan Family Health Center**

708 South Coeur D'Alene, Suite A

Payson, AZ 85411

Phone: (928) 474-1714

Contact: Office Manager

*Description:* Diabetes screening, eye screening, and hypertension screening.

*Health professionals:* MD/DO

*Audience:* General population.

*Languages available:* English

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**Peridot****Arizona Department of Economic Security  
Temporary Assistance to Needy Families  
(TANF)****Peridot Shopping Center Hwy 70**

PO Box 747

Peridot, AZ 85542

Phone: (928) 475-2212

Fax: (928) 475-2658

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish

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**San Carlos****San Carlos Apache Tribal Diabetes  
Prevention Program**

P.O. Box 1651

San Carlos, AZ 85550

Phone: (928) 475-5940

Fax: (928) 475-5925

Contact: Elizabeth Johnson, Program Manager

*Description:* The program has a weight management clinic with comprehensive professional support, community outreach

education to teach prevention and control measures, many physical activities for community and health education opportunities. We also have an Annual Diabetes Conference and two fitness centers. General health promotion services include: diabetes education, diabetes screening, weight management, nutrition, exercise, and continuing education/training for professionals. Services specific to diabetes complications include: hypertension screening and foot care.

*Health professionals:* PA/NP, RN

*Audiences:* General population, people with diagnosed diabetes, and families of people with diabetes.

*Languages available:* English, Apache

*Year program started:* 1997

**San Carlos Hospital Diabetes Team  
IHS San Carlos Hospital**

P.O. Box 208

San Carlos, AZ 85550

Phone: (928) 475-2371

Fax: (928) 475-7370

Contact: Linda C. Clark RN, CDE

*Description:* Diabetes education, diabetes screening, weight management, nutrition, exercise, eye screening, hypertension, foot care, prenatal, renal care, optometry, and dental services available. Cardiovascular Glucometer Loaner Program. Our team tries to provide comprehensive care to most ADA minimum standards. Education is provided by appointment, walk-in and group sessions. Our team provides education to all the local schools on a yearly basis.

*Health professionals:* CDE, RD, MD/DO, NP, RN

*Audience:* People with diagnosed diabetes and pre-diabetes, minorities, families of people with diabetes, teenagers, pregnant women, people with hypertension, school age children.

*Languages available:* Apache

*Year program started:* 1988

*Materials developed:* Yes



# GRAHAM COUNTY





## **Safford**

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### **Arizona Department of Economic Security Temporary Assistance to Needy Families (TANF)**

1938 West Thatcher Boulevard  
Safford, AZ 85546  
*Phone:* (928) 428-6731  
*Fax:* (928) 428-1206

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish

### **Arizona Department of Economic Security Vocational Rehabilitation**

1938 Thatcher Boulevard  
Safford, AZ 85546  
*Phone:* (928) 428-7700  
*Fax:* (928) 428-4018

*Description:* Vocational assistance for job training.

*Audience:* People with disabilities.

*Languages available:* English, Spanish

### **Graham County Health Department Annex WIC Nutrition Department**

820 West Main Street  
Safford, AZ 85546  
*Phone:* (928) 428-7690  
*Fax:* (928) 348-9873  
*Contact:* Rochelle Figueroa, Nutritionist

*Description:* Diabetes education, weight management, nutrition, exercise, hypertension screening, gestational/prenatal, and prenatal care.

*Audience:* Women (pregnant, breastfeeding, postpartum), infants and children up to 5 years of age.

*Languages available:* English, Spanish

*Year program started:* 1972

### **Mt. Graham Regional Medical Center Graham Greenlee Diabetes Prevention and Control Program**

1600 20th Avenue  
Safford, AZ 85546  
*Phone:* (928) 348-4296  
*Fax:* (928) 348-4093

*Contact:* Darlene Horst, RN- Diabetes Outreach Educator, Linda Lopez, RN, Diabetes Program Coordinator

*Description:* Diabetes education, diabetes screening, weight management, nutrition, exercise, support group, and continuing education/training. Type 1 and Type 2 Diabetes Program.

*Health professionals:* RD, RN

*Audience:* People diagnosed with diabetes and families of people diagnosed with diabetes.

*Languages available:* English, Spanish

**Social Security Administration**

616 8th Avenue

Safford, AZ 85546

*Phone:* (800) 772-1213

*Description:* Assists people to make social security claims for disability insurance, retirement insurance, survivors insurance, Medicare - hospitalization and Medicare supplementary benefits. Call the 800 number or walk in.

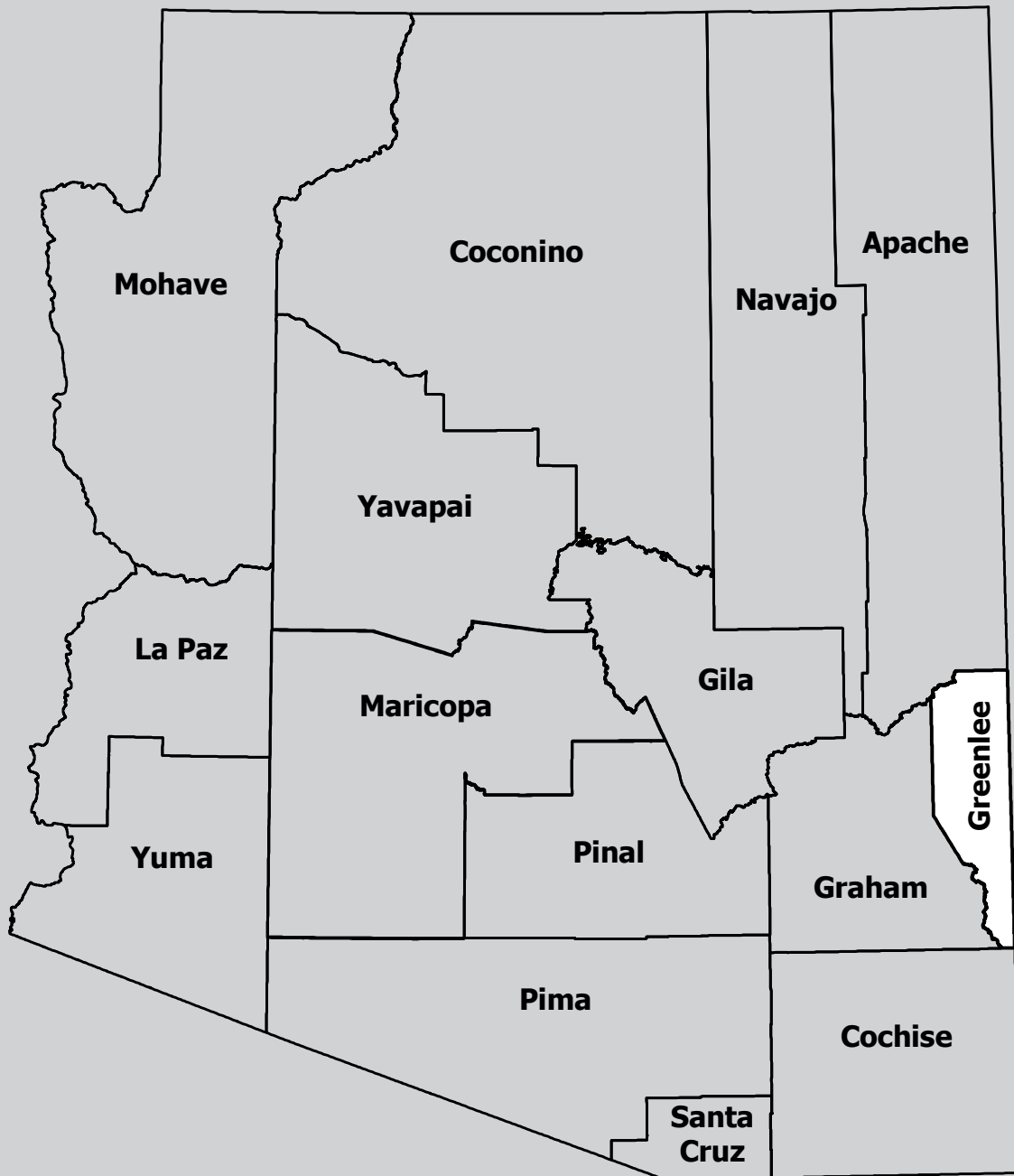
*Audience:* General population, all.

*Languages available:* English, Spanish

*Materials developed:* Yes



# **GREENLEE COUNTY**







## Clifton

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### Arizona Department of Economic Security Temporary Assistance to Needy Families (TANF)

300 North Coronado Avenue  
P.O. Box 927  
Clifton, AZ 85533  
*Phone:* (928) 865-4131  
*Fax:* (928) 865-5146

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish

### Greenlee County Health Department

P.O. Box 936  
Clifton, AZ 85534  
*Phone:* (928) 865-2601  
*Fax:* (928) 865-4417  
*Contact:* Amber Love Perkins,  
Nutritionist

*Description:* Provides general diabetic education, weight management and nutrition. Provides patient education for newly diagnosed diabetics utilizing videos and brochures.

*Audience:* General population.

*Languages available:* English, some Spanish

### Greenlee County Health Department WIC Program

P.O. Box 936  
Clifton, AZ 85533  
*Phone:* (928) 865-2601  
*Fax:* (928) 865-4417  
*Contact:* Linda Brunson, RN

*Description:* Diabetes education, diabetes screening, weight management, nutrition,

exercise, gestational/prenatal, and hypertension screening.

*Audience:* Women (pregnant, breastfeeding, postpartum), infants and children up to five years of age and general population.

*Health professionals:* RD, RN

*Languages available:* English, Spanish

*Year program started:* 1972

## Morenci

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### Diabetes Education Program Morenci Health Care Center

P.O. Box 159  
Morenci, AZ 85540  
*Phone:* (928) 865-4511  
*Fax:* (928) 865-1015  
*Contact:* Victoria Zubia-Harriman

*Description:* Diabetes workshop is scheduled on a monthly basis with 10 patients per month. The workshops consist of doctor's visits, labs, retinal screening, and foot care with the University of Arizona mobile unit and the Diabetes Education staff.

*Audience:* People diagnosed with diabetes, families of people with diabetes, and minorities.

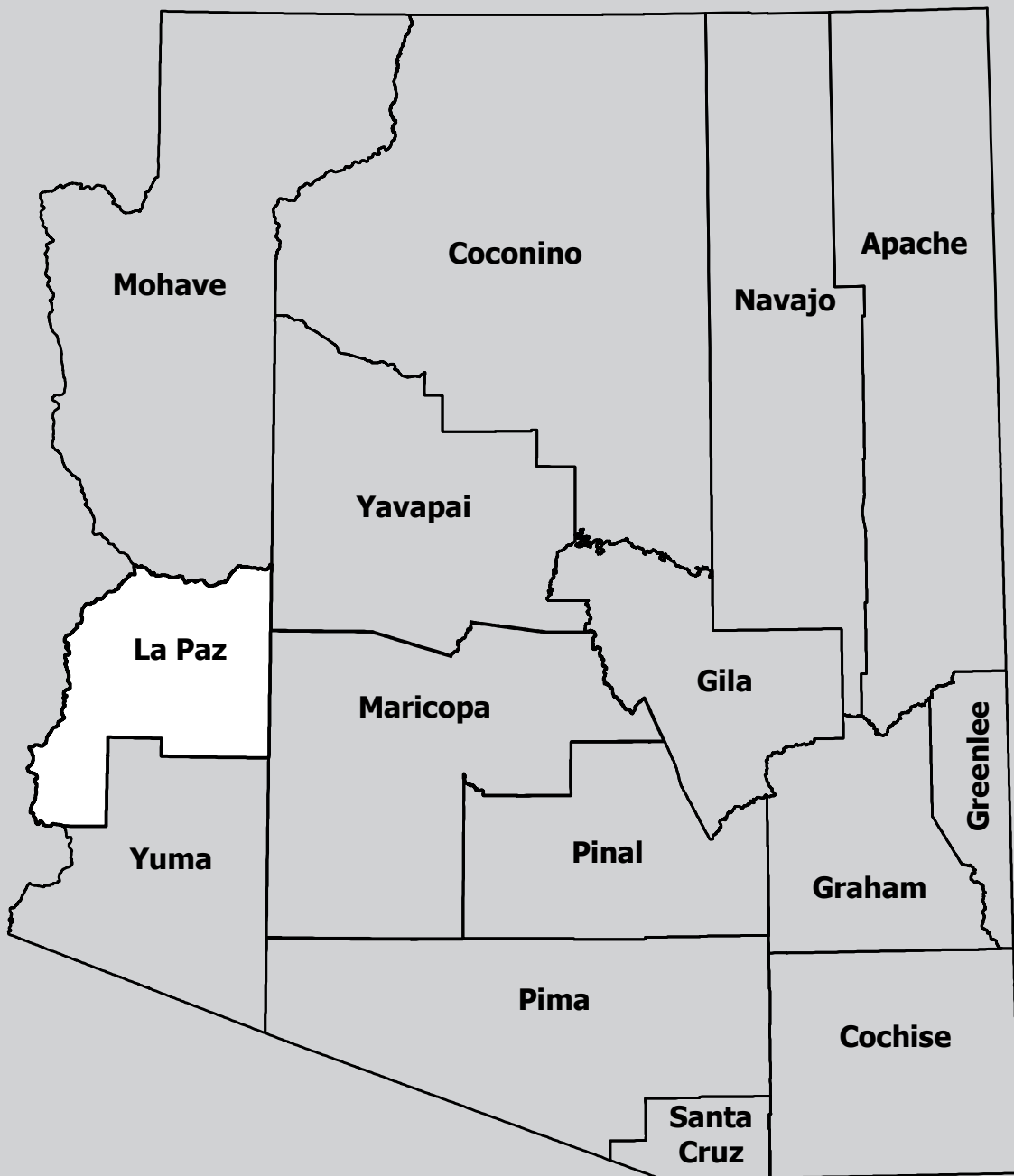
*Languages available:* English, some Spanish

*Year program started:* 2004





# LA PAZ COUNTY





## **Needles**

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### **Social Security Administration**

1096 East Broadway  
Needles, CA 92363  
*Phone:* (800) 772-1213

*Description:* Assists people to make social security claims for disability insurance, retirement insurance, survivors insurance, Medicare - hospitalization and Medicare supplementary benefits. Call the 800 number or walk in.

*Audience:* General population, all.

*Languages available:* English, Spanish

## **Parker**

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### **Arizona Department of Economic Security Temporary Assistance to Needy Families (TANF)**

1032 Hopi Avenue  
Parker, AZ 85344  
*Phone:* (928) 669-9293  
*Fax:* (928) 669-8627

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.

### **Arizona Department of Economic Security Vocational Rehabilitation**

1032 Hopi Avenue  
Parker, AZ 85344  
*Phone:* (928) 669-8389  
*Fax:* (928) 669-8675

*Description:* Provides vocational assistance for job training.

*Audience:* People with disabilities.

### **La Paz County Health Department**

1112 Joshua Avenue, #206  
Parker, AZ 85344  
*Phone:* (928) 669-1062  
*Fax:* (928) 669-6703  
*Contact:* Tammy Hall, Director of Nursing

*Description:* Diabetes education and diabetes screening.

*Audience:* General population.

*Languages available:* English, Spanish

### **La Paz Regional Hospital**

1200 West Mohave Road  
Parker, AZ 85344  
*Phone:* (928) 669-9201  
*Fax:* (928) 669-7417  
*Contact:* Ruth Grothe, Case Manager

*Description:* Follow-up and support provided by buddy system. Referrals for education, health information, and other related services.

*Audience:* People with diagnosed diabetes.

*Year program started:* 1995

**Parker USPHS Hospital**

Route 1, Box 12

Parker, AZ 85344

*Phone:* (928) 669-2137

*Fax:* (928) 669-2571

*Contact:* Gay Crawford

*Description:* Diabetes education, diabetes screening, weight management, nutrition, exercise, gestational/prenatal, eye screening, and hypertension screening.

*Health professionals:* RD, MD/DO, RN

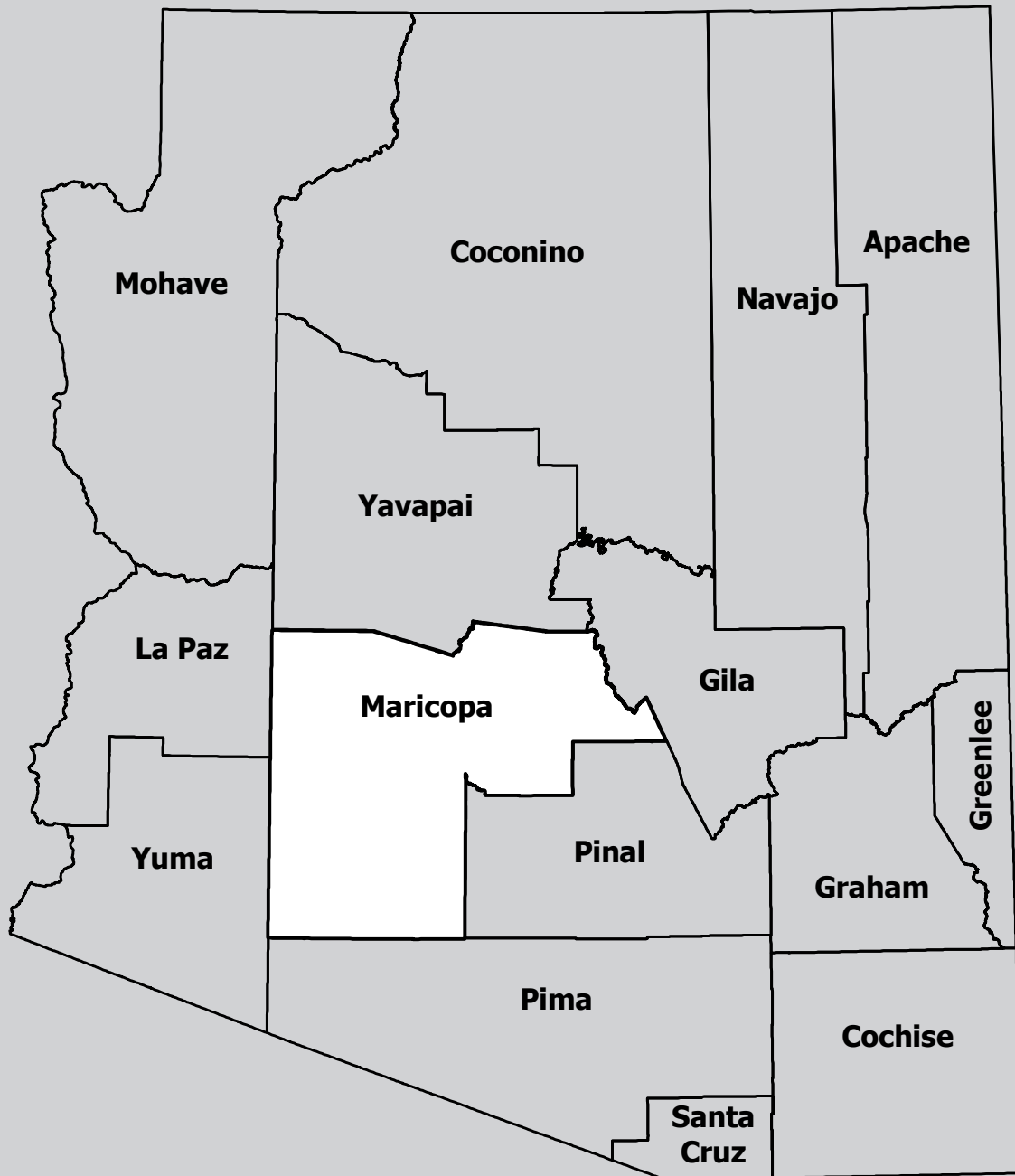
*Audience:* General population.

*Languages available:* English

*Year program started:* 1950



# **MARICOPA COUNTY**







## **Avondale**

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### **Arizona Department of Economic Security Temporary Assistance to Needy Families (TANF)**

605 North Central  
Avondale, AZ 85323  
*Phone:* (623) 925-0095  
*Fax:* (623) 932-2183

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish

### **Maricopa County Health Department WIC Program**

950 East Van Buren  
Avondale, AZ 85323  
*Phone:* (623) 932-3900

*Description:* A general health promotion program that has a diabetes component including nutrition education, as well as community, medical and social referral programs provided by a registered dietitian.

*Audience:* Women (pregnant, breastfeeding, postpartum), infants and children up to five years of age.

*Languages available:* English, Spanish

*Year program started:* 1972

### **Maricopa Integrated Health Systems Avondale Family Health Center**

950 East Van Buren  
Avondale, AZ 85323  
*Phone:* (623) 344-6800  
*Fax:* (623) 344-6801  
*Contact:* Nancy Wick, RN, Clinic Manager

*Description:* The Diabetes Education Program is recognized by the ADA and has a individual or group classes available. The Program offers diabetes education, diabetes screening, weight management, nutrition, eye screening, hypertension screening, foot care, smoking cessation, renal care and cardiovascular disease.

*Health professionals:* CDE, RD, MD/DO, RN

*Audience:* People with diagnosed diabetes, families of people with diabetes, minorities.

*Year program started:* 2001

## **Buckeye**

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### **Arizona Department of Economic Security Temporary Assistance to Needy Families (TANF)**

302 North 4th Street  
Buckeye, AZ 85326  
*Phone:* (623) 255-4201  
*Fax:* (623) 386-7759

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish

### **Buckeye Family Care Center**

306 East Monroe Avenue  
Buckeye, AZ 85326  
*Phone:* (623) 386-4814  
*Fax:* (623) 386-4593

*Description:* A primary care facility offering a general health promotions program that has a diabetes component to include: individual diabetes education, screening, weight management, nutrition, eye screening, hypertension, foot care, prenatal and cardiovascular care. Primary care includes OB prenatal care. Monthly scheduled

obstetrician, cardiologist, and nutritionist.  
Sliding scale fee available.

*Health professionals:* RD, MD, PA, RN,  
Medical assistant and OB prenatal care.

*Audience:* Persons diagnosed with diabetes,  
minorities, teenagers, and pregnant women.

*Languages available:* English, Spanish

*Year program started:* 1995

*Materials developed:* Yes

## **Chandler**

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### **Arizona Department of Economic Security Temporary Assistance to Needy Families (TANF)**

3002 North Arizona Avenue, Suite D104  
Chandler, AZ 85224

*Phone:* (480) 812-2160

*Fax:* (480) 812-9758

*Description:* Family assistance program that  
provides TANF, food stamps, cash assistance,  
medical and general assistance. Provides  
temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish

### **Arizona Department of Economic Security Vocational Rehabilitation**

793 North Alma School Road, Suite C-8  
Chandler, AZ 85224

*Phone:* (480) 917-0493

*Fax:* (480) 917-3512

*Description:* Provides vocational assistance  
for job training.

*Audience:* People with disabilities.

### **Chandler Family Health Center Maricopa Integrated Health System**

811 South Hamilton  
Chandler, AZ 85225

*Phone:* (480) 344-6100

*Fax:* (480) 344-6101

*Contact:* Pam Cox, RN, Clinic Manager

*Description:* The Diabetes Education  
Program is recognized by the ADA and has a  
individual or group classes available. The  
Program offers diabetes education, diabetes  
screening, weight management, nutrition, eye  
screening, hypertension screening, foot care,  
smoking cessation, renal care and  
cardiovascular disease.

*Health professionals:* CDE, RD, MD/DO, RN

*Audience:* People with diagnosed diabetes,  
families of people with diabetes, and  
minorities.

*Year program started:* 2001

### **Maricopa County Health Department WIC Program**

3002 North Arizona Avenue  
Chandler, AZ 85224

*Phone:* (480) 892-7702

*Fax:* (480) 892-7936

*Contact:* Renee Siegfried

*Description:* A general health promotion  
program that has a diabetes component  
including nutrition education, as well as  
community, medical and social referral  
programs. Weight management and  
hemoglobin checks are provided.

*Health professionals:* RD

*Audience:* Women (pregnant, breastfeeding,  
postpartum), infants and children up to five  
years.

*Languages available:* English, Spanish

*Year program started:* 1972

## **El Mirage**

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### **Maricopa Integrated Health Systems El Mirage Family Health Center**

12428 West Thunderbird Road  
El Mirage, AZ 85335

*Phone:* (623) 583-8987

*Description:* A primary care facility offering a general health promotions program that has a diabetes component which includes diabetes screening, hypertension screening, foot care, prenatal care, and cardiovascular disease referral.

*Health professionals:* CDE, RD, MD/DO, PA/NP, RN

*Audience:* Persons who are uninsured, those eligible for AHCCCS, and persons who are enrolled in the Maricopa Health System program.

*Languages available:* English

## Glendale

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### **Arizona Department of Economic Security Temporary Assistance to Needy Families (TANF)**

5409 West Glendale

Glendale, AZ 85301

*Phone:* (602) 842-0061

*Fax:* (623) 937-4280

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish

### **Arrowhead Hospital Diabetes Education Program**

18701 North 67th Avenue

Glendale, AZ 85308

*Phone:* (623) 561-7168

*Fax:* (623) 561-7257

*Contact:* Diabetes Educator/Coordinator

*Description:* Provide one-on-one and group diabetes education for pre-diabetes, type 1 diabetes, type 2 diabetes and gestational diabetes provided by a CDE, weight management, nutrition, and exercise.

*Health professionals:* CDE, RD

*Audience:* People diagnosed with diabetes

*Languages available:* Languages with translator phone.

*Year program started:* 2001

### **Glendale Family Health Center Maricopa Integrated Health Center**

5141 Lamar Road

Glendale, AZ 85301

*Phone:* (623) 344-6700

*Fax:* (623) 344-6701

*Contact:* Cathy Turner, RN, Interim  
Clinic Manager

*Description:* General health promotion services include: program that has a diabetes component, diabetes education, diabetes screening, and nutrition. Services specific to diabetes complications include: eye screening, hypertension screening, foot care, prenatal care, smoking cessation, renal care, and cardiovascular disease. The individual education and group classes provided by the Diabetes Education Program is recognized by the American Diabetes Association.

*Health professionals:* CDE, RD, MD/DO, RN

*Audiences:* People diagnosed with diabetes, families of people diagnosed with diabetes and minorities.

*Languages available:* Spanish, English

*Year program started:* 2001

### **Maricopa County Health Department WIC Program**

5141 Lamar Road

Glendale, AZ 85301

*Phone:* (602) 939-0989

*Description:* A general health promotion program that has a diabetes component including nutrition education, as well as community, medical and social referral programs provided by a registered dietitian.

*Audience:* Women (pregnant, breastfeeding, postpartum), infants and children up to 5 years of age.

*Languages available:* English, Spanish

*Year program started:* 1972

**Social Security Administration**

**5955 West Myrtle Avenue**

Glendale, AZ 85301

*Phone:* (800) 772-1213

*Description:* Assists persons to make social security claims for disability insurance, retirement insurance, survivors insurance, Medicare - hospitalization and Medicare - supplementary benefits. Call or walk in.

*Audience:* General population, all.

*Languages available:* English, Spanish

*Materials developed:* Yes

**Thunderbird Samaritan Medical Center  
Outpatient Diabetes Program**

5555 West Thunderbird Road

Glendale, AZ 85306

*Phone:* (602) 588-4890

*Fax:* (602) 865-4893

*Contact:* Shirley McDonald, Department Secretary

*Description:* Diabetes education, weight management, nutrition, support group, continuing education/training (for professionals), gestational/prenatal, hyper-lipidemia. Outpatient program includes individual consultants and group classes.

*Health professionals:* CDE, RD, RN

*Audience:* People with diabetes, health professionals, minorities, families of people with diabetes (e.g. teenagers, pregnant women, people with hypertension, etc.). Must be diagnosed with diabetes for appointment.

*Languages available:* English, Spanish - Translators available with arrangement.

*Year program started:* 1996

*Materials developed:* Yes

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## **Guadalupe**

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**Arizona Department of Economic Security  
Temporary Assistance to Needy Families  
(TANF)**

8410 South Avenida Del Yaqui

Guadalupe, AZ 85283

*Phone:* (480) 491-7828

*Fax:* (480) 755-0637

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish

**Guadalupe Family Health Center  
Maricopa Integrated Health Systems**

5825 East Calle Guadalupe

Guadalupe, AZ 85283

*Phone:* (480) 344-6000

*Fax:* (480) 344-6001

*Contact:* Irma Dominguez, RN,  
Clinic Manager

*Description:* The Diabetes Education Program is recognized by the ADA and has individual or group classes available. The Program offers diabetes education, diabetes screening, weight management, nutrition, eye screening, hypertension screening, foot care, smoking cessation, renal care and cardiovascular disease.

*Health professionals:* CDE, RD, MD/DO, RN

*Audience:* People with diagnosed diabetes, families of people with diabetes, and minorities.

*Health professionals:* CDE, RD, MD/DO, RN

*Year program started:* 2001

**Las Fuentes Health Clinic of Guadalupe  
Guadalupe Diabetes Subcommittee's  
Muevete Guadalupe**

8626 Avenida Del Yaqui  
Guadalupe, AZ 85283  
*Phone:* (480) 777-2263  
*Fax:* (480) 777-2264  
*Contact:* Anita Alaniz-Molina, FNP

*Description:* The Diabetes Subcommittee is a group formed by area agencies (Centro de Amistad, Las Fuentes, the Pasqua Yaqui Tribe, Maricopa Public Health, ADHS Diabetes Prevention and Control Program, ASU College of Nursing) in the Guadalupe Community. These groups promote and create activities and functions that address healthy lifestyles, which in turn prevent and control diabetes and its complications. Activities include community diabetes education, community walking groups, health fairs and festivals.

*Health professionals:* CDE, RD, PA/NP  
*Audience:* People with diabetes, general population, minorities, and families of people with diabetes.

*Year program started:* 2002

**Maricopa County Health Department  
WIC Program**

9206 Avenida Del Yaqui  
Guadalupe, AZ 85283  
*Phone:* (480) 838-2859

*Description:* A general health promotion program that has a diabetes component including nutrition education, as well as community, medical and social referral programs provided by a registered dietitian.  
*Audience:* Women (pregnant, breastfeeding, postpartum), infants and children up to 5 years of age.

*Languages available:* English  
*Year program started:* 1972

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**Luke AFB**

**Luke Air Force Base  
56 Med Group/SGOPI Diabetes**

Luke AFB, AZ 85309  
*Phone:* (623) 856-4625  
*Contact:* Major Rick Imholte, Patient Education Coordinator

*Description:* Diabetes screening, weight management, nutrition, exercise, support group, eye screening, hypertension screening, foot care, renal care.

*Health professionals:* RD, MD, RN

*Audience:* Personnel on active duty, retirees and family members stationed at the base.

*Languages available:* English, Spanish

**Luke AFB Arizona  
Diabetes Educator**

7219 North Litchfield Road  
Luke AFB, AZ 85309  
*Phone:* (623) 856-7501

*Description:* Diabetes education.

*Audience:* Personnel on active duty or retirees and their families.

*Languages available:* English, Spanish

*Year program started:* 1994

*Materials developed:* Yes

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**Mesa**

**Arizona Department of Economic Security  
Temporary Assistance to Needy Families  
(TANF)**

4501 East Main, #217  
Mesa, AZ 85205  
*Phone:* (480) 981-6357  
*Fax:* (480) 830-6457

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides



temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish

*Additional address:*

118 E. McKellips, Suite 1 & 2  
Mesa, AZ 85205

**Lutheran Health Care Network  
Diabetes Educator**

6644 East Baywood Avenue  
Mesa, AZ 85206  
*Phone:* (602) 981-4181

*Description:* Diabetes education.

*Audience:* People with diagnosed diabetes.

**Maricopa County Health Department  
WIC Program**

423 North Country Club  
Mesa, AZ 85201  
*Phone:* (480) 833-0334

*Description:* A general health promotion program that has a diabetes component including nutrition education, as well as community, medical and social referral programs provided by a registered dietitian.

*Audience:* Women (pregnant, breastfeeding, postpartum), infants and children up to 5 years of age.

*Languages available:* English, Spanish

*Year program started:* 1972

**Mesa Family Health Center  
Maricopa Integrated Health Systems**

59 South Hibbert  
Mesa, AZ 85210  
*Phone:* (480) 344-6200  
*Fax:* (480) 344-6201  
*Contact:* Irene Galasky, RN, Clinic Manager

*Description:* The Diabetes Education Program is recognized by the ADA and has a individual or group classes available. The

Program offers diabetes education, diabetes screening, weight management, nutrition, eye screening, hypertension screening, foot care, smoking cessation, renal care and cardiovascular disease.

*Health professionals:* CDE, RD, MD/DO, RN

*Audience:* People with diagnosed diabetes, families of people with diabetes, and minorities.

*Year program started:* 2001

**Mesa General Hospital  
Diabetes Educator**

515 North Mesa Drive  
Mesa, AZ 85201  
*Phone:* (480) 969-9111

*Description:* Diabetes education, exercise, continuing education, training, gestational, prenatal, diabetes complications specific, foot care.

*Health professionals:* CDE, RD, RNs

*Audience:* People diagnosed with diabetes, health professionals (staff nurses), minorities, families of people with diabetes, and gestational diabetes.

*Languages available:* English, Spanish

*Year program started:* 1988

*Materials developed:* Yes

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## Peoria

**Arizona Department of Economic Security  
Temporary Assistance to Needy Families  
(TANF)**

9516 West Peoria  
Peoria, AZ 85345  
*Phone:* (623) 878-0749  
*Fax:* (623) 878-9207

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.  
*Languages available:* English, Spanish

## Phoenix

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### **Advocates for the Disabled Disability Service**

4520 North Central Avenue, Suite #575  
Phoenix, AZ 85012  
*Phone:* (602) 212-2600

*Description:* Assist low-income individuals.  
Prove eligibility for SSI/Disability Benefits  
*Audience:* People with diagnosed diabetes.  
*Languages available:* Spanish, English  
*Year program started:* 1970

### **American Diabetes Association**

8125 North 23rd Avenue, #222  
Phoenix, AZ 85021  
*Phone:* (602) 861-4731  
*Fax:* (602) 995-1344  
*Contact:* Suzanne Miller, Director or Lori  
Stevens, Senior Executive Director

*Description:* National non-profit voluntary health organization with focus on research, information, education and advocacy. Health promotions include: diabetes education, weight management, nutrition, exercise, support group referral, continuing education/training for professionals, and gestational/prenatal. Services specific to diabetes complications include: eye screening, hypertension screening, foot care, prenatal care, smoking cessation, renal care, and cardiovascular diseases. We provide referrals for health professionals, diabetes recognition program and provider recognition.

*Audience:* General population, people diagnosed with diabetes, minorities, and families of people with diabetes  
*Languages available:* English, Spanish

*Year program started:* ADA established in Arizona in 1975.  
*Materials developed:* Visit [www.diabetes.org](http://www.diabetes.org) for materials.

### **Arizona Braille and Talking Book Library**

1030 North 32nd Street  
Phoenix, AZ 85008  
*Phone:* (602) 255-5578

*Description:* Talking Book Program.

### **Arizona Center for the Blind and Visually Impaired**

3100 East Roosevelt  
Phoenix, AZ 85008  
*Phone:* (602) 273-7411  
*Fax:* (602) 273-7410

*Description:* Diabetes education, support group, information on all types of devices to help blind diabetic people. Support group meets every Thursday.  
*Audience:* General population.  
*Languages available:* English

### **Arizona Department of Economic Security**

4635 South Central  
Phoenix, AZ 85040  
*Phone:* (602) 276-5773  
*Fax:* (602) 268-3412

### **Arizona Department of Economic Security Temporary Assistance to Needy Families (TANF)**

215 East McDowell Road  
Phoenix, AZ 85003  
*Phone:* (602) 495-1308  
*Fax:* (602) 257-0582

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.  
*Audience:* General population.

**Arizona Department of Economic Security  
Vocational Rehabilitation**

1430 East Indian School Road, #100  
Phoenix, AZ 85014  
*Phone:* (602) 212-0068  
*Fax:* (602) 241-1479

*Description:* Vocational help to keep a job or train for a job.

*Audience:* People with disabilities.

**Arizona Department of Health Services  
Arizona WIC Program**

150 North 18th Avenue  
Phoenix, AZ 85007  
*Phone:* (602) 542-1886  
*Fax:* (602) 542-1890  
*Contact:* Karen Sell, RD

*Description:* A general health promotion program that has a diabetes component including nutrition education, as well as community, medical and social referral programs provided by a registered dietitian.

*Audience:* Women (pregnant, breastfeeding, postpartum), infants and children up to five years of age.

*Languages available:* English, Spanish

*Year program started:* 1972

**Arizona Department of Health Services  
Bureau of Public Health Statistics**

150 North 18th Avenue  
Phoenix, AZ 85007  
*Phone:* (602) 542-7331  
*Fax:* (602) 542-7362  
*Contact:* Tim Flood, MD

*Description:* Generates epidemiological data about diabetes and other chronic diseases, including associated risk factors.

*Audience:* Health system professionals

*Languages available:* English, Spanish

*Year program started:* 1994

**Arizona Department of Health Services  
Cardiovascular Disease Risk Reduction  
Program**

150 North 18th Avenue, Suite 310  
Phoenix, AZ 85007  
*Phone:* (602) 364-0140  
*Fax:* (602) 542-0512

*Description:* Program has a diabetes component because diabetes is a risk factor for the development of heart disease and stroke. Also has nutrition and exercise promotion. The program is currently working on establishing a cardiovascular disease statewide coalition.

*Audience:* People with cardiovascular disease and diabetes.

**Arizona Department of Health Services  
Diabetes Prevention and Control Program**

150 North 18th Avenue, Suite 310  
Phoenix, AZ 85007  
*Phone:* (602) 542-7503  
*Fax:* (602) 542-0512  
*Contact:* Magda Ciocazan, Program Manager

*Description:* Continuing education/training (for professionals), resource coordination and referral, public policy information. The Arizona Diabetes Prevention and Control Program provides coordination in the area of diabetes and works toward the elimination of barriers for all persons with diabetes throughout Arizona in partnership with state, local, and community agencies, and with persons with diabetes and their families. The mission of the program is to reduce the incidence and prevalence of diabetes in Arizona.

*Languages available:* English, Spanish

*Year program started:* 1994

*Materials developed:* Yes



**Arizona Department of Health Services  
Immunization Program**

150 North 18th Avenue, Suite 120  
Phoenix, AZ 85007  
*Phone:* (602) 364-3635  
*Contact:* Michelle Gonzales, MPH

*Description:* Program that encourages flu vaccines and immunizations for metabolically compromised (diabetic) populations.

**Arizona Department of Health Services  
Nutrition and Physical Activity Program**

150 North 18th Avenue, Suite 310  
Phoenix, AZ 85007  
*Phone:* (602) 542-2851  
*Fax:* (602) 542-1890  
*Contact:* Lisa DeMarie, Program Manager

*Description:* General health promotion that has a diabetes component, nutrition, exercise and continuing education/training.

*Audience:* General population.

*Materials developed:* Arizona Nutrition and Physical Activity State Plan

**Arizona Department of Health Services  
Steps To A Healthier Arizona Initiative**

150 North 18th Avenue, Suite 310  
Phoenix, AZ 85007  
*Phone:* (602) 364-1442  
*Fax:* (602) 542-0512  
*Contact:* Frances Kaplan, Program Manager

*Description:* General health promotions include a program that has a diabetes component, diabetes education and screening, nutrition, exercise, continuing education/training (for professionals), gestational/prenatal, eye screening, hypertension screening, foot care, prenatal care, smoking cessation, renal care, and cardiovascular disease. The program collaborates with state and local partners, government agencies,

professional associations, academia and tribal councils to provide the various activities described above.

*Health professionals:* CDE, RD, MD/DO, PA/NP, RN

*Audience:* People diagnosed with diabetes, minorities, families of people with diabetes and general population.

*Languages available:* English, Spanish

*Year program started:* 2003

**Arizona Department of Insurance  
Consumer Services**

2910 North 44th Street, Suite #210  
Phoenix, AZ 85018  
*Phone:* (800) 325-2548  
*Fax:* (602) 912-8469

*Description:* Guide to Medicare Insurance information for people with pre-existing conditions who have trouble obtaining insurance.

*Languages available:* English, Spanish

**Arizona Foundation for the Eye (AFE)  
Arizona Telemedicine Ophthalmic  
Program**

1800 East Van Buren Street, 9th Floor  
Phoenix, AZ 85006  
*Contact:* Abby B. Guiver, President/CEO  
*Phone:* (602) 251-3400  
*Fax:* (602) 251-3415

*Description:* Diabetes screening, ATOP screens for early signs of diabetic eye disease by contract for Arizona Community Health Centers, corporations and others.

*Health professionals:* MD/DO

*Year program started:* 2002

**Arizona Kidney Foundation**  
**Serving End Stage Renal Disease Patients**

4203 East Indian School Road, #140  
Phoenix, AZ 85018  
*Phone:* (602) 840-1644  
*Fax:* (602) 840-2360

*Description:* General health promotions programs that has a diabetes component, nutrition, exercise, support group, continuing education/training (for professionals), educational, social and recreational programs. Financial assistance in crisis situations when no other help is available.

*Audience:* ESRD patients

*Languages available:* English, Spanish

*Year program started:* 1963

*Materials developed:* Yes

**Arizona State Hospital**  
**Diabetes Education**

2500 East Van Buren, Building 7  
Phoenix, AZ 85008  
*Phone:* (602) 220-6048  
*Fax:* (602) 629-7335  
*Contact:* Gretchen S. Rozelle, RN

*Description:* Diabetes education, diabetes screening, weight management, nutrition, exercise, support group, eye screening, foot care, smoking cessation, and cardiovascular disease.

*Health Professionals:* RN

*Audience:* People diagnosed with diabetes and metabolic syndrome and patients with psychiatric diagnoses.

*Languages available:* English

*Year Program started:* 2000

**Concilio Latino de Salud**  
**Juntos Contra la Diabetes**

546 East Osborn Road, #22  
Phoenix, AZ 85012  
*Phone:* (602) 285-0970  
*Contact:* Elizabeth Valdez, MD,  
Executive Director

*Description:* General health promotions program that has a diabetes component, including media such as PSAs and talk shows on risk factors, including diabetes, nutrition, smoking cessation, and cardiovascular disease. Three-year project entails working towards providing education and outreach to participants and cultural competence training for medical personnel.

*Audience:* Minorities.

*Languages available:* English, Spanish

*Year program started:* 1995

**Diabetes Collaborative Program**  
**Mountain Park Health Center**

2702 North 3rd Street, Suite 4020  
Phoenix, AZ 85004  
*Phone:* (602) 323-3210  
*Fax:* (602) 243-1235

*Contact:* Charmaine Trujillo, Diabetes Collaborative Coordinator

*Description:* General health promotions include a program that has a diabetes component, diabetes education, diabetes screening, weight management, nutrition, exercise, a support group, and gestational/prenatal. Services specific to diabetes complications include eye screening, hypertension screening, foot care, prenatal care, smoking cessation, renal care and cardiovascular disease. This program provides comprehensive medical care and dental care, which includes group visits and classes, behavioral health and care management, and retinal eye screening at four clinics in the Phoenix metro area. Accepts most insurances and AHCCCS plans and also has a sliding fee program. Primary medical care and dental care for all individuals at risk for diabetes.  
*Health professionals:* RD, MD/DO, PA/NP, RN, Diabetes Case Manager, Behavioral Health Specialist and Dentist

*Audience:* General population, people diagnosed with diabetes and their families, and minorities.

*Languages available:* English, Spanish

*Year program started:* 2000

**Diabetes Management & Training Centers, Inc.**

3941 East Chandler Boulevard, #106,  
P.M.B. 104

Phoenix, AZ 85048

*Phone:* (602) 426-1965

*Fax:* (480) 704-1579

*Contact:* Kris Swenson

*Description:* Diabetes education, weight management, nutrition, continuing education/training and foot care. Providing education to individuals with diabetes as well as training for health care professionals concerning proper diet and potential complications.

*Health professionals:* CDE, RD, RN

*Audience:* People diagnosed with diabetes, families of people with diabetes and health care professionals

*Languages available:* English

**Donor Network of Arizona**

201 West Coolidge

Phoenix, AZ 85013

*Phone:* (602) 222-2200

*Fax:* (602) 222-2202

*Description:* Organ procurement for diabetics in need. Locate organs, eyes and tissues.

*Audience:* General population.

**Easter Seals of Arizona**

2075 South Cottonwood Drive  
Tempe, AZ 85282

*Phone:* (480) 222-4100

*Fax:* (480) 222-4123

*Contact:* State Coordinator of Patient Services

*Description:* Non-profit agency dedicated to improving the health and welfare of persons with disabilities of all ages and to advancing their opportunities for employment, recreation, and transportation. Has a computer placement program, including training and mentoring. Has a family focused therapy/education program, in-home services and recreation programs.

*Audience:* Persons with disabilities of all ages.

*Languages available:* English, Spanish

*Year program started:* 1928

**Grand Canyon University  
Campus Health Services**

3300 West Camelback Road

Phoenix, AZ 85017

*Phone:* (602) 589-2869

*Fax:* (602) 589-2759

*Contact:* April Polley, RNC, MBA,  
Director

*Description:* General health promotion program that has a diabetes component that includes diabetes education, nutrition, hypertension screening, and foot care.

*Health professionals:* RNs

*Audience:* University students

*Languages available:* English

*Year program started:* 1988

*Materials developed:* Yes

**Inter Tribal Council of Arizona, Inc.  
ITCA Diabetes Nutrition**

2214 North Central Avenue, Suite 100

Phoenix, AZ 85004

*Phone:* (602) 307-1513

*Fax:* (602) 258-4825

*Contact:* Melva Zerkoune, MS, RD

*Description:* ITCA provides training and technical assistance to tribal and urban Native American diabetes programs.

*Audience:* Native Americans.  
*Languages available:* English

**Juvenile Diabetes Research Foundation**  
4343 East Camelback Road, Suite #450  
Phoenix, AZ 85018  
Phone: (602) 224-1801  
Fax: (602)808-9512

*Description:* This program raises funds for diabetics who need help and research to find a cure for diabetes.

*Audience:* Juvenile and Type 2 diabetics.  
*Year program started:* 1973

**Lions Vision Center**  
**Services for the Visually Challenged**  
1016 North 32nd Street, Suite 2  
Phoenix, AZ 85008  
Phone: (602) 267-7573

*Description:* Examination and glasses for the needy.

**Maricopa Integrated Health Systems**  
**Diabetes Self Management Education Program**  
2525 East Roosevelt  
Phoenix, AZ 85008  
Phone: (602) 344-5104  
Fax: (602) 344-1480  
Contact: Dixie Lane, RD, CDE

*Description:* General health promotion services include a program that has a diabetes component, diabetes education, diabetes screening, and nutrition. Services specific to diabetes complications include: eye screening, hypertension screening, foot care, prenatal care, smoking cessation, renal care, and cardiovascular disease. The American Diabetes Association recognizes the Diabetes Education Program, which has individual education and group classes.

*Health professionals:* CDE, RD, MD/DO, RN

*Audience:* People diagnosed with diabetes, families of people with diabetes and minorities.

*Languages available:* Spanish, English  
*Year program started:* 2001

**Maricopa Medical Center**  
**Endocrinology**

2601 East Roosevelt Street  
Phoenix, AZ 85008  
Phone: (602) 344-5011  
Fax: (602) 681-1192

*Description:* General health promotion program that has a diabetes component, nutrition education, continuing education training (for professionals), gestational/prenatal care, smoking cessation, renal care, and cardiovascular disease. Podiatrists and vascular surgeons are utilized on a consultative basis.

*Audience:* People with diagnosed diabetes, health professionals, minorities, and families of people with diabetes.

*Languages available:* English, Spanish  
*Year program started:* 1999

**Maricopa Medical Center**  
**Nutrition**

2601 East Roosevelt Street  
Phoenix, AZ 85008  
Phone: (602) 344-5217

*Description:* Diabetes education, weight management, nutrition, hypertension, renal care, and cardiovascular disease. In-patient and outpatient.

*Audience:* General population, people diagnosed with diabetes, health professionals, minorities, and families of people with diabetes.

*Languages available:* English, Spanish  
*Year program started:* 1993

**Maricopa Medical Center  
Obstetric Complications Clinic**

2601 East Roosevelt Street  
Phoenix, AZ 85008  
*Phone:* (602) 344-5011  
*Fax:* (602) 267-5894

*Description:* Comprehensive prenatal care for diabetics both established/gestational.

*Audience:* People with diagnosed diabetes, minorities, teenagers, pregnant women, and people with hypertension.

*Languages available:* Spanish

*Year program started:* 1999

**Medstar Research Institute  
National Institute of Health**

1616 East Indian School Road, #250  
Phoenix, AZ 85016  
*Phone:* (602) 277-0488

*Description:* Professional education articles regarding diabetes in Native American populations.

**Native Health**

3008 North 3rd Street  
Phoenix, AZ 85004  
*Phone:* (602) 279-5262  
*Fax:* (602) 254-2488

*Description:* Diabetes education, screening, weight management, nutrition, exercise, gestational, prenatal, complications, eye screening, hypertension, foot care, smoking cessation, renal care and cardiovascular disease. Native Health provides health services to a growing number of Native Americans living in the urban Phoenix area. Most Native Health funding comes from federal money.

*Health professionals:* PA/NP, RN, CDE

*Audience:* General population and Native Americans.

**Phoenix Area Indian Health Service  
Diabetes Program**

**2 Renaissance Square**

40 N. Central Ave.  
Phoenix, AZ 85004  
*Phone:* (602) 364-5179  
*Fax:* (602) 364-5025

*Contact:* Charles Rhodes, MD

*Description:* Diabetes education, diabetes screening, support group, nutrition, weight management, exercise, continuing education /training, eye screening, hypertension screening, renal care, cardiovascular disease, prenatal, and gestational.

*Health professionals:* CDE, RD, MD/DO, RA/NP, RN

*Audience:* General population, people with diagnosed diabetes, minorities, and families of people with diabetes.

*Languages available:* English, Native American languages

*Year program started:* 1976

*Materials developed:* Yes

**Phoenix Baptist Hospital**

2000 West Bethany Home Road  
Phoenix, AZ 85015  
*Phone:* (602) 246-5897  
1-888-751-9355 (to register)

*Description:* General health promotions program that has a diabetes component, diabetes education, diabetes screening, weight management, nutrition, exercise, support group, gestational/prenatal, hypertension screening, prenatal care, renal care, and cardiovascular disease. Free diabetes education classes in English and Spanish.  
*Health professionals:* RD, MD, MA, PhD, RN



*Audience:* General population, people with diagnosed diabetes, minorities, and families of people with diabetes.  
*Languages available:* English, Spanish, Asian  
*Year program started:* 1992  
*Materials developed:* Yes

**Phoenix Indian Medical Center  
Diabetes Education Path To Health  
(DEPTH)**

4212 North 16th Street  
Phoenix, AZ 85016  
*Phone:* (602) 263-1200 ext. 1396  
*Contact:* Suzanne Lipke, RN, MSN, CDE,  
DEPTH Program Director

*Description:* General health promotion services include diabetes education, diabetes screening, weight management, nutrition, exercise, support group, continuing education/training (for professionals), and gestational/prenatal. Services specific to diabetes complications include: eye screening, hypertension screening, foot care, prenatal care, smoking cessation, and cardiovascular disease. An IHS Integrated Diabetes Education recognized program for Native American/Alaskan Native adults living in the Phoenix area.

*Audience:* People diagnosed with diabetes, families of people with diabetes and minorities.

*Languages available:* English, Spanish, Native American

*Year program started:* 2002

**Phoenix Memorial Hospital**

1201 South 7th Avenue  
Phoenix, AZ 85007  
*Phone:* (602) 258-5111

*Description:* Support group, diabetes education, diabetes screening, weight management, nutrition, exercise, support group, smoking cessation, renal care, cardiovascular disease.

*Health professionals:* RD, MD, PA, NP, RN  
*Audience:* In-Patients only.  
*Languages available:* English, Spanish  
*Materials developed:* Yes

**Raising Special Kids**

2400 North Central Avenue, Suite 200  
Phoenix, AZ 85004  
*Phone:* (602) 242-4366  
*Fax:* (602) 242-4306  
*Contact:* Anne Dennis-Family Support  
Specialist

*Description:* We provide support and training for families of children with special health care needs. We also offer training and consultation on special education to parents and professionals.

*Audience:* Families of children with diabetes.

*Languages available:* Spanish, English

*Year program started:* 1979

*Materials developed:* Yes

**Recording for the Blind and Dyslexic  
Services for Visually Challenged**

3627 East Indian School Road, Suite #108  
Phoenix, AZ 85018  
*Phone:* (602) 468-9144  
*Fax:* (602) 553-0226

*Description:* Provide audio text books (kindergarten through graduate degrees) on cassettes and CDs for the visually impaired. Basically, a lending library of tapes with a one-time \$65 fee plus a yearly renewal of \$35. If they don't have a certain book on tape, a tape can be produced with two copies of the book.

*Audience:* General population.

**Seventh Avenue Family Health Center  
Maricopa Integrated Health System**

1407 South 9th Avenue

Phoenix, AZ 85007

*Phone:* (602) 344-6600

*Fax:* (602) 344-6601

*Contact:* Kathy Pinson, RN, Clinic  
Manager

*Description:* General health promotion services include: program that has a diabetes component, diabetes education, diabetes screening, and nutrition. Services specific to diabetes complications include eye screening, hypertension screening, foot care, prenatal care, smoking cessation, renal care, and cardiovascular disease. The American Diabetes Association recognizes the Diabetes Education Program that has individual education and group classes.

*Health professionals:* CDE, RD, MD/DO, RN

*Audience:* People diagnosed with diabetes, families of people with diabetes and minorities.

*Languages available:* Spanish, English

*Year program started:* 2001

**Social Security Administration**

1150 East Washington

Phoenix, AZ 85034

*Phone:* (800) 772-1213

*Description:* Helps people with disabilities make social security claims.

*Audience:* General population, all.

*Materials developed:* Yes

**Social Security Administration**

7227 North 16th Street, Suite 190

Phoenix, AZ 85020

*Phone:* (800) 772-1213

*Description:* Assists people to make social security claims for disability insurance,

retirement insurance, survivors insurance, Medicare - hospitalization and Medicare supplementary benefits. Call or walk in.

*Audience:* General population, all.

*Languages available:* English, Spanish

*Materials developed:* Yes

**South Central Family Health Center  
Maricopa Integrated Health Systems**

33 West Tamarisk

Phoenix, AZ 85041

*Phone:* (602) 344-6400

*Fax:* (602) 344-6401

*Description:* General health promotion services include program that has a diabetes component, diabetes education, diabetes screening, and nutrition. Services specific to diabetes complications include: eye screening, hypertension screening, foot care, prenatal care, smoking cessation, renal care, and cardiovascular. The American Diabetes Association recognizes the Diabetes Education Program that has individual education and group classes.

*Health professionals:* CDE, RD, MD/DO, RN

*Audience:* People diagnosed with diabetes, minorities and families of people with diabetes.

*Languages available:* English, Spanish

*Year program started:* 2001

**St. Joseph's Hospital**

350 West Thomas Road

Phoenix, AZ 85013

*Phone:* (602) 406-3237

*Contact:* Irene Hovey

*Description:* Outpatient nutrition education.

*Audience:* People with diagnosed diabetes and other medical conditions.

**St. Luke's Medical Center**

1800 East Van Buren  
Phoenix, AZ 85006  
*Phone:* (602) 251-8585  
*Fax:* (602) 251-8553

*Description:* Diabetes education, nutrition.

*Health professionals:* CDE, RD, RN

*Audience:* People with diagnosed diabetes. *Languages available:* English

*Year program started:* 1994

*Materials developed:* Yes

**St. Vincent De Paul Society**

P.O. Box 13600  
Phoenix, AZ 85002  
*Phone:* (602) 261-6868  
*Fax:* (602) 261-6816

*Description:* General health promotions, diabetes education, diabetes screening, weight management, hypertension, screening, and foot care. Provide glucometers, occasionally test strips, may provide medication supplies at low cost. One-on-one diabetes instructions.

*Audience:* Low-income and must be phone screened.

*Languages available:* English, Spanish

*Year program started:* 1994

*Materials developed:* Yes

**Sunnyslope Family Health Center  
Maricopa Integrated Health Systems**

934 West Hatcher  
Phoenix, AZ 85021  
*Phone:* (602) 344-6300  
*Fax:* (602) 344-6301  
*Contact:* Lisa Bryant, RN, Clinical Manager

*Description:* General health promotion services include program that has a diabetes component, diabetes education, diabetes screening, and nutrition. Services specific to diabetes complications include eye

screening, hypertension screening, foot care, prenatal care, smoking cessation, renal care, and cardiovascular. The American Diabetes Association recognizes the Diabetes Education Program that has individual education and group classes.

*Health professionals:* CDE, RD, MD/DO, RN

*Audience:* People diagnosed with diabetes, families of people with diabetes and minorities.

*Languages available:* English and Spanish

*Year program started:* 2001

**U.S. Equal Employment Opportunity  
Commission**

3300 North Central, Suite #690  
Phoenix, AZ 85012  
*Phone:* (602) 640-5000  
*Fax:* (602) 640-2489

*Description:* Deals with charges of discrimination.

*Audience:* General population.

*Languages available:* English, Spanish

**VA Hospital  
Diabetes Educator**

650 East Indian School  
Phoenix, AZ 85012  
*Phone:* (602) 277-5551  
*Fax:* (602) 222-6435  
*Contact:* Elaine Manahan, CDE;  
Mary B. Collo, RN, MS, CANP, CDE

*Description:* Diabetes education, weight management, diabetes screening, eye screening, hypertension screening, foot care, smoking cessation, renal care, cardiovascular disease (conducted mostly at health fairs). Videos and other resources available.

*Health professionals:* CDE, RD, MDs, PA/NP, RN

*Audience:* Veterans with diabetes. Must be referred by primary care physician.

*Languages available:* English, Spanish



*Year program started:* 1978

*Materials developed:* Yes

### **Vocational Rehabilitation**

1430 East Indian School Road, Suite 100  
Phoenix, AZ 85014

*Phone:* (602) 277-8724

*Fax:* (602) 277-5562

*Description:* Provides vocational assistance for job training.

*Audience:* People with disabilities.

## **Scottsdale**

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### **Arizona Department of Economic Security Vocational Rehabilitation**

10900 North Scottsdale Road, Suite 401  
Scottsdale, AZ 85254

*Phone:* (480) 948-3819

*Fax:* (480) 596-5349

*Description:* Provides vocational assistance for job training.

*Audience:* People with disabilities.

### **Maricopa County Health Department WIC Program**

8119 East Roosevelt Street  
Scottsdale, AZ 85257

*Phone:* (480) 949-7448

*Description:* A general health promotion program that has a diabetes component including nutrition education, as well as community, medical and social referral programs provided by a registered dietitian.

*Audience:* Women (pregnant, breastfeeding, postpartum), infants and children up to five years of age.

*Languages available:* English, Spanish

*Year program started:* 1972

### **Mayo Clinic Scottsdale Diabetes Center**

13400 East Shea Boulevard  
Scottsdale, AZ 85259

*Phone:* (480) 301-7092

*Fax:* (480) 301-8918

*Description:* Diabetes education, weight management, nutrition, continuing education gestational, prenatal, eye screening, hypertension, foot care, prenatal care, smoking cessation, renal care, cardiovascular disease, one-on-one assessment and teaching classes.

*Health professionals:* CDE, RD, MD/DO (Endocrinology), RNs

*Audience:* People diagnosed with diabetes and families of people with diabetes.

*Languages available:* English, Spanish, Native American with interpreter

*Year program started:* 1987

*Materials developed:* Yes

### **Scottsdale Healthcare Diabetes Center**

5111 North Scottsdale Road, Suite #159  
Scottsdale, AZ 85250

*Phone:* (480) 882-4240

*Fax:* (480) 882-4339

*Contact:* Kristine Roberts; Lois Benson, RD, CDE

*Description:* Diabetes education, diabetes screening, weight management, nutrition, exercise, support group, gestational/prenatal, eye screening, foot care.

*Health professionals:* CDE, RD, RNs

*Audience:* General population, people diagnosed with diabetes, minorities, and families of people with diabetes.

*Languages available:* English

*Year program started:* 1991

*Materials developed:* Yes

**Scottsdale Healthcare Shea**

9003 East Shea Boulevard

Scottsdale, AZ 85260

Phone: (480) 860-3992

Fax: (480) 860-3208

Contact: Marsha R. Steiber; Judy Pitney,  
RN, CDE; Eileen Bales, RD, CDE

*Description:* A general health promotions program that has a diabetes component providing diabetes education, screening, weight management, nutrition, exercise, support group, continuing education and gestational and prenatal counseling.

*Health professionals:* CDE, RD, RN

*Audience:* General population, people diagnosed with diabetes, minorities, and families of people with diabetes.

*Languages available:* English

**Social Security Administration**

3200 North Hayden Road, Suite B120

Scottsdale, AZ 85251

Phone: (800) 772-1213

*Description:* Assist people to make social security claims for disability insurance, retirement insurance, survivors insurance, Medicare - hospitalization and Medicare supplementary benefits. Call the 800 number or walk in.

*Audience:* General population.

*Languages available:* English, Spanish

*Materials developed:* Yes

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**Sun City****Sun Health Community Education**

13632 North 99th Avenue

Sun City, AZ 85351

Phone: (623) 876-4999

Fax: (623) 876-4960

Contact: Kathy Richmond

*Description:* Diabetes education, general health education, weight management, nutrition, exercise, cardiovascular education, diabetes, weight management, and support group.

*Audience:* General population.

*Languages available:* English

*Year program started:* 1986

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**Surprise****Tidwell Family Care Center  
Clinical Adelante, Inc.**

16560 North Dysart Road

Surprise, AZ 85374

Phone: (623) 546-2294

Fax: (623) 546-2310

Contact: Ammie Halvarson, RN

*Description:* General health promotion services include program that has a diabetes component, diabetes education, diabetes screening, and nutrition. Services specific to diabetes complications include eye screening, hypertension screening, foot care and cardiovascular disease.

*Health professionals:* MD/DO, PA/NP, RN

*Audience:* General population, people diagnosed with diabetes, and families of people with diabetes.

*Languages available:* English, Spanish

*Year program started:* 2003

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**Tempe****American Heart Association**

2929 South 48th Street

Tempe, AZ 85282

Phone: (602) 414-5353

Fax: (602) 414-5355

*Description:* Weight management, nutrition, exercise, and cardiovascular disease. General education relates to heart disease and complications as well as prevention.

*Audience:* General population.

*Languages available:* English, Spanish

*Materials developed:* Yes

**Arizona Department of Economic Security  
Temporary Assistance to Needy Families  
(TANF)**

5038 South Price  
Tempe, AZ 85282  
*Phone:* (480) 831-1408  
*Fax:* (480) 831-2957

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish

**Arizona State University  
Student Health**

P.O. Box 872104  
Tempe, AZ 85287  
*Phone:* (480) 965-3346  
*Fax:* (480) 965-8914  
*Contact:* Laurie Lynn, RN

*Description:* Diabetes education, diabetes screening, weight management, nutrition, exercise, eye screening, hypertension screening, foot care, and smoking cessation.

*Health professionals:* RD, MD/DO, RN

*Audience:* ASU students.

*Languages available:* English, Spanish, German, Chinese

**Maricopa County Department of Public  
Health Clinical Services-  
Nutrition Counseling**

1414 West Broadway, Suite #237  
Tempe, AZ 85282  
*Phone:* (480) 966-3090  
*Fax:* (480) 966-3233

*Description:* Weight management, gestational/prenatal education. Provide nutrition assessment and counseling to patients referred by provider in the county's primary care clinics.

*Health professionals:* RD

*Audience:* People diagnosed with diabetes.

*Languages available:* English, Spanish

*Year program started:* 1991

*Materials developed:* Yes

**Maricopa County Health Department  
WIC Program**

1414 West Broadway, Suite 237  
Tempe, AZ 85282  
*Phone:* (480) 966-3090  
*Fax:* (480) 966-3233

*Description:* A general health promotion program that has a diabetes component including nutrition education, as well as community, medical and social referral programs provided by a registered dietitian.

*Audience:* Women (pregnant, breastfeeding, postpartum), infants and children up to five years of age.

*Languages available:* English, Spanish

*Year program started:* 1972

**Sun Sounds for the Blind  
Rio Salado/Maricopa County College  
District**

2323 West 14th Street, 4th Floor  
Tempe, AZ 85281  
*Phone:* (480) 774-8300  
*Fax:* (480) 774-8310  
*Contact:* Bill Pasco, Director

*Description:* Radio program for the blind. This organization is a radio station that provides special radio broadcasts to clinics. They are on a special airwave. They read material to the blind, such as newspapers, books, etc. This is a free service.

Broadcasting now offered through real audio on the web: [www.rio.maricopa.edu/sunsounds](http://www.rio.maricopa.edu/sunsounds)

*Audience:* Blind individuals and general population.

*Languages available:* English, Spanish

*Year program started:* 1979

## Wickenburg

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### **Wickenburg Family Care**

#### **Clinical Adelante**

466 West Wickenburg  
Wickenburg, AZ 85390-2226  
*Phone:* (928) 684-9555  
*Contact:* Patrick DeRubeis

*Description:* General health promotion services include program that has a diabetes component, diabetes education, diabetes screening, and nutrition. Services specific to diabetes complications include eye screening, hypertension screening, foot care and cardiovascular disease.

*Health professionals:* MD/DO, PA/NP, RN

*Audience:* General population, people with diagnosed diabetes, and families of people with diabetes.

*Languages available:* English, Spanish

*Year program started:* 2004

### **Wickenburg Regional Health Center**

520 Rose Lane  
Wickenburg, AZ 85390  
*Phone:* (928) 684-5421  
*Fax:* (928) 684-5081  
*Contact:* Linda Kubler, RN, BSN

*Description:* Diabetes education, diabetes screening, weight management, nutrition, exercise, eye screening, weight management, nutrition, exercise, eye screening, hypertension screening, foot care, and smoking cessation.

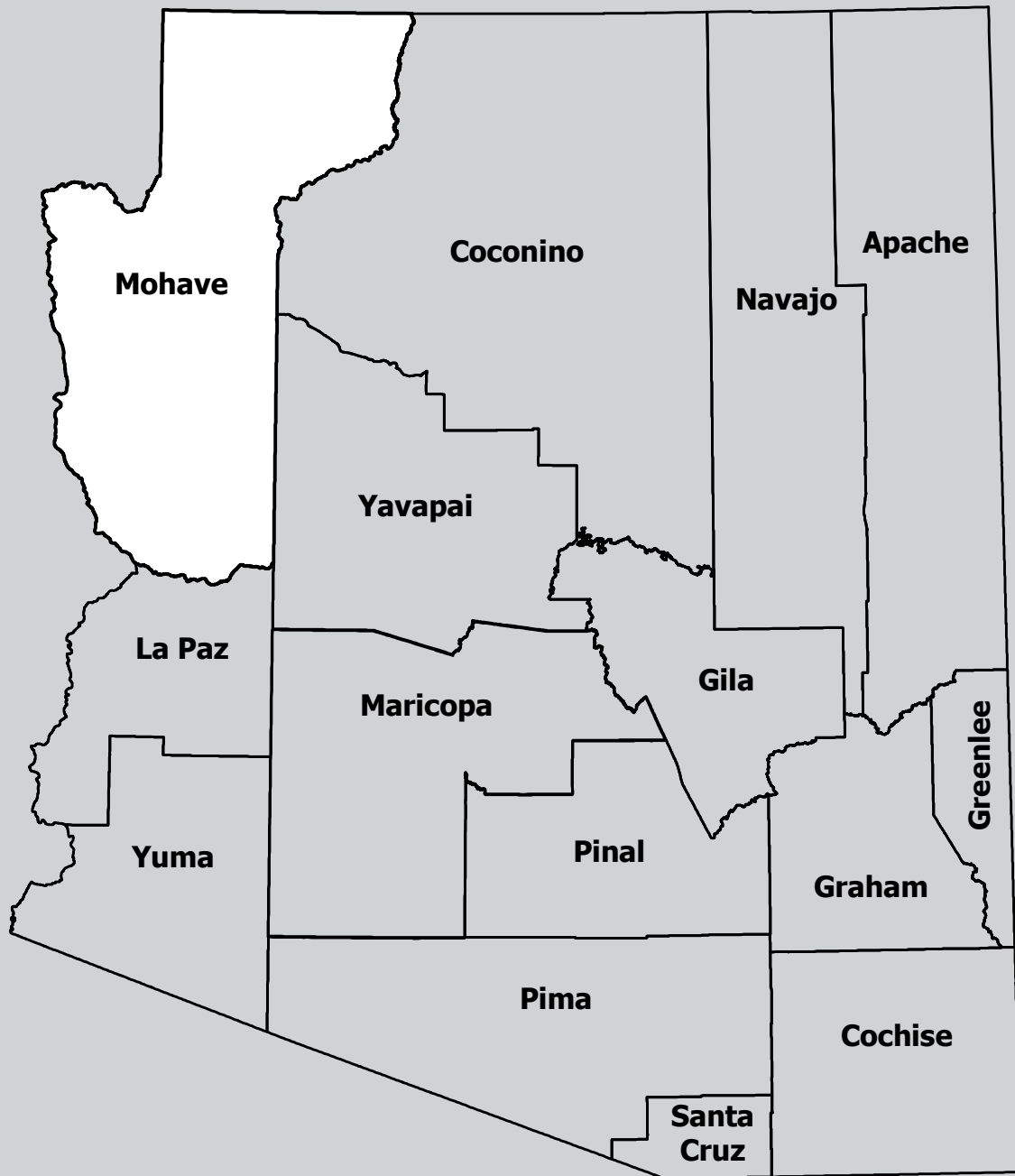
*Health professionals:* CDE, RD, MD/DO, RN

*Audience:* General population.

*Languages available:* English, Spanish



# MOHAVE COUNTY





## **Bullhead**

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### **Arizona Department of Economic Security Temporary Assistance to Needy Families (TANF)**

2601 Highway 95  
Bullhead City, AZ 86442  
*Phone:* (928) 704-7776  
*Fax:* (928) 704-7075

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish

### **Arizona Department of Economic Security Temporary Assistance to Needy Families (TANF)**

301 Pine Street  
Kingman, AZ 86401  
*Phone:* (928) 753-4441  
*Fax:* (928) 753-9205

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish

### **Arizona Department of Economic Security Vocational Rehabilitation**

2601 Highway 95  
Bullhead City, AZ 86442  
*Phone:* (928) 763-8422  
*Fax:* (928) 763-5841

*Description:* Provides vocational assistance for job training.

*Audience:* People with disabilities.

### **Western Arizona Regional Medical Center**

2735 Silver Creek Road  
Bullhead City, AZ 86442  
*Phone:* (928) 763-2273  
*Fax:* (928) 763-0283

*Description:* Diabetes education, diabetes screening, weight management, nutrition, exercise, gestational/prenatal and hypertension screening.

*Health professionals:* RD, MD/DO, RN

*Audience:* General population.

*Languages available:* English

*Year program started:* 1984

*Materials developed:* Yes

## **Kingman**

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### **Arizona Department of Economic Security Vocational Rehabilitation**

519 East Beale Street, Suite 130  
Kingman, AZ 86401  
*Phone:* (928) 753-5105  
*Fax:* (928) 753-5110

*Description:* Provides vocational assistance for job training.

*Audience:* People with disabilities.

### **Kingman Regional Medical Center Diabetic Support Group**

1719 Beverly Ave  
Kingman, AZ 86401  
*Phone:* (928) 692-4608  
*Fax:* (928) 692-4610  
*Contact:* Aaron Stafford, MS, RD



*Description:* Support group, diabetes education, weight management, nutrition, exercise. Meetings are held at Del E. Webb Wellness and Rehabilitation Center on the last Tuesday of the month at 7 p.m. (Call to place name on support group list.)

*Health professionals:* RD, RNs

*Audience:* People with diagnosed diabetes, families of diabetics.

*Language available:* English

*Year program started:* 1993

### **Kingman Regional Medical Center Outpatient Diabetes and Nutrition**

3269 Stockton Hill Road

Kingman, AZ 86409

*Phone:* (928) 692-4607

*Fax:* (928) 692-4610

*Contact:* Amanda Mc Kinlay, Coordinator

*Description:* Diabetes education, diabetes screening, weight management, nutrition, exercise, support group, gestational/prenatal, hypertension screening, and foot care.

*Health professionals:* RD, MD/DO, RN

*Audience:* General population, people with diagnosed diabetes and families of people with diabetes.

*Languages available:* English, Spanish

*Year program started:* 1993

*Materials developed:* Yes

### **Mohave County Department of Public Health**

318 North 5th Street

P.O. Box 7000

Kingman, AZ 86402-7000

*Phone:* (928) 753-0748

*Fax:* (928) 718-5547

*Contact:* Patty Mead, Health Director

*Description:* Provide referral information only.

### **Mohave County Department of Public Health WIC Program**

318 North Fifth Street

Kingman, AZ 86401

*Phone:* (928) 753-0794

*Fax:* (928) 718-5551

*Contact:* Carol Matthews

*Description:* Diabetes education, weight management, nutrition, exercise, and gestational/prenatal.

*Audience:* Women (pregnant, breastfeeding, postpartum), infants and children up to five years of age.

*Languages available:* English, Spanish

*Year program started:* 1972

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## **Lake Havasu**

### **Arizona Department of Economic Security Temporary Assistance to Needy Families (TANF)**

232 London Bridge Road

Lake Havasu, AZ 86403

*Phone:* (928) 680-6003

*Fax:* (928) 680-9559

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish

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## **Peach Springs**

### **Peach Springs Indian Health Center**

P.O. Box 190

Peach Springs, AZ 86434

*Phone:* (928) 769-2204

*Fax:* (928) 769-2933

*Contact:* Sylvia Armstrong, RN



*Description:* Diabetes screening, weight management, nutrition, exercise, gestational/prenatal, eye screening, hypertension screening, and smoking cessation.

*Health professionals:* CDE, RD, MD/DO, RN, Health Educator

*Audience:* General population, Native Americans.

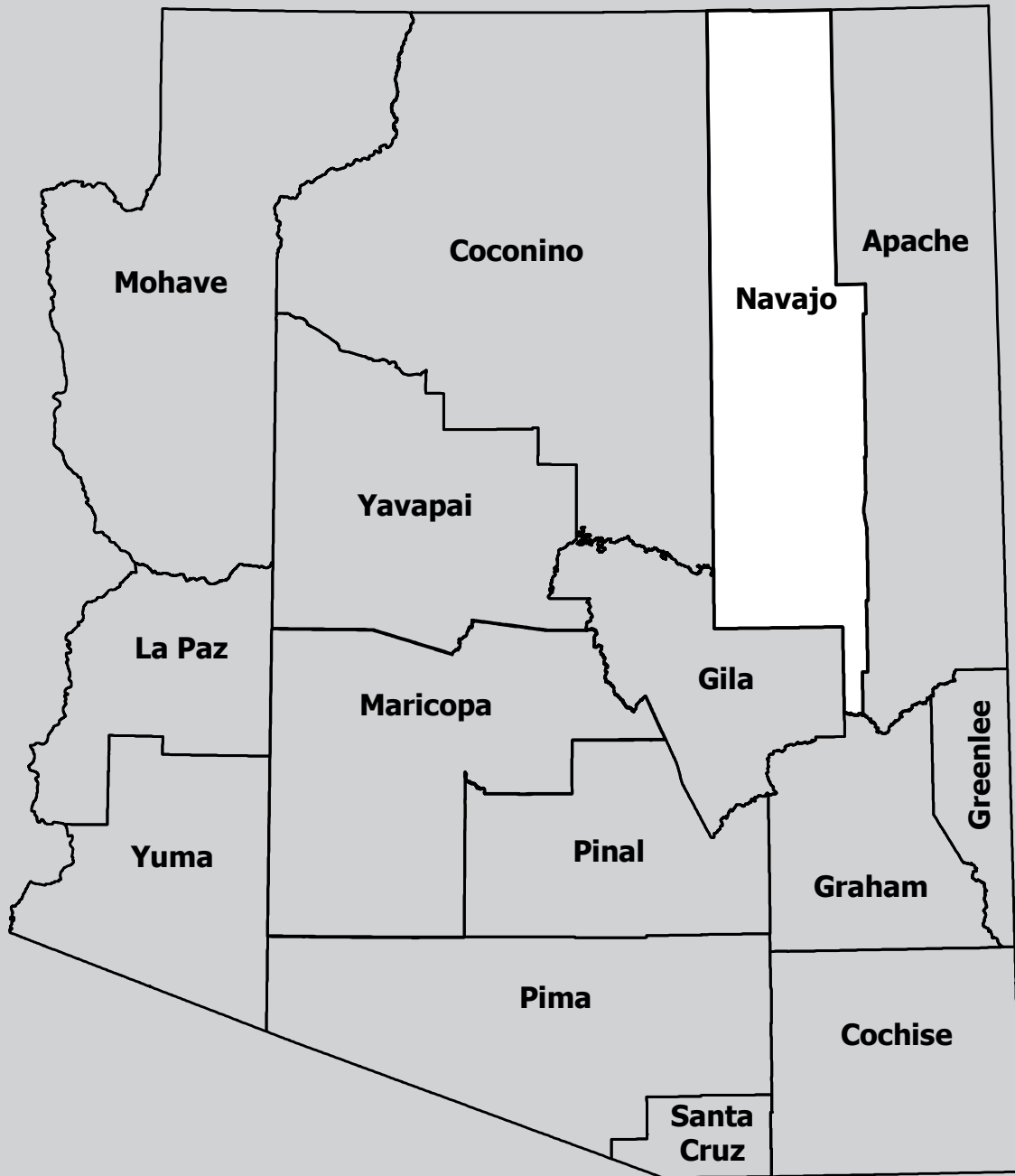
*Languages available:* English, Hualapai

*Year program started:* 1983





# NAVAJO COUNTY





## **Cibecue**

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### **Cibecue IHS Center Indian Service**

P.O. Box 80039  
Cibecue, AZ 85911  
*Phone:* (928) 332-2560  
*Fax:* (928) 332-2418

*Description:* Diabetes education, diabetes screening, weight management, nutrition, exercise, gestational/prenatal, eye screening, hypertension screening, foot care, renal care, cardiovascular disease.

*Health professionals:* CDE, MD/DO, PA/NP, RN

*Audience:* General population.

*Languages available:* English, Apache

*Year program started:* 1980

## **Holbrook**

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### **Arizona Department of Economic Security Temporary Assistance to Needy Families (TANF)**

153 West Vista  
Holbrook, AZ 86025  
*Phone:* (928) 524-6294  
*Fax:* (928) 524-1791

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish

### **Navajo County Public Health Services District**

117 East Buffalo Street  
Holbrook, AZ 86025  
*Phone:* (928) 524-4750  
*Fax:* (928) 524-4754  
*Contact:* Mary Flynn Tyler, Nutrition Director

*Description:* Diabetes education, diabetes screening, weight management, nutrition, exercise, and hypertension screening.

*Audience:* General population, women (pregnant, breastfeeding, postpartum), infants, and children up to five years of age.

*Languages available:* English, Spanish, Native American

## **Kayenta**

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### **Kykotsmovi Hopi Tribal Office of Health Services The Hopi Tribe**

P.O. Box 123  
Kykotsmovi, AZ 86039  
*Phone:* (928) 737-6000  
*Contact:* Joyce Hamilton

*Description:* General health promotion programs that have a diabetes component; education, screening, nutrition, exercise. Services provided by the health services in all areas with main emphasis on diabetes management, hypertension, and teen pregnancy.

*Audience:* General population, people diagnosed with diabetes, families of people with diabetes, and other (e.g. teenagers, pregnant women, people with hypertension).

*Languages available:* English, Hopi, Tewa

### **Navajo Nation Health Education Program Kayenta Health Center**

P.O. Box 368  
Kayenta, AZ 86033  
*Phone:* (928) 697-4000  
*Fax:* (928) 697-4145  
*Contact:* Todd Jones, Health Educator II

*Description:* Provides diabetes education, glucose analogy, screening, nutrition,

exercise, and classes for health educators. Screens communities to detect diabetes and hypertension. Provides presentation to schools, communities, and worksites on awareness of diabetes and hypertension, nutrition, exercise. Also provided is patient education on maintenance of glucose, food choice, exercise and screening. Health education staff provides the diabetes and hypertension education.

*Health professionals:* Health Educators

*Audience:* General population, people diagnosed with diabetes, and families of people with diabetes.

*Languages available:* English, Navajo

*Year program started:* 1990

*Materials developed:* Yes

## **Pinon**

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### **Arizona Department of Economic Security Temporary Assistance to Needy Families (TANF)**

P.O. Box 679

Pinon, AZ 86510

*Phone:* (928) 725-3488

*Fax:* (928) 725-3588

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish

## **Polacca**

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### **Hopi Health Care Diabetes Program IHS/Hopi Tribal Diabetes Program**

P.O. Box 4000

Polacca, AZ 86042

*Phone:* (928) 737-6000

*Fax:* (928) 737-6099

*Contact:* Velita Sidney

*Description:* General health promotion, diabetes education, diabetes screening, weight management, nutrition, exercise, gestational/prenatal; eye screening, hypertension screening, foot care, smoking cessation, renal care, cardiovascular disease, optometry, behavioral health department, physical therapy and wound care. Diabetes Clinic meets once monthly for group education and cooking demos. There are approximately 1,200 diabetics and ongoing care and exercise clinic for diabetes management, continuously every three months or more often if needed.

*Health professionals:* RD, MD/DO, RN

*Audience:* General population, people diagnosed with diabetes, minorities, and families of people with diabetes.

*Languages available:* Navajo, Hopi

*Materials developed:* Diabetes education materials - contact the Hopi Tribe for copies.

## **Shonto**

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### **Inscription House Health Clinic Diabetes Program**

P.O. Box 7397

Shonto, AZ 86054

*Phone:* (928) 672-3000

*Fax:* (928) 612-3005

*Contact:* Samantha Interpreter, RD

*Description:* Diabetes education, diabetes screening, weight management, support group, and hypertension screening.

*Health professionals:* RD, MD/DO, RN

*Audience:* General population, people diagnosed with diabetes.

*Languages available:* English, Navajo

*Year program started:* 1994

*Materials developed:* Yes

## **Show Low**

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### **Arizona Department of Economic Security Temporary Assistance to Needy Families (TANF)**

2500 East Cooley  
Show Low, AZ 85901  
*Phone:* (928) 537-4261  
*Fax:* (928) 532-4369

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish

### **Arizona Department of Economic Security Vocational Rehabilitation**

40 South 11th Street  
Show Low, AZ 85901  
*Phone:* (928) 537-2953  
*Fax:* (928) 537-8216

*Description:* Provides vocational assistance for job training.

*Audience:* People with disabilities.

### **Navapache Regional Medical Center**

2200 Show Low Lake Road  
Show Low, AZ 85901  
*Phone:* (928) 537-4375  
*Fax:* (928) 537-0367  
*Contact:* Marlys Hunt, Director of Preventive Medicine

*Description:* Diabetes education, diabetes screening, weight management, nutrition, exercise, support group, and hypertension screening.

*Health professionals:* MD/DO, RN

*Audience:* General population, people with diagnosed diabetes, and families of people with diabetes.

*Languages available:* English, Spanish

*Year program started:* 1994

*Materials developed:* Yes

### **Navapache Regional Medical Center Diabetes Support Group**

2200 Show Low Lake Road  
Show Low, AZ 85901  
*Phone:* (928) 537-6368  
*Fax:* (928) 537-6969

*Contact:* Fredda Kearmes, Staff Development

*Description:* Diabetes education, weight management, nutrition, exercise. Support group meets the first Wednesday of each month at 10:00 a.m.

*Audience:* People diagnosed with diabetes, families of people with diabetes.

*Language available:* English

*Year program started:* 1994

*Materials developed:* Yes

### **Navapache Regional Medical Center Home Health**

2200 Show Low Lake Road  
Show Low, AZ 85901  
*Phone:* (928) 537-6551  
*Contact:* Pat Maronde, Director

*Description:* Diabetes education, foot care and cardiovascular disease.

*Health professionals:* RN

*Audience:* People diagnosed with diabetes.

*Language available:* English

### **Social Security Administration**

581 East Old Linden Road  
Show Low, AZ 85901  
*Phone:* (800) 772-1213

*Description:* Assists people to make social security claims for disability insurance, retirement insurance, survivors insurance,

Medicare - hospitalization and Medicare supplementary benefits. Call the 800 number or walk in.

*Audience:* General population, all.

*Languages available:* English, Spanish

*Materials developed:* Yes

## Whiteriver

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### **Apache Diabetes Wellness Center White Mountain Apache Tribe**

P.O. Box 1210

Whiteriver, AZ 85941

*Phone:* (928) 338-5278

*Fax:* (928) 338-4974

*Contact:* Alethea Velasquez, Diabetes Coordinator

*Description:* Diabetes education, diabetes screening, weight management, nutrition, exercise, and hypertension screening.

*Health professionals:* RD, RN, Physiologist

*Audience:* General population and people diagnosed with diabetes.

*Languages available:* English, Apache

*Year program started:* 1995

*Materials developed:* Yes

### **Arizona Department of Economic Security Temporary Assistance to Needy Families (TANF)**

P.O. Box 1180

Whiteriver, AZ 85941

*Phone:* (928) 338-4134

*Fax:* (928) 338-1925

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish

### **Whiteriver Indian Health Service Hospital**

200 W. Hospital Dr.

P.O. Box 860

Whiteriver, AZ 85941

*Phone:* (928) 338-4911 ext. 3665

*Fax:* (928) 338-3522

*Contact:* Diabetes Management Department

*Description:* Diabetes education, diabetes screening, weight management, nutrition, exercise and hypertension screening.

*Health professionals:* MD, CDE, RD, RN, Community Health Representative

*Audience:* People diagnosed with diabetes and their families.

*Languages available:* English, Apache

*Year program started:* 1994

## Winslow

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### **Arizona Department of Economic Security Temporary Assistance to Needy Families (TANF)**

319 East 3rd Street

Winslow, AZ 86047

*Phone:* (928) 289-2425

*Fax:* (928) 289-3614

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish

### **Arizona Department of Economic Security Temporary Assistance to Needy Families (TANF)**

Dilkon Chapter Compound HC-63 Box J  
Winslow, AZ 86047

*Phone:* (928) 657-3278

*Fax:* (928) 657-3290



*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish

### **Winslow Indian Health Care Center Inc.**

#### **Diabetes Program**

500 North Indiana Avenue

Winslow, AZ 86047

*Phone:* (928) 289-4646

*Fax:* (928) 289-5264

*Contact:* Joe Piepmeyer, Program Manager

*Description:* Diabetes education, diabetes screening, weight management, nutrition, exercise, and hypertension screening.

*Health professionals:* CDE, RD, MD/DO, RN

*Languages available:* English, Native American, Navajo

*Year program started:* 1992

*Materials developed:* Yes

### **Winslow Memorial Hospital, Inc.**

#### **Diabetes Education**

1501 Williamson Avenue

Winslow, AZ 86047

*Phone:* (928) 289-4691

*Fax:* (928) 289-9180

*Contact:* Donna Stubblefield, Nutritionist

*Description:* Diabetes education, diabetes screening, weight management, nutrition, exercise, gestational/prenatal and hypertension screening.

*Health professionals:* RD, MD, RN

*Audience:* General population.

*Languages available:* English, Spanish





# PIMA COUNTY





## **Ajo**

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### **Arizona Department of Economic Security Temporary Assistance to Needy Families (TANF)**

38 Plaza Street  
Ajo, AZ 85321  
*Phone:* (520) 387-7292  
*Fax:* (520) 387- 6172

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish

### **Desert Senita Community Health Center Diabetes Outreach**

410 Malacate Street  
Ajo, AZ 85321  
*Phone:* (520) 387-5086  
*Fax:* (520) 387-5347  
*Contact:* Sylvia Sanora, Outreach Coordinator

*Description:* General health promotion services provided include diabetes education, nutrition, exercise and support group. Services specific to diabetes complications include foot care, smoking cessation, and cardiovascular disease. The program provides five classes (two hours each) that include the topics (1) What is diabetes? (2) Nutrition (3) Physical Activity (4) Complications (5) Foot Care. The program has three-month follow up and six-month follow up visits.

*Health professionals:* RN

*Audience:* General population.

*Languages available:* English, Spanish

*Year program started:* 2002

### **Pima County Health Department Public Health Nursing**

120 West Estrella  
Ajo, AZ 85321  
*Phone:* (520) 387-7206  
*Fax:* (520) 387-7393

*Description:* Diabetes education and diabetes screening.

*Audience:* General population and minorities.

*Health professionals:* RN

*Languages available:* English, Spanish

*Year program started:* 1984

## **Arivaca**

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### **United Community Health Center**

3rd Street & 7th Street  
P.O. Box 233  
Arivaca, AZ 85601  
*Phone:* (520) 798-2621  
*Fax:* (520) 398-2613

*Description:* Diabetes screening, eye screening, hypertension screening, foot care, and gestational/prenatal.

*Health professionals:* MD/DO

*Audience:* General population, people with diagnosed diabetes, minorities, families of people with diabetes, pregnant women and people with hypertension, etc.

*Languages available:* English, Spanish

*Year program started:* 1983

*Materials developed:* Yes

## **Green Valley**

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### **Continental Clinic (UCHC)**

### **Continental Family Medical Center**

P.O. Box 1354  
Green Valley, AZ 85622  
*Phone:* (520) 625-3691  
*Fax:* (520) 625-2894

*Description:* Diabetes education, screening, weight management, nutrition, exercise and hypertension screening.

*Health professionals:* MD/DO, PA/NP, RN, LPN, FMP

*Audience:* General population and pregnant women.

*Languages Available:* English/Spanish

*Year program started:* 1983

*Materials developed:* Yes

### **Friends in Deed**

#### **Diabetes Support Group**

301 West Camino Casa Verde

Green Valley, AZ 85614

*Phone:* (520) 625-1150

*Description:* Diabetes Support Group meets every third Thursday of the month at Friends in Deed.

*Audience:* People diagnosed with diabetes, families of diabetics, interested persons.

*Languages available:* English

### **Pima County Health Department**

#### **Public Health Nursing**

601 North La Canada

Green Valley, AZ 85614

*Phone:* (520) 648-1626

*Fax:* (520) 648-6385

*Contact:* Joy Maier, RN

*Description:* Provides diabetes education, diabetes screening, weight management, nutrition, hypertension screening, and gestational/prenatal.

*Health Professionals:* RN

*Audience:* General population.

*Languages available:* English, Spanish

*Year program started:* 1996

### **United Community Health Center**

81 West Esperanza

Green Valley, AZ 85614

*Phone:* (520) 625-4401

*Fax:* (520) 625-8504

*Description:* Diabetes education, diabetes screening, weight management, nutrition, exercise, gestational/prenatal, eye screening, hypertension screening, and foot care.

*Health professionals:* MD/DO, RN, FMP, PAC, Radiologist, Internist

*Audience:* General population, all ages.

*Languages available:* English/Spanish

*Year program started:* 1983

## **Marana**

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### **Marana Health Center**

#### **Nutritional Counseling**

13644 North Sandario

Marana, AZ 85653

*Phone:* (520) 682-4111

*Fax:* (520) 682-3817

*Contact:* Christine Winters, MS, RD

*Description:* Individual nutrition counseling, WIC provided on-site for gestational diabetes, diabetes education, diabetes screening, weight management, eye screening, hypertension screening, foot care, smoking cessation.

*Health professionals:* CDE, RD, MD/DO

*Audience:* General population.

*Languages available:* English, Spanish

### **Marana Health Center**

#### **Marana Health Disparities Collaborative-Diabetes**

13644 North Sandario Road

Marana, AZ 85653

*Phone:* (520) 616-6209

*Fax:* (520) 616-0361

*Contact:* Director of Nutrition Services

*Description:* The program uses the Care Model and the Model for Improvement to meet the goals in our population of diabetic patients. General health promotion services include a program that has a diabetes component, diabetes education, diabetes screening, weight management, nutrition, continuing education/training for

professionals, gestational/prenatal and patient registry. Services specific to diabetes complications include eye screening, hypertension screening, foot care, prenatal care, smoking cessation, and cardiovascular disease.

*Health professionals:* RD, MD/DO, RN, Behavioral Health Specialist

*Audience:* General population, all ages.

*Languages available:* English, Spanish

*Year program started:* 2003

## **San Xavier**

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### **San Xavier PHS Indian Health Center**

7900 South J Stock Road

San Xavier, AZ 85746

*Phone:* (520) 295-2550

*Fax:* (520) 295-2609

*Contact:* Andy Ratzlaff

*Description:* Diabetes education, diabetes screening, weight management, nutrition, eye screening, hypertension screening, and foot care.

*Health professionals:* CDE, MD/DO, RN, Nutritionist

*Audience:* Native Americans. Must provide proof of affiliation and be federally recognized.

*Languages available:* English, Spanish, Native American (Tohono O'odham)

*Year program started:* 1983

## **Sells**

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### **Sells Indian Hospital**

#### **Indian Health Services**

P.O. Box 548

Sells, AZ 85634

*Phone:* (520) 383-7251

*Fax:* (520) 383-7216

*Contact:* Rea Matlock, RD, CDE

*Description:* Diabetes education, diabetes screening, weight management, nutrition, exercise, gestational/prenatal, eye screening, hypertension screening, foot care, prenatal care, renal care, cardiovascular disease.

*Health professionals:* RD, MDs, PAs, NPs, RNs

*Audience:* Native Americans with diagnosed diabetes, minorities, and families of people with diabetes.

*Languages available:* English, Spanish, Tohono O'odham

*Year program started:* 1980

*Materials developed:* Yes

### **Tohono O'odham, Health Department Community Health**

P.O. Box 810

Sells, AZ 85222

*Phone:* (520) 383-6200

*Fax:* (520) 383-8806

*Contact:* Cynthia Norris

*Description:* Diabetes education, diabetes screening, nutrition, gestational/prenatal, and hypertension screening.

*Health professionals:* Diabetes Counselor, Field Nurse

*Audience:* General population and Tohono O'odham members.

*Languages available:* English, Tohono O'odham

## **Tucson**

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### **American Diabetes Association of Tucson**

6339 East Speedway, Suite 103

Tucson, AZ 85710

*Phone:* (520) 795-3711 or (888) 342-2383

*Fax:* (520) 795-1179

*Contact:* Elizabeth Stafford,  
Administrative Assistant

*Description:* Diabetes education, support group, diabetes awareness and fundraising.  
*Audience:* General population, people with diagnosed diabetes, minorities, and families of people with diabetes.  
*Languages available:* English, Spanish  
*Materials developed:* Yes

**Arizona Department of Economic Security  
Temporary Assistance to Needy Families  
(TANF)**

5441 East 22nd Street, Suite 115  
Tucson, AZ 85711  
*Phone:* (520) 745-5802  
*Fax:* (520) 745-8298

*Description:* Provide temporary disability assistance, food stamps and cash assistance.  
*Audience:* General population, people diagnosed with diabetes, low-income individuals and families, and disabled individuals.  
*Languages available:* English, Spanish

**Arizona Department of Economic Security  
Vocational Rehabilitation**

400 West Congress, Suite 420  
Tucson, AZ 85701  
*Phone:* (520) 628-6810  
*Fax:* (520) 628-6858  
*Contact:* Regional Program Manager

*Description:* Helps individuals with disabilities (i.e., diabetes-related) become or remain economically independent through work.  
*Audience:* Individuals who are disabled.  
*Language available:* English

**Carondelet St. Joseph's Hospital  
Diabetes Care Center**

350 North Wilmot Road  
Tucson, AZ 85711  
*Phone:* (520) 721-3968  
*Fax:* (520) 721-3749  
*Contact:* Jyllette D. Frey, RN, CDE

*Description:* Diabetes education, diabetes screening, support group, gestational/prenatal, hypertension screening, foot care, and prenatal care.  
*Health professionals:* CDE, RD, RN  
*Audience:* People with diagnosed diabetes and families of people with diabetes.  
*Languages available:* English, Spanish  
*Year program started:* 1988

**Carondelet St. Mary's Hospital  
Diabetes Care Center**

1601 West St. Mary's Road  
Tucson, AZ 85745  
*Phone:* (520) 740-6055  
*Fax:* (520) 872-6557

*Description:* Diabetes education, diabetes screening, and support group.  
*Health professionals:* CDE, RN  
*Audience:* People with diagnosed diabetes and families of people with diagnosed diabetes.  
*Languages available:* English, Spanish  
*Year program started:* 1990  
*Materials developed:* Yes

**Easter Seal Society of Arizona**

7634 North La Cholla Boulevard  
Tucson, AZ 85704  
*Phone:* (520) 745-5222  
*Fax:* (520) 745-9030  
*Contact:* Bernard Kennady, Office Manager

*Description:* Exercise, support group and physical therapy. In-home services for individuals with disabilities, therapy services (physical, occupational) and referral services.  
*Audience:* People diagnosed with diabetes, minorities, and families of people with diabetes.  
*Languages available:* English  
*Year program started:* 1928



**Eldorado Hospital**

1400 North Wilmot Road  
Tucson, AZ 85712  
*Phone:* (520) 886-6361  
*Fax:* (520) 751-8215  
*Contact:* Nancy Klug, RN, CDE,  
Coordinator

*Description:* Diabetes education; one on one assessment; classes or one on one includes meal plan, exercise plan, blood pressure management, preventative care and foot screening; pump and intensive insulin training.

*Health professionals:* CDE, RN, RD

*Audience:* Adults, pediatric, minorities and family members.

*Languages available:* English, Spanish

*Year program started:* 1990

*Materials developed:* Yes

**El Dorado Hospital  
Diabetes Life Skills**

1400 North Willmot Road  
Tucson, AZ 85712  
*Phone:* (520) 886-6361  
*Fax:* (520) 751-8215  
*Contact:* Nancy Klug

*Description:* Diabetes education, diabetes screening, weight management, nutrition, exercise, support group, eye screening, hypertension screening, smoking cessation, pediatric, and gestational/prenatal.

*Health professionals:* CDE, RD, MD, RN

*Audience:* People diagnosed with diabetes and families of people with diabetes.

*Language available:* English

*Year program started:* 1990

*Materials developed:* Yes

**El Pueblo Clinic**

101 West Irvington-Building 3C  
Tucson, AZ 85714  
*Phone:* (520) 573-0096  
*Fax:* (520) 741-8818

*Description:* Diabetes education, diabetes screening, eye screening, hypertension screening and gestational/prenatal.

*Health professionals:* MD/DO, Medical Assistants

*Languages available:* English, Spanish

**El Rio Health Center**

839 West Congress Street  
Tucson, AZ 85745  
*Phone:* (520) 670-3701  
*Fax:* (520) 884-9287  
*Contact:* Arthur N. Martinez, MD,  
MSHA, Chief Clinical Officer

*Description:* The center provides diabetes services that include diabetes education, diabetes screening, nutrition, continuing education/training for professionals, gestational/prenatal. Services specific to diabetes complications eye screening, hypertension screening, foot care, prenatal care and cardiovascular disease.

*Health professionals:* CDE, RD, MD/DO, RN, Clinical Pharmacist

*Audience:* General population, people diagnosed with diabetes, and minorities.

*Languages available:* English, Spanish

*Year program started:* 1969

**Kino Community Hospital  
Diabetes Care Center**

2800 East Ajo Way  
Tucson, AZ 85713  
*Phone:* (520) 294-4471  
*Fax:* (520) 792-6249

*Description:* Diabetes education, diabetes screening, weight management, nutrition, exercise, gestational/prenatal care, eye screening, hypertension screening, foot care, renal care, cardiovascular disease. Support group meets the third Friday of the month at 2 p.m.

*Health professionals:* Diabetes Educator, RD, MD, NP, RN

*Audience:* General population.

*Languages available:* English, Spanish

*Year program started:* 1976

### **Native American Indian Research and Training Center**

1642 East Helen Street  
Tucson, AZ 85719

*Phone:* (520) 621-5075

*Fax:* (520) 621-9802

*Contact:* Director

*Description:* Provides diabetes education, continuing education and training. Also offers summer camp for diabetic children and training for health professionals.

*Health professionals:* RD, MD/DO, RN

*Audience:* People with diagnosed diabetes and professionals.

*Language available:* English

*Year program started:* 1983

*Materials developed:* Yes

### **Northwest Diabetes Life Skills**

2055 West Hospital Drive, Suite 145  
Tucson, AZ 85741

*Phone:* (520) 469-8147

*Fax:* (520) 469-8056

*Contact:* Linda Alvarez, RN, RD, CDE

*Description:* Diabetes education, diabetes screening, weight management, nutrition, exercise, gestational/prenatal, hypertension screening, and self-management instructions.

*Health professionals:* CDE, RD, RN

*Audience:* People diagnosed with diabetes and families of people with diabetes.

*Language available:* English

*Year program started:* 1997

*Materials developed:* Yes

### **Northwest Hospital**

1825 West Orange Grove

Tucson, AZ 85741

*Phone:* (520) 469-8753

*Contact:* Nancy Klug, RN, CDE

*Description:* Diabetes education, screening, management, nutrition, exercise, gestational/prenatal, hypertension, foot care, and renal care.

*Health professionals:* CDE, RD, MD, RN

*Audience:* General population, minorities, families of diabetics, and pregnant women.

*Language available:* English, Spanish

*Year program started:* 1997

*Materials developed:* Yes

### **Pascua Yaqui Health Programs**

#### **Pasqua Yaqui Diabetes Prevention Program**

7490 South Camino de Oeste

Tucson, AZ 85746

*Phone:* (520) 879-6200

*Contact:* Helen Forshee, RN

*Description:* Diabetes education, diabetes screening, weight management, nutrition, exercise, eye screening, hypertension screening, and foot care.

*Health professionals:* MD, RN, RD, Exercise Physiologist, Exercise Specialists, Outreach Specialists, Program Consultant

*Audience:* Pascua Yaqui Tribal Members and their families.

*Languages available:* English, Spanish

*Year program started:* 1992

**Pima County Health Department East  
WIC Program**

6920 East Broadway, Suite H  
Tucson, AZ 85710  
*Phone:* (520) 721-8475  
*Contact:* Rebecca Melland

*Description:* Diabetes education, weight management, nutrition, gestational/prenatal and prenatal care. Offers nutrition education and referrals for other medical or social services.

*Health professionals:* RD

*Audience:* Women (pregnant, breastfeeding, postpartum), infants and children up to five years of age.

*Languages available:* English, Spanish

*Year program started:* 1972

**Pima Home Health**

4600 South Park, Suite #7  
Tucson, AZ 85714  
*Phone:* (520) 294-4474  
*Contact:* Barbara A. Vuillemin, RN,  
Diabetes Educator

*Description:* Diabetes education.

*Audience:* People with diagnosed diabetes.

**Pima County Health Department  
Public Health Nursing**

150 West Congress  
Tucson, AZ 85701  
*Phone:* (520) 740-174  
*Fax:* (520) 740-8329  
*Contact:* Public Health Nursing  
Administrator

*Description:* Diabetes education, hypertension screening and gestational/prenatal.

*Audience:* People with diagnosed diabetes, minorities, families of people with diabetes.

*Languages available:* English, Spanish

**El Rio Health Center  
Sembrando Nuestro Mañana**

839 West Congress Street  
Tucson, AZ 85745  
*Phone:* (520) 670-3904  
*Fax:* (520) 670-3816  
*Contact:* Leticia Martinez

*Description:* Diabetes education, diabetes screening, weight management, nutrition, continuing education/training, eye screening, hypertension screening, gestational/prenatal and foot care.

*Health professionals:* CDE, RD

*Audience:* People with diagnosed diabetes, minorities, and families of people with diabetes.

*Languages available:* English, Spanish

*Year program started:* 1998

*Materials developed:* Yes

**Social Security Administration**

2716 South 6th Avenue  
Tucson, AZ 85713  
*Phone:* (800) 772-1213

*Description:* Assists people to make social security claims for disability insurance, retirement insurance, survivors insurance, Medicare - hospitalization and Medicare supplementary benefits.

*Audience:* General population.

*Languages available:* English, Spanish

**Southern Arizona Veterans Affairs  
Health Care System**

3601 South 6th Avenue  
Tucson, AZ 85723  
*Phone:* (520) 792-1450  
*Contact:* Janet Sommers, RN, CDE

*Description:* Diabetes education, diabetes screening, weight management, nutrition, exercise, eye screening, hypertension screening, foot care, smoking cessation, renal care, cardiovascular disease.

*Health professionals:* CDE, RD, MD, NP, RN

*Audience:* Veterans.

*Languages available:* English, Spanish

*Year program started:* 1983

### **St. Elizabeth of Hungary Clinic**

140 West Speedway, #100

Tucson, AZ 85705

*Phone:* (520) 628-7871

*Fax:* (520) 770-8528

*Contact:* Nancy Metzger

*Description:* Diabetes education, diabetes screening, weight management, nutrition, exercise, eye screening, hypertension screening, foot care, prenatal care, smoking cessation, continuing education and training and gestational/prenatal.

*Health professionals:* CDE, RD, MD/DO, RN

*Audience:* General population with eligibility requirements.

*Languages available:* English, Spanish

### **St. Joseph Diabetes Care Center Diabetes Educator**

350 North Willmot Road

Tucson, AZ 85711

*Phone:* (520) 873-3968

*Fax:* (520) 873-3564

*Contact:* Luz Elena Schearer, RD, CDE

*Description:* Interdisciplinary team of certified diabetes educators. Diabetes self-management skills taught includes blood glucose monitoring, interpretation of e-change list and meal planning. Safe use of exercise, medication management, treatment of hypoglycemia and foot care. Gestational program for screening and prevention. This is an ADA recognized program, which formally

identifies quality patient education programs that meet national standards.

*Health professionals:* CDE, RD, RNs

*Audience:* People with diabetes, families of diabetics.

*Languages available:* English, Spanish

### **St. Joseph Diabetes Care Center Support Group**

350 West Willmot Road

Tucson, AZ 85711

*Phone:* (520) 721-3968

*Contact:* Jyllette Frey RN, CDE

*Description:* Support group for persons with type II and for insulin pump users. ADA recognized program as a quality patient education program that meet national standards.

### **Three Points Clinic**

15921 West Ajo Way

Tucson, AZ 85735

*Phone:* (520) 822-2335

*Fax:* (520) 822-2362

*Description:* Diabetes education, diabetes screening, gestational/prenatal, eye screening, hypertension screening, and prenatal care.

*Health professionals:* MDs, NPs, RN

*Audience:* General population.

*Languages available:* English, Spanish

*Year program started:* 1986

### **Tucson Indian Center (TIC) Special Diabetes Program for Indians**

97 East Congress, Suite 101

Tucson, AZ 85701

*Phone:* (520) 884-7131 Ext. 231

*Contact:* Taryn Kaye, Wellness Director or Lana Fred, Diabetes Prevention Specialist

*Description:* The Tucson Indian Center's Special Diabetes Program for Indians was designed to promote physical fitness and

healthy lifestyles by conducting outreach to encourage the urban Tucson Indian community to utilize services at TIC. The Program also offers nutrition workshops and educational programs; physical activity classes; diabetes education and prevention workshops; enhances a diabetes screening program; and provides support, education and reinforcement of lifestyle choices to prevent, manage or treat diabetes. General health promotion services include a program that has a diabetes component, diabetes education, diabetes screening, nutrition, exercise, support group, cooking classes, and walking club. Services specific to diabetes complication include foot care and smoking cessation.

*Health professionals:* Qualified consultants hired to provide diabetes support services.

*Audience:* Urban Native Americans living in metropolitan Tucson/Pima County, people diagnosed with diabetes, minorities, families of people diagnosed with diabetes and general population.

*Languages available:* English, Spanish, Native American languages

*Year program started:* 2002

### **University Physicians Hospital Pediatric Endocrinology**

1501 North Campbell Avenue  
Tucson, AZ 85724

*Phone:* (520) 694-9988

*Fax:* (520) 694-9985

*Contact:* Mark Wheeler, MD

*Description:* Diabetes education, diabetes screening, eye screening, hypertension screening, and foot care.

*Health professionals:* MD/DO, Pediatric Endocrinologist

*Audience:* General population, children and teenagers.

*Languages available:* English

*Year program started:* 1994

### **University Physicians Hospital at Kino Angel Pediatric Diabetes and Endocrine Clinic**

1501 North Campbell Avenue  
Tucson, AZ 85713

*Phone:* (520) 694-9988

*Description:* Diabetes education, weight management, nutrition, exercise, support group and pediatrics.

*Health professionals:* CDE, RD, RN

*Audience:* People with diagnosed diabetes and their families.

*Languages available:* English, Spanish

*Year program started:* 1994

### **West Side Family Practice**

1773 West St. Mary's Road, Suite #103  
Tucson, AZ 85745

*Phone:* (520) 623-6333

*Fax:* (520) 628-3665

*Contact:* Lynne M. Hudson RN, BSN

*Description:* Diabetes screening, weight management, eye screening, hypertension screening, foot care and general health.

*Health professionals:* MD/DO, RN

*Audience:* General population.

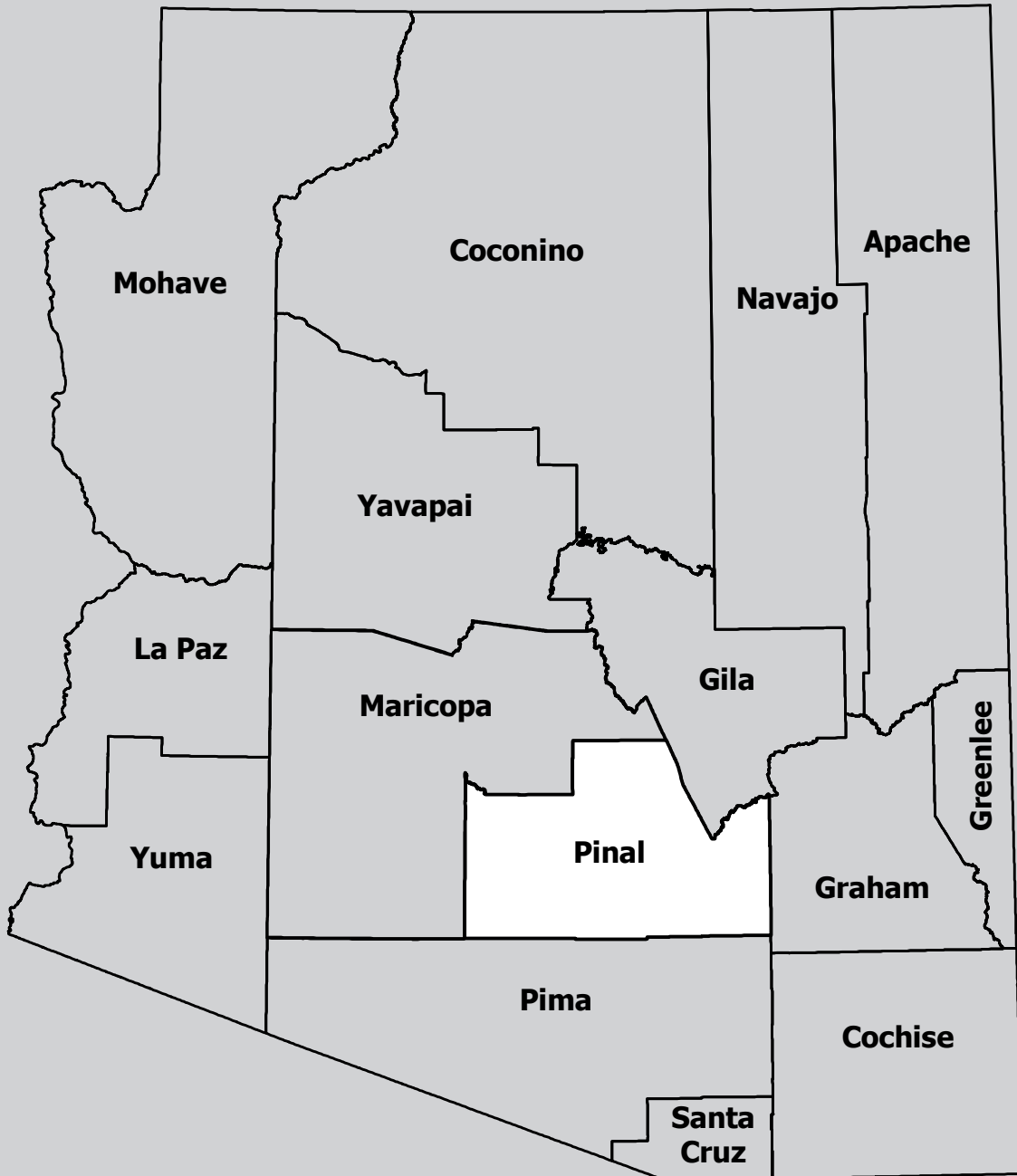
*Languages available:* English, Spanish

*Year program started:* 1980





# PINAL COUNTY







## **Apache Junction**

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### **Arizona Department of Economic Security Temporary Assistance to Needy Families (TANF)**

2066 West Apache Trail, Suite 108  
Apache Junction, AZ 85220  
*Phone:* (480) 982-9182  
*Fax:* (480) 671-6430

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish

### **Arizona Department of Economic Security Vocational Rehabilitation**

288 North Ironwood Drive, Suite 106  
Apache Junction, AZ 85220  
*Phone:* (480) 983-0427  
*Fax:* (480) 983-3235

*Description:* Provides vocational assistance for job training.

*Audience:* People with disabilities.

## **Casa Grande**

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### **Arizona Department of Economic Security Temporary Assistance to Needy Families (TANF)**

P.O. Box 579  
318 North Florence  
Casa Grande, AZ 85222  
*Phone:* (520) 836-7435  
*Fax:* (520) 836-8025

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish

### **Casa Grande Regional Medical Center Diabetes Care Center**

1800 East Florence Boulevard  
Casa Grande, AZ 85222  
*Phone:* (520) 426-6300  
*Fax:* (520) 836-1261

*Description:* Diabetes education, diabetes screening, weight management, nutrition, exercise, gestational/prenatal, eye screening, hypertension screening, foot care, smoking cessation, renal care, cardiovascular disease, prenatal care and support group.

*Health professionals:* CDE, RD, MD/DO, RN

*Audience:* General population, people with diagnosed diabetes, and minorities.

*Language available:* English

*Year program started:* 1982

*Materials developed:* Yes

### **Social Security Administration**

501 North Marshall  
Casa Grande, AZ 85222  
*Phone:* (800) 772-1213

*Description:* Assists people to make social security claims for disability insurance, retirement insurance, survivors insurance, Medicare - hospitalization and Medicare supplementary benefits. Call the 800 number or walk in.

*Audience:* General population.

*Languages available:* English, Spanish

*Materials developed:* Yes

### **Vocational Rehabilitation**

318 North Florence Street  
Casa Grande, AZ 85222  
*Phone:* (520) 836-6388  
*Fax:* (520) 836-8025

*Description:* Provides vocational assistance for job training.

*Audience:* People with disabilities.

## Coolidge

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### **Arizona Department of Economic Security Temporary Assistance to Needy Families (TANF)**

1155 North Arizona Boulevard

Coolidge, AZ 85228

*Phone:* (520) 723-5351

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish

### **Arizona Department of Economic Security Vocational Rehabilitation**

1155 North Arizona Boulevard

Coolidge, AZ 85258

*Phone:* (520) 723-5351

*Fax:* (520) 723-9133

*Description:* Provides vocational assistance for job training.

*Audience:* People with disabilities.

## Eloy

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### **Arizona Department of Economic Security Temporary Assistance to Needy Families (TANF)**

P.O. Box 656 or

109 North Sunshine Boulevard

Eloy, AZ 85231

*Phone:* (520) 466-4226

*Fax:* (520) 466-1304

*Description:* Family assistance program that provides TANF, food stamps, cash assistance,

medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish

### **Sunlife Family Health Center**

501 North Main Street

Eloy, AZ 85231

*Phone:* (520) 466-7883

*Fax:* (520) 466-3946

*Description:* Primary care clinic with diabetes screening, weight management, nutrition, eye screening, smoking cessation.

*Health professionals:* MD/DO, PA/NP, RN

*Audience:* General population.

*Languages available:* English, Spanish

*Year program started:* 1984

## Florence

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### **Pinal County Division of Public Health**

500 South Central

Florence, AZ 85232

*Phone:* (520) 866-7313

*Fax:* (520) 866-7358

*Contact:* Rosanna Ringer, RD

*Description:* Provides diabetes education through the WIC program including nutrition education and a food package to women, infants and children. Women with diabetes or gestational diabetes will receive high-risk nutrition counseling from a public health nutritionist. Women must be pregnant or post-partum.

*Audience:* WIC clients with diabetes.

*Languages available:* English, Spanish

*Year program started:* 1977

**Pinal County Division of Public Health  
Pinal County Diabetes Coalition**

P.O. Box 2945  
Florence, AZ 85232  
*Phone:* (520) 866-7329  
*Fax:* (520) 866-7359  
*Contact:* Mary Gonzales, Program  
Coordinator

*Description:* The Pinal County Diabetes Coalition consists of community members and health professionals whose mission is to educate and motivate Pinal County residents to overcome the diabetes epidemic. General health promotion services include diabetes education, diabetes screening, weight management, nutrition, exercise and pre-diabetes education.

*Audience:* General population diagnosed with diabetes, and families of people with diabetes.

*Languages available:* English, Spanish

*Year program started:* 2002

## **Kearny**

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**Arizona Department of Economic Security  
Temporary Assistance to Needy Families  
(TANF)**

P.O. Box 1119  
331 Alden Road  
Kearney, AZ 85237  
*Phone:* (520) 363-5568  
*Fax:* (520) 363-7286

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish

## **Mammoth**

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**Arizona Department of Economic Security  
Temporary Assistance to Needy Families  
(TANF)**

P.O. Box 518  
228 Main Street  
Mammoth, AZ 85618  
*Phone:* (520) 487-2311  
*Fax:* (520) 487-2102

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish

## **Maricopa**

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**Ak-Chin Indian Community  
Ak-Chin Diabetes Prevention Program**

42507 West Peters and Nall Road  
Maricopa, AZ 85239  
*Phone:* (520) 568-1082  
*Fax:* (520) 568-1081  
*Contact:* Cassandra Allen, Program  
Coordinator

*Description:* Ak-Chin Diabetes Prevention Program is a community outreach program that promotes diabetes prevention, provides general education on diabetes management and provides group and individual exercise programs. General health promotion includes: diabetes education, diabetes screening, nutrition, exercise, and a support group for children with Diabetes Type 2.

*Languages available:* English, Spanish

*Year program started:* 2002

## Sacaton

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### Gila River Health Care

#### Diabetes Program

P.O. Box 38

Sacaton, AZ 85247

*Phone:* (520) 562-3321

*Fax:* (502) 528-1472

Contact: Helen Connor, RN, CDE,  
Diabetes Program Coordinator

*Description:* General health promotions program that has a diabetes component, diabetes education, diabetes screening, weight management, nutrition, exercise, gestational/prenatal, eye screening, hypertension screening, foot care, prenatal care, renal care, and cardiovascular disease.

*Health professionals:* CDE, RD, MD, PA, NP, RN

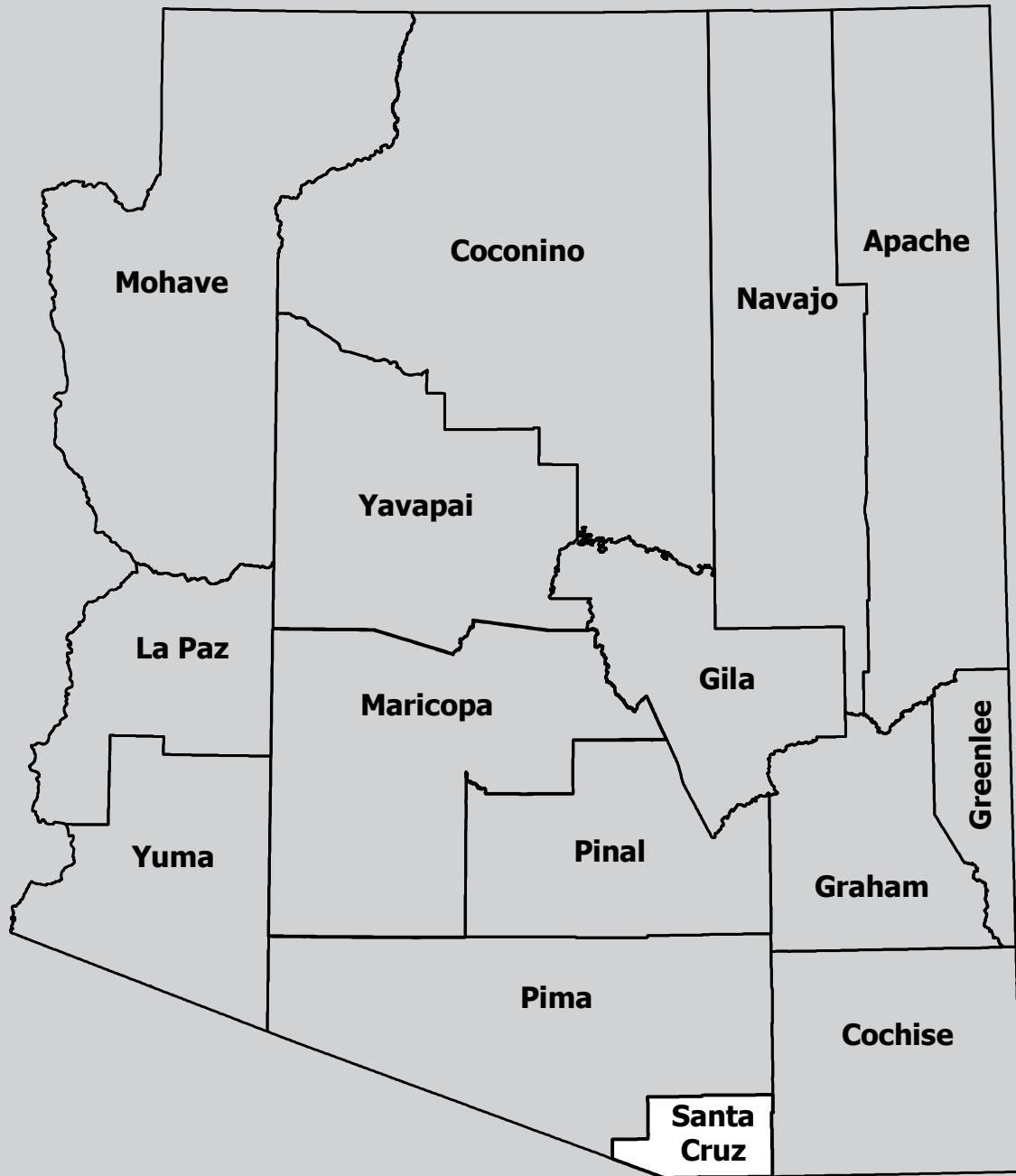
*Audience:* General population and Native Americans.

*Languages available:* English, Pima

*Year program started:* 1979



# **SANTA CRUZ COUNTY**





## **Nogales**

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### **Arizona Department of Economic Security Temporary Assistance to Needy Families (TANF)**

1843 North State Drive  
Nogales, AZ 85621  
*Phone:* (520) 281-2634  
*Fax:* (520) 761-3046

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish

### **Corondelet Health Network**

1171 Target Range Road  
Nogales, AZ 85621  
*Phone:* (520) 287-8068  
*Fax:* (520) 287-8015  
*Contact:* Gwen Gallegos, FNP, CDE

*Description:* In-patient and out-patient diabetes education, diabetes screening, weight management, nutrition, exercise, eye screening, foot care, hypertension screening and gestational diabetes education.

*Audience:* General population, people with diabetes, minorities, and families of diabetics.

*Languages available:* English, Spanish

*Year program started:* 1994

### **Corondelet Holy Cross Hospital Inc. Diabetes Care Center**

1100 West Target Range Road  
Nogales, AZ 85621  
*Phone:* (520) 287-2771  
*Fax:* (520) 287-7314

*Description:* Diabetes education, diabetes screening at health fairs, weight management, nutrition, exercise, eye screening, foot care,

and hypertension screening.

*Health professionals:* CDE, NP

*Audience:* General population.

*Languages available:* English, Spanish

*Year program started:* 1962

### **Mariposa Community Health Center**

1852 North Mastick Way  
Nogales, AZ 85621  
*Phone:* (520) 281-1550  
*Fax:* (520) 281-1112  
*Contact:* Eladio Pereira, MD

*Description:* Provides a program that has a diabetes component, diabetes education and screening, weight management, nutrition, exercise, eye screening, foot care, prenatal care, smoking cessation, renal care, and cardiovascular disease.

*Health professionals:* MD/DO, PA/NP, RN

*Audience:* General population, people diagnosed with diabetes, health professionals, minorities, families of people with diabetes, teenagers, pregnant women, and people with hypertension.

*Languages available:* English, Spanish

### **Mariposa Community Health Center Santa Cruz Collaborative Diabetes Project**

1852 North Mastick Way  
Nogales, AZ 85621  
*Phone:* (520) 761-2147  
*Fax:* (520) 761-2154

*Description:* A general health care program that includes diabetes education, diabetes screening, weight management, nutrition, exercise, eye screening, hypertension screening, foot care, prenatal care, smoking cessation, renal care, and cardiovascular care.

*Health professionals:* MD/DO, PA/NP, RN

*Audience:* General population, people diagnosed with diabetes, health professionals, minorities, families of diabetics, teenagers,



pregnant women, people with hypertension, etc.

*Languages available:* English, Spanish

### **Mariposa WIC Program**

1520 North Hohokam Drive  
Nogales, AZ 85621

*Phone:* (520) 287-4994

*Fax:* (520) 287-5794

*Description:* A general health promotion program that has a diabetes component including nutrition education, as well as community, medical and social referral programs provided by a registered dietitian.

*Health professionals:* RD, PA/NP

*Audience:* Women (pregnant, breastfeeding, postpartum), infants and children up to five years of age.

*Languages available:* English, Spanish

*Year program started:* 1972

### **Social Security Administration**

4419 North Grande, Suite 9  
Nogales, AZ 85621

*Phone:* (800) 772-1213

*Description:* Assists people to make social security claims for disability insurance, retirement insurance, survivors insurance, Medicare - hospitalization and Medicare supplementary benefits. Call the 800 number or walk in.

*Audience:* General population, all.

*Languages available:* English, Spanish

*Materials developed:* Yes

## **Patagonia**

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### **Patagonia Family Health Center**

101 Taylor Street  
Patagonia, AZ 85624

*Phone:* (520) 394-2262

*Fax:* (520) 394-2753

*Description:* Diabetes education, diabetes screening, weight management, nutrition, exercise, gestational/prenatal.

*Health professionals:* MDs, CDE

*Audience:* General population.

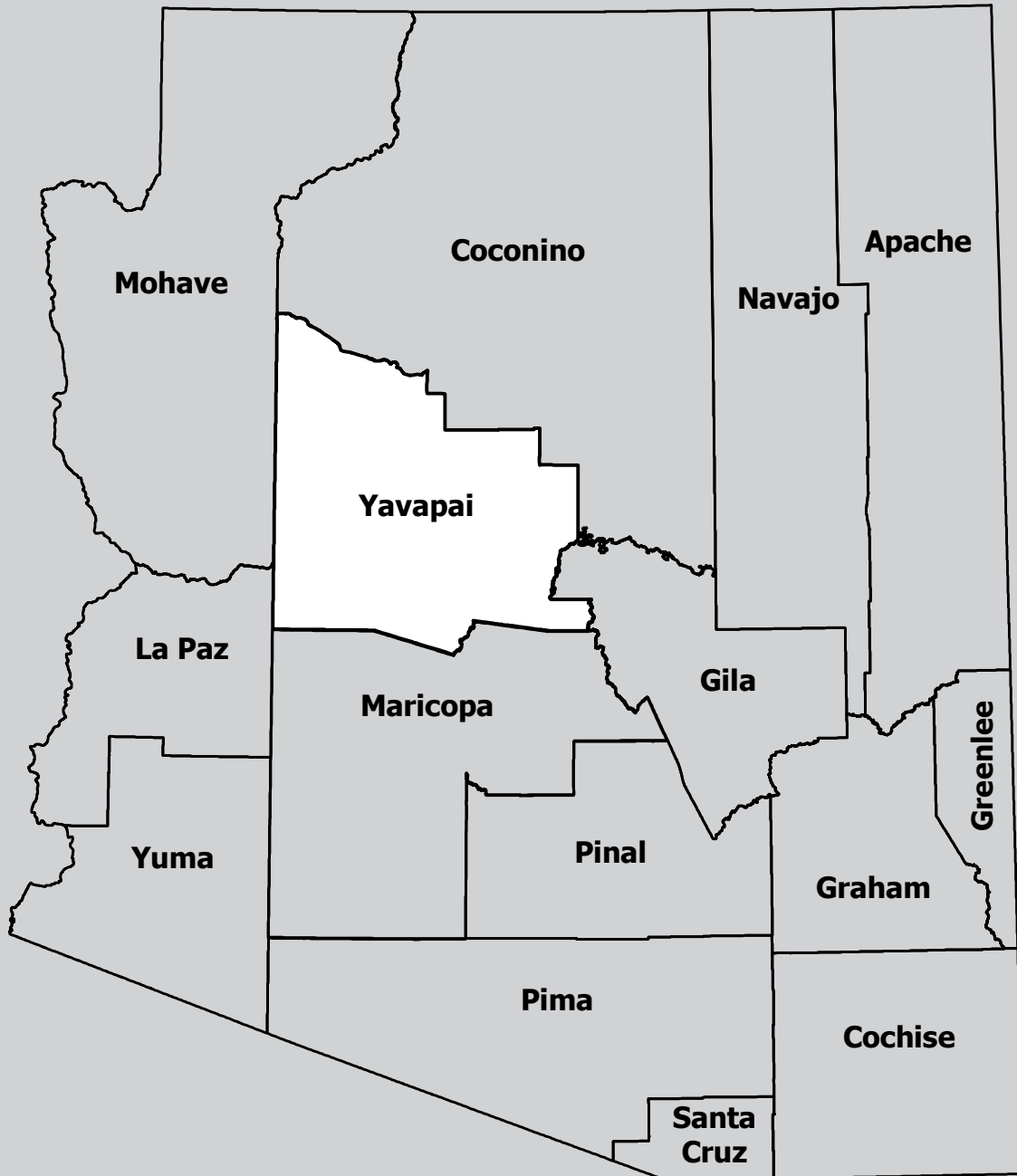
*Language available:* English

*Year program started:* 1980





# YAVAPAI COUNTY





## Cottonwood

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### **Arizona Department of Economic Security Temporary Assistance to Needy Families (TANF)**

1500 East Cherry Street, Suite A  
Cottonwood, AZ 86326  
*Phone:* (928) 634-0780  
*Fax:* (928) 639-1716

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish

### **Vocational Rehabilitation**

1500 East Cherry Street  
Cottonwood, AZ 86326  
*Phone:* (928) 634-0063  
*Fax:* (928) 639-0967

*Description:* Provides vocational assistance for job training.

*Audience:* People with disabilities.

### **Yavapai County Health Department**

10 South 6th Street  
Cottonwood, AZ 86326  
*Phone:* (928) 639-8130  
*Fax:* (928) 639-8179

*Description:* Diabetes education, weight management, nutrition, exercise, eye screening, hypertension screening, foot care, smoking cessation, and cardiovascular disease.

*Health professionals:* MD, RD

*Audience:* General population.

*Languages available:* English, Spanish

*Year program started:* 1994

*Materials developed:* Yes

## Prescott

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### **Arizona Department of Economic Security Temporary Assistance to Needy Families (TANF)**

1555 Iron Springs Road, Suite 1  
Prescott, AZ 86301  
*Phone:* (928) 445-9603

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish

### **Arizona Department of Economic Security Vocational Rehabilitation**

1555 Iron Springs Road, Suite 11  
Prescott, AZ 86302  
*Phone:* (928) 445-6432  
*Fax:* (928) 445-5819

*Description:* Provides vocational assistance for job training.

*Audience:* People with disabilities.

### **Northern Arizona VA Health Care System**

500 Highway 89A  
Prescott, AZ 86313  
*Phone:* (928) 445-4860  
*Fax:* (928) 776-6076

*Description:* Diabetes education, diabetes screening, weight management, nutrition, exercise, eye screening, hypertension screening, foot care, smoking cessation, renal care, and cardiovascular health.

*Health professionals:* CDE, RD, MD, PA, NP

*Audience:* Veterans.

*Languages available:* English, Spanish, Sign Language

**Social Security Administration**

216 South Cortez Street  
Prescott, AZ 86303  
*Phone:* (800) 772-1213

*Description:* Assists people to make social security claims for disability insurance, retirement insurance, survivors insurance, Medicare - hospitalization and Medicare supplementary benefits. Call the 800 number or walk in.

*Audience:* General population, all.

*Languages available:* English, Spanish

**Yavapai County Health Department**

1090 Commerce Drive  
Prescott, AZ 86305  
*Phone:* (928) 771-3122  
*Fax:* (928) 771-3369

*Description:* General health promotions, diabetes education, diabetes screening, weight management and nutrition, hypertension screening, foot care and smoking cessation.

*Health professionals:* CDE, RD, MD/DO, PA/NP, RN

*Audience:* General population, minorities, teenagers, pregnant women, people with hypertension, Yavapai Indian Tribe, people diagnosed with diabetes and families of people with hypertension.

*Languages available:* English, Spanish

*Year program started:* 1983

**Yavapai Regional Medical Center****Diabetes Education**

1003 Willow Creek Road  
Prescott, AZ 86301  
*Phone:* (928) 759-5920  
*Fax:* (928) 759-5984  
*Contact:* Andrea Klein, RN, CDE

*Description:* General health promotions include diabetes education, weight management, nutrition, exercise and gestational/prenatal.

*Health professionals:* CDE, RD, RN

*Audience:* General population, people diagnosed with diabetes, minorities, and families of people diagnosed with diabetes.

*Language available:* English

*Year program started:* 1999; ADA recognized in 2001 and 2004

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**Prescott Valley****Arizona Department of Economic Security  
Temporary Assistance to Needy Families  
(TANF)**

7875 East Florentine Road  
P.O. Box 26340  
Prescott Valley, AZ 86314  
*Phone:* (928) 775-3140  
*Fax:* (928) 775-3177

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish

**Diabetes Education****Yavapai Regional Medical Center**

3262 North Windsong Drive  
Prescott Valley, AZ 86314  
*Phone:* (928) 759-5920  
*Fax:* (928) 759-5984  
*Contact:* Andrea Klein, RN, CDE

*Description:* General health promotions include diabetes education, weight management, nutrition, exercise and gestational/prenatal.

*Health professionals:* CDE, RD, RN

*Audience:* General population, people diagnosed with diabetes, minorities, and families of people diagnosed with diabetes.

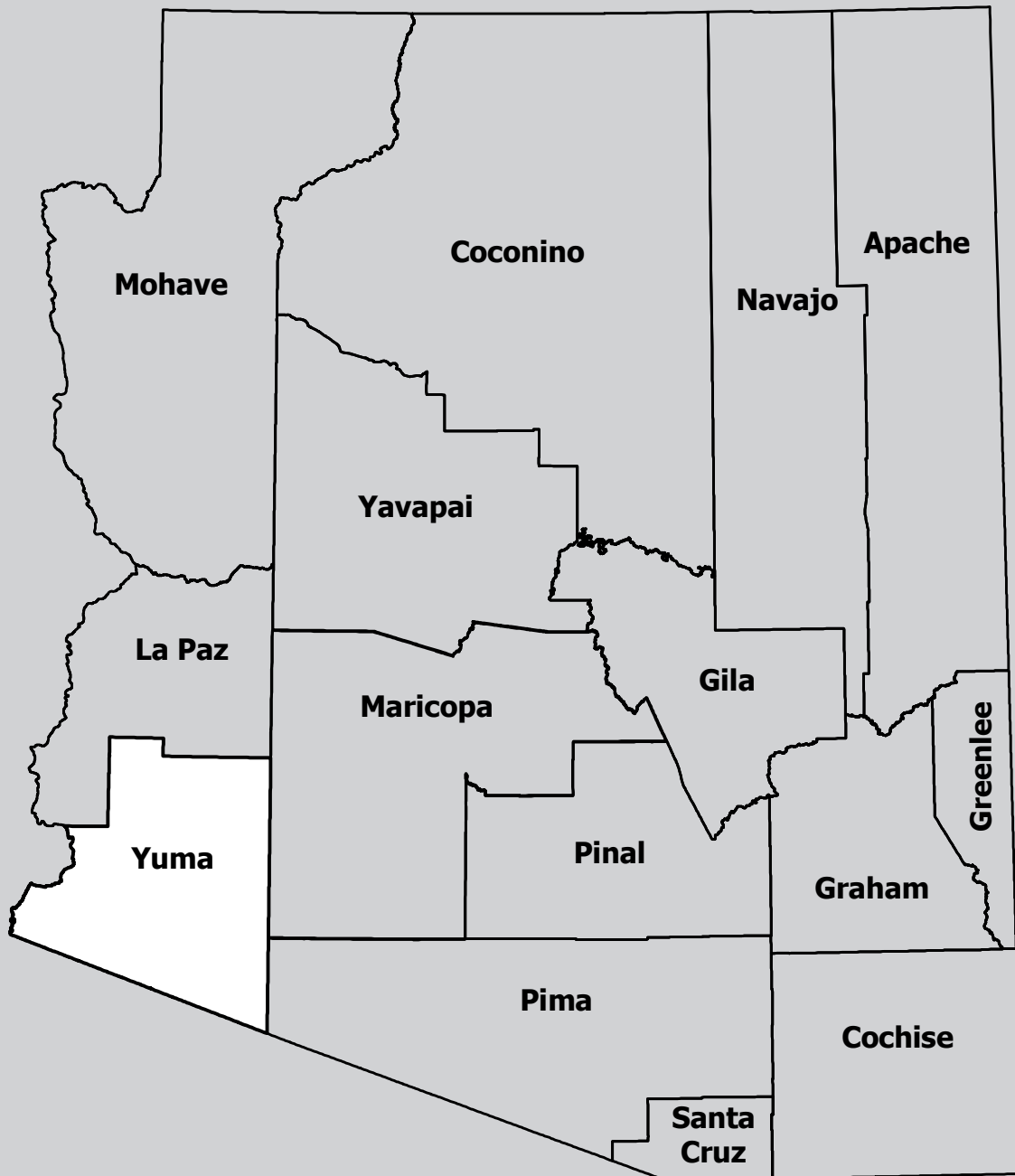
*Languages available:* English

*Year program started:* 1999; ADA recognized in 2001 and 2004





# YUMA COUNTY







## **San Luis**

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### **Arizona Department of Economic Security Temporary Assistance to Needy Families (TANF)**

663 North 1st Avenue  
P.O. Box 699  
San Luis, AZ 85349  
*Phone:* (928) 627-1890  
*Fax:* (928) 624-0917

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish

### **Regional Center for Border Health, Inc. San Luis Walk-In Clinic**

P.O. Box 1669  
San Luis, AZ 85349  
*Phone:* (928) 627-9222  
*Fax:* (928) 627-8773

*Description:* The clinic offers multiple health care services to the communities of San Luis, Gadsden and Somerton, Arizona. Their Quality of Care Program works to implement preventive health care practices and improve quality of medical care. Clinic services include diabetes education, diabetes screening, nutrition, exercise, support group, continuing education/training (for professionals), eye screening, hypertension screening, foot care, smoking cessation, renal care, and cardiovascular disease services.

*Health professionals:* CDE, RD, MD/DO, PA/NP

*Audience:* General population, people with diagnosed diabetes, families of people with diabetes, minorities

*Languages available:* English, Spanish

### **Sunset Community Health Center**

744 East Juan Sanchez Boulevard  
P.O. Box 2017  
San Luis, AZ 85349  
*Phone:* (928) 627-3822  
*Fax:* (928) 627-3989

*Description:* Provides a program that has a diabetes component, diabetes education and screening, nutrition, exercise, eye screening and hypertension screening.

*Health professionals:* CDE, MD/DO

*Audience:* General population, people diagnosed with diabetes, families of people diagnosed with diabetes and minorities.

*Languages available:* English, Spanish

*Year program started:* 1986

## **Somerton**

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### **Arizona Department of Economic Security Temporary Assistance to Needy Families (TANF)**

342 Main Street  
Somerton, AZ 85350  
*Phone:* (928) 627-2075  
*Fax:* (928) 627-8585

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish

**Sunset Community Health Center**

115 North Somerton Avenue or  
P.O. Box 538  
Somerton, AZ 85350  
*Phone:* (928) 627-2051  
*Fax:* (928) 627-3857

*Description:* Services offered include diabetes education and diabetes screening. Services specific to diabetes complications include hypertension screening, foot care, eye screening, renal care, and cardiovascular disease. Diabetes education is given by a promotora to all diabetes patients who are uninsured.

*Health professionals:* Other

*Audience:* People diagnosed with diabetes.

*Languages available:* English, Spanish

*Year program started:* 2002

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**Wellton****Wellton Sunset Community Health Center**

10425 South Williams Street or  
P.O. Box 686  
Wellton, AZ 85356  
*Phone:* (928) 785-3256  
*Fax:* (928) 758-3258

*Description:* Provides a program that has a diabetes component, diabetes education and screening, nutrition, exercise, gestational/prenatal, eye screening, hypertension screening, foot care, prenatal care, smoking cessation, renal care, and cardiovascular disease.

*Health professionals:* CDE, MD

*Audience:* General population.

*Languages available:* English, Spanish

*Year program started:* 1986

**Arizona Department of Economic Security  
Temporary Assistance to Needy Families  
(TANF)**

28665 Los Angeles Avenue or  
P.O. Box 1048  
Wellton, AZ 85356  
*Phone:* (928) 785-9420  
*Fax:* (928) 785-9209

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and general assistance. Provides temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish

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**Yuma****Arizona Department of Economic Security  
Vocational Rehabilitation**

1310 South 3rd Avenue  
Yuma, AZ 85364  
*Phone:* (928) 329-9462  
*Fax:* (928) 329-9530

*Description:* Provides vocational assistance for job training.

*Audience:* People with disabilities.

**Arizona Department of Economic Security  
Temporary Assistance to Needy Families  
(TANF)**

1220 South 4th Avenue  
Yuma, AZ 85365  
*Phone:* (928) 782-7101  
*Fax:* (928) 783-5313

*Description:* Family assistance program that provides TANF, food stamps, cash assistance, medical and assistance. Provides temporary disability assistance.

*Audience:* General population.

*Languages available:* English, Spanish

**Sunset Community Health Center/ U of A  
Diabetes Management Program**

1945 West 24th Street  
Yuma, AZ 85364  
*Phone:* (928) 344-0029  
*Fax:* (928) 314-4355  
*Contact:* Ching Wang, M.D.

*Description:* Services include providing management of diabetic patients enrolled in the program through medical care, promotor outreach, diabetic education, diabetes classes, data analysis by the University of Arizona to assess outcomes. General health promotion services include program that has a diabetes component, diabetes education, diabetes screening, nutrition, exercise, and support group. Services specific to diabetes complications include hypertension screening and foot care.

*Health professionals:* MD/DO, RN  
*Audience:* People diagnosed with diabetes and families of people with diabetes.  
*Languages available:* English, Spanish  
*Year program started:* 2004

**Easter Seal Society of Arizona**

661 East 32nd Street, Suite A  
Yuma, AZ 85365  
*Phone:* (928) 726-6800  
*Fax:* (928) 726-1690

*Description:* Non-profit agency dedicated to improving the health and welfare of persons with disabilities of all ages and to advancing their opportunities for employment, recreation, and transportation. Has a computer placement program utilizing renovated computers with training and mentoring. Has a family focus therapy/education program, support groups, and recreation programs. Loans equipment and makes referrals to appropriate agencies.

*Audience:* Minorities and families of people with diabetes.

*Languages available:* English  
*Year program started:* 1928

**Social Security Administration**

1235 South Radondo Center Drive  
Yuma, AZ 85364  
*Phone:* (800) 772-1213

*Description:* Assists people to make social security claims for disability insurance, retirement insurance, survivors insurance, Medicare - hospitalization and Medicare supplementary benefits. Call the 800 number or walk in.

*Audience:* General population, all.  
*Languages available:* English, Spanish  
*Materials developed:* Yes

**Sunset Community Health Center**

1945 West 24th Street  
Yuma, AZ 85364  
*Phone:* (928) 344-4216  
*Fax:* (928) 726-3799

*Description:* Diabetes education, diabetes screening, nutrition, exercise, eye screening, hypertension screening.

*Health professionals:* CDE, MD  
*Audience:* General population.  
*Languages available:* English, Spanish  
*Year program started:* 1986

**Yuma County Health Department**

2200 West 28th Street

Yuma, AZ 85364

*Phone:* (928) 329-2228

*Fax:* (928) 329-2226

*Contact:* Cheryl Smith, Program  
Coordinator

*Description:* Education, nutrition, weight management, support group, and dietary consultants. Gestational/prenatal, diet therapy.

*Audience:* People with diagnosed diabetes.

*Languages available:* English, Spanish

*Materials developed:* Yes

**Yuma Regional Medical Center  
Diabetes Education**

399 West 32nd Street

Yuma, AZ 85364

*Phone:* (928) 344-7007

*Fax:* (928) 344-1404

*Contact:* Nancy Hooper RN, CDE

*Description:* Diabetes education, nutrition, support group, gestational, prenatal, continuing education, training, people with diagnosed diabetes. Support group meets every third Tuesday of each month at 7 p.m. at Yuma Regional Center.

*Audience:* General population, health professionals, minorities, families of people with diabetes, teenagers, pregnant women, people with hypertension.

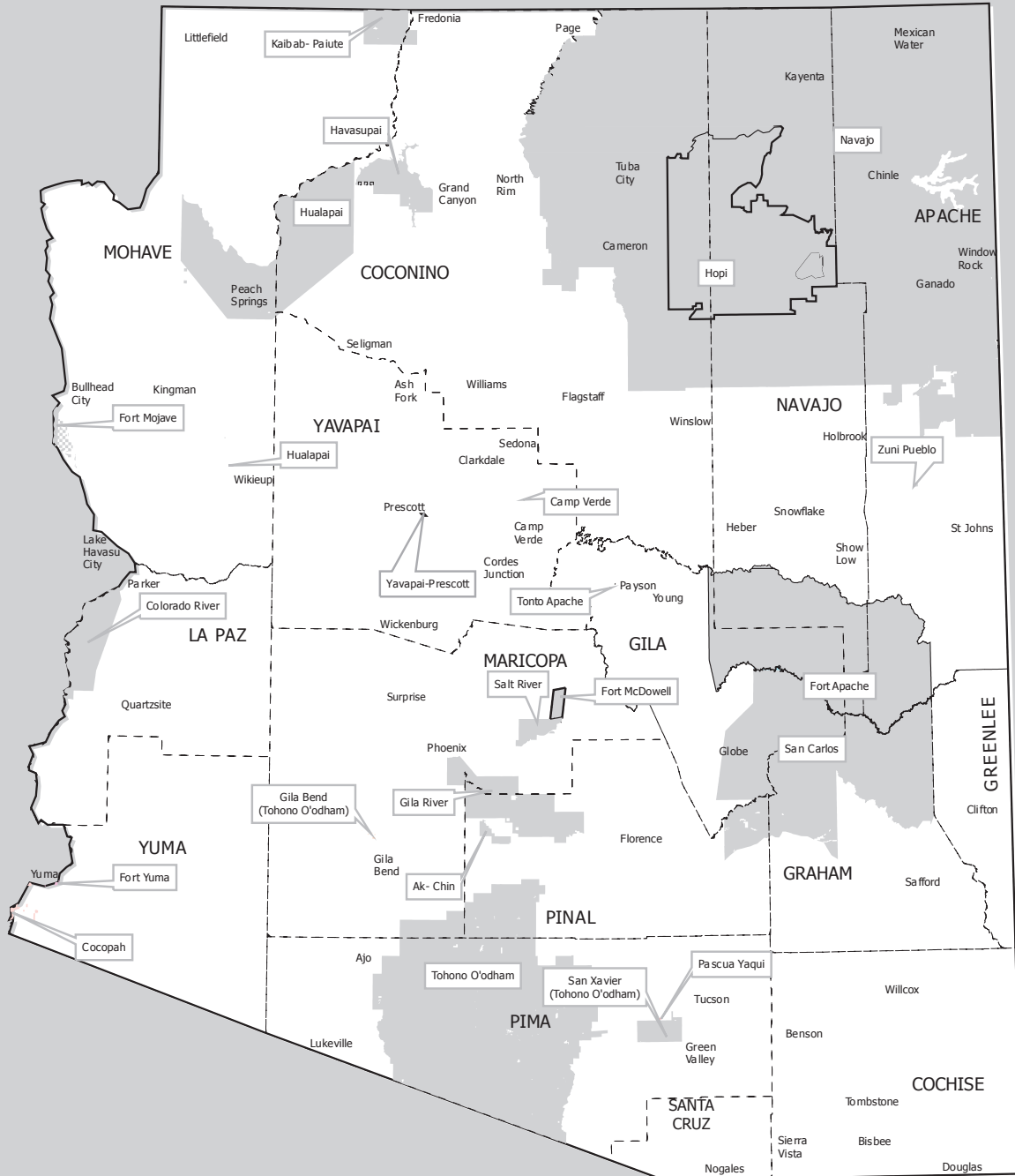
*Languages available:* English, Spanish

*Year program started:* 1988



# NATIVE AMERICAN

# RESOURCES





## APACHE COUNTY

### Chinle

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#### **Chinle Service Unit Diabetes Program Indian Health Service**

Highway 191, Drawer PH  
Chinle, AZ 86503  
*Phone:* (928) 674-7266  
*Fax:* (928) 674-7008

*Description:* Diabetes education, diabetes screening, nutrition, continuing education/training (for professionals), gestational/prenatal, hypertension screening, foot care, and eye screening.

*Health professionals:* MD/DO

*Audience:* General population, people with diagnosed diabetes, and families of people with diabetes.

*Languages available:* English, Navajo

*Year program started:* 1995

*Materials developed:* Yes

### Fort Defiance

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#### **Fort Defiance Hospital Public Health Service (IHS)**

P.O. Box 649  
Fort Defiance, AZ 86504  
*Phone:* (928) 729-8000  
*Fax:* (928) 729-3352  
*Contact:* Gina Milford, Diabetic Coordinator

*Description:* Diabetes education, diabetes screening, weight management, nutrition, eye screening, and hypertension screening.

*Audience:* General population.

*Languages available:* Native American, Navajo

*Year program started:* 1988

#### **Navajo Nation Health Education Program**

P.O. Box 288  
Fort Defiance, AZ 86504  
*Phone:* (928) 729-3416  
*Contact:* Valerie Jones, Senior Health Educator

*Description:* General health promotions. Active participants in health promotion. The Navajo Health Education Program is federally funded under Indian Health Services Public Law 93-638. The mission of the program is to continue to encourage and emphasize the active participation in health promotion and maintenance of good health and prevention of disabilities through participation and community involvement.

*Audience:* General population.

*Languages available:* English, Native American, Navajo

*Year program started:* 1988

#### **Navajo Nation Special Diabetes Project Navajo Division of Health**

P.O. Box 1390  
Window Rock, AZ 86515  
*Phone:* (928) 871-6532  
*Fax:* (928) 871-6543  
*Contact:* Robert I. Nakai, Program Manager

*Description:* The program provides educational, preventive, nutritional, and physical information on what diabetes is, how to prevent it, and how to manage it when diagnosed with diabetes. Clients are taught about healthy foods and preparation of portion size meals low in calories and fats. Information is provided through sponsored activities such as pow wows, fairs, rodeos, athletic activities, and Navajo song and dance. Materials provided are brochures, booklets, stories, videos; mass media such as radio messages, talk shows, and billboards

(13 billboards strategically located throughout the Navajo Nation); sponsoring physical activities such as walks, runs, and other appropriate physical activities.

*Health Professionals:* RN

*Audience:* General population, minorities, tribal members, and families of people with diabetes.

*Languages available:* English, Navajo

*Year program started:* 1999

*Materials developed:* Yes



## COCONINO COUNTY

### Flagstaff

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**Native Americans for Community Action  
(NACA) Family Health Center  
Harmony through Health Diabetes  
Program**

1500 East Cedar Avenue, Suite 26  
Flagstaff, AZ 86004  
*Phone:* (928) 773-1245  
*Fax:* (928) 773-9429  
*Contact:* Diabetes Program Coordinator

*Description:* Diabetes education, diabetes screening, weight management, nutrition, exercise, eye screening, hypertension screening, and foot care.

*Health professionals:* CDE, RD

*Audience:* General population and Native Americans.

*Languages available:* English

*Year program started:* 1998

### Tuba City

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**Tuba City Regional Healthcare  
Corporation**

P.O. Box 600  
Tuba City, AZ 86045  
*Phone:* (928) 283-2997  
*Fax:* (928) 283-2887  
*Contact:* Dr. Dorothy Jensen, Physician  
Advisor; Michelle Archuleta, Director

*Description:* Provides general health promotion that has a diabetes component, diabetes education, diabetes screening, weight management, nutrition, exercise, gestational/prenatal; 2,100 patients in registry; counseling, high risk foot clinics.

*Audience:* People diagnosed with diabetes,

minorities, families of people with diabetes, adolescent health program, teen clinic, high schools.

*Languages available:* English, Navajo, Hopi

*Year program started:* 1997

## GILA COUNTY

### San Carlos

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#### **San Carlos Apache Tribal Diabetes Prevention Program**

P.O. Box 1651

San Carlos, AZ 85550

Phone: (928) 475-5940

Fax: (928) 475-5925

Contact: Elizabeth Johnson, Program Manager

*Description:* The program has a weight management clinic with comprehensive professional support, community outreach education to teach prevention and control measures, many physical activities for community and health education opportunities. We also have an Annual Diabetes Conference and two fitness centers. General health promotion services include diabetes education, diabetes screening, weight management, nutrition, exercise, and continuing education/training for professionals. Services specific to diabetes complications include hypertension screening and foot care.

*Health professionals:* PA/NP, RN

*Audiences:* General population, people with diagnosed diabetes, and families of people with diabetes.

*Languages available:* English, Apache

*Year program started:* 1997

#### **IHS San Carlos Hospital**

##### **San Carlos Hospital Diabetes Team**

P.O. Box 208

San Carlos, AZ 85550

Phone: (928) 475-2371

Fax: (928) 475-7370

Contact: Linda C. Clark RN, CDE

*Description:* Diabetes education, diabetes screening, weight management, nutrition, exercise, eye screening, hypertension, foot care, prenatal, renal care. Cardiovascular Glucometer Loaner Program. Our team tries to provide comprehensive care to most ADA minimum standards. Education is provided by appointment, walk-in and group sessions. Our team provides education to all the local schools on a yearly basis.

*Health professionals:* CDE, RD, MD/DO, NP, RN, Optometrist, Dentist

*Audience:* People with diagnosed diabetes and pre-diabetes, minorities, families of people with diabetes, teenagers, pregnant women, people with hypertension, school age children, etc.

*Languages available:* Apache

*Year program started:* 1988

*Materials developed:* Yes

## LA PAZ COUNTY

### Parker

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#### **Parker USPHS Hospital**

Route 1, Box 12

Parker, AZ 85344

*Phone:* (928) 669-2137

*Fax:* (928) 669-2571

*Contact:* Gay Crawford

Description: Diabetes education, diabetes screening, weight management, nutrition, exercise, gestational/prenatal, eye screening, and hypertension screening.

*Health professionals:* RD, MD/DO, RN

*Audience:* General population.

*Languages available:* English

*Year program started:* 1950

## MARICOPA COUNTY

### Phoenix

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#### **Inter Tribal Council of Arizona, Inc. ITCA Diabetes Nutrition**

2214 North Central Avenue, Suite 100  
Phoenix, AZ 85004

*Phone:* (602) 307-1513

*Fax:* (602) 258-4825

*Contact:* Melva Zerkoune, MS, RD

*Description:* ITCA provides training and technical assistance to tribal and Native American urban diabetes programs.

*Audience:* Native Americans.

*Languages available:* English

#### **Native Health**

3008 North 3rd Street  
Phoenix, AZ 85004

*Phone:* (602) 279-5262

*Fax:* (602) 254-2488

*Description:* Diabetes education, screening, weight management, nutrition, exercise, gestational, prenatal, complications, eye screening, hypertension, foot care, smoking cessation, renal care and cardiovascular disease. Native Health provides health services to a growing number of Native Americans living in urban Phoenix area. Most Native Health funding comes from federal money.

*Health professionals:* PA/NP, RN, CDE

*Audience:* General population and Native Americans.

#### **Phoenix Area Indian Health Service Diabetes Program**

##### **2 Renaissance Square**

40 North Central Avenue  
Phoenix, AZ 85004

*Phone:* (602) 364-5179

*Fax:* (602) 364-5025

*Contact:* Charles Rhodes, MD

*Description:* Diabetes education, diabetes screening, support group, nutrition, weight management, exercise, continuing education/training, eye screening, hypertension screening, renal care, cardiovascular disease, prenatal, and gestational.

*Health professionals:* CDE, RD, MD/DO, RA/NP, RN

*Audience:* General population, people with diagnosed diabetes, minorities, families of people with diabetes.

*Languages available:* English, Native American

*Year program started:* 1976

*Materials developed:* Yes

#### **Phoenix Indian Medical Center Diabetes Education Path To Health (DEPTH)**

4212 North 16th Street  
Phoenix, AZ 85016

*Phone:* (602) 263-1200 ext. 1396

*Contact:* Suzanne Lipke, RN, MSN,  
CDE, DEPTH Program Director

*Description:* General health promotion services include diabetes education, diabetes screening, weight management, nutrition, exercise, support group, continuing education/training (for professionals), and gestational/prenatal. Services specific to diabetes complications include eye screening, hypertension screening, foot care, prenatal care, smoking cessation, and cardiovascular disease. IHS Integrated Diabetes Education recognized program for Native American/Alaskan Native adults living in the Phoenix area.

*Audience:* People diagnosed with diabetes, families of people with diabetes and minorities.

*Languages available:* English, Spanish,  
Native American  
*Year Program started:* 2002

## **Peach Springs**

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### **Peach Springs Indian Health Center**

P.O. Box 190  
Peach Springs, AZ 86434  
Phone: (928) 769-2204  
Fax: (928) 769-2933  
Contact: Sylvia Armstrong, RN

*Description:* Diabetes screening, weight management, nutrition, exercise, gestational/prenatal, eye screening, hypertension screening, and smoking cessation.

*Health professionals:* CDE, RD, MD/DO, RN, Health Educator

*Audience:* General population and Native American.

*Languages available:* English, Hualapai

*Year program started:* 1983

## NAVAJO COUNTY

### Cibecue

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#### **Cibecue IHS Center Indian Service**

P.O. Box 80039  
Cibecue, AZ 85911  
*Phone:* (928) 332-2560  
*Fax:* (928) 332-2418

*Description:* Diabetes education, diabetes screening, weight management, nutrition, exercise, gestational/prenatal, eye screening, hypertension screening, foot care, renal care, cardiovascular disease.

*Health professionals:* CDE, MD/DO, PA/NP, RN

*Audience:* General population.

*Languages available:* English, Native American, Apache

*Year program started:* 1980

### Kayenta

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#### **Kykotsmovi Hopi Tribal Office of Health Services The Hopi Tribe**

P.O. Box 123  
Kykotsmovi, AZ 86039  
*Phone:* (928) 737-6000  
*Contact:* Joyce Hamilton

*Description:* General health promotion programs that have a diabetes component; education, screening, nutrition, exercise. Services provided by the health services in all areas with main emphasis on diabetes management, hypertension, and teen pregnancy.

*Audience:* General population, people diagnosed with diabetes, families of people with diabetes, and other (e.g. teenagers, pregnant women, people with hypertension).  
*Languages available:* English, Hopi, Tewa

#### **Navajo Nation Health Education Program Kayenta Health Center**

P.O. Box 368  
Kayenta, AZ 86033  
*Phone:* (928) 697-4000  
*Fax:* (928) 697-4145

*Contact:* Todd Jones, Health Educator II

*Description:* Provides diabetes education, glucose analogy, screening, nutrition, exercise, and classes for health educators. Screens communities to detect diabetes and hypertension. Provides presentations to schools, communities, and worksites on awareness of diabetes, hypertension, nutrition, and exercise. Also provided is patient education on maintenance of glucose, food choices, exercise and screening. Health education staff provides the diabetes and hypertension education.

*Health professionals:* Health Educators

*Audience:* General population, people diagnosed with diabetes, and families of people with diabetes.

*Languages available:* English, Navajo

*Year program started:* 1990

*Materials developed:* Yes

## **Polacca**

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### **Hopi Health Care Diabetes Program IHS/Hopi Tribal Diabetes Program**

P.O. Box 4000

Polacca, AZ 86042

Phone: (928) 737-6000

Fax: (928) 737-6099

Contact: Velita Sidney

*Description:* General health promotion, diabetes education, diabetes screening, weight management, nutrition, exercise, gestational/prenatal, eye screening, hypertension screening, foot care, smoking cessation, renal care, cardiovascular disease, ongoing exercise clinic, physical therapy and wound care.

Diabetes Clinic has once monthly meetings with group education and cooking demos. There are approximately 1,200 diabetics who have ongoing care for Diabetes Management, every three months or more often if needed.

*Health professionals:* RD, MD/DO, RN, Optometrist, Behavioral Health Department

*Audience:* General population, people diagnosed with diabetes, minorities, families of people with diabetes.

*Languages available:* Navajo, Hopi

*Materials developed:* Diabetes education materials - contact the Hopi Tribe for copies.

## **Shonto**

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### **Inscription House Health Clinic Diabetes Program**

P.O. Box 7397

Shonto, AZ 86054

Phone: (928) 672-3000

Fax: (928) 612-3005

Contact: Samantha Interpreter, RD

*Description:* Diabetes education, diabetes screening, weight management, support group, and hypertension screening.

*Health professionals:* RD, MD/DO, RN

*Audience:* General population and people diagnosed with diabetes.

*Languages available:* English, Navajo

*Year program started:* 1994

*Materials developed:* Yes

## **Whiteriver**

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### **Apache Diabetes Wellness Center White Mountain Apache Tribe**

P.O. Box 1210

Whiteriver, AZ 85941

Phone: (928) 338-5278

Fax: (928) 338-4974

Contact: Alethea Velasquez, Diabetes Coordinator

*Description:* Diabetes education, diabetes screening, weight management, nutrition, exercise, and hypertension screening.

*Health professionals:* RD, RN, Physiologist

*Audience:* General population and people diagnosed with diabetes.

*Languages available:* English, Apache

*Year program started:* 1995

*Materials developed:* Yes

### **Whiteriver Indian Health Service Hospital**

200 West Hospital Drive

P.O. Box 860

Whiteriver, AZ 85941

Phone: (928) 338-4911 ext. 3665

Fax: (928) 338-3522

Contact: Diabetes Management Department

*Description:* Diabetes education, diabetes screening, weight management, nutrition, exercise and hypertension screening.

*Health professionals:* MD, CDE, RD, RN, Community Health Representative

*Audience:* People diagnosed with diabetes and their families.

*Languages available:* English, Apache

*Year program started:* 1994

## Winslow

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### **Winslow Indian Health Care Center Inc.**

#### **Diabetes Program**

500 North Indiana Avenue

Winslow, AZ 86047

*Phone:* (928) 289-4646

*Fax:* (928) 289-5264

*Contact:* Joe Piepmeyer, Program  
Manager

*Description:* Diabetes education, diabetes screening, weight management, nutrition, exercise, and hypertension screening.

*Health professionals:* CDE, RD, MD/DO, RN

*Languages available:* English, Navajo

*Year program started:* 1992

*Materials developed:* Yes



## PIMA COUNTY

### San Xavier

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#### San Xavier Indian Health Center

7900 South J Stock Road  
San Xavier, AZ 85746  
*Phone:* (520) 295-2550  
*Fax:* (520) 295-2609  
*Contact:* Andy Ratzlaff

*Description:* Diabetes education, diabetes screening, weight management, nutrition, eye screening, hypertension screening, and foot care.

*Health professionals:* CDE, MD/DO, RN, Nutritionist

*Audience:* Native Americans. Must provide proof of affiliation and be federally recognized.

*Languages available:* English, Spanish, Native American (Tohono O'odham)

*Year program started:* 1983

### Sells

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#### Sells Indian Hospital Indian Health Services

P.O. Box 548  
Sells, AZ 85634  
*Phone:* (520) 383-7251  
*Fax:* (520) 383-7216  
*Contact:* Rea Matlock, RD, CDE

*Description:* Diabetes education, diabetes screening, weight management, nutrition, exercise, gestational/prenatal, eye screening, hypertension screening, foot care, prenatal care, renal care, and cardiovascular disease.  
*Health professionals:* RD, MDs, PAs, NPs, RNs

*Audience:* Native Americans with diagnosed diabetes, minorities, and families of people with diabetes.

*Languages available:* English, Spanish, Tohono O'odham

*Year program started:* 1980

*Materials developed:* Yes

#### Tohono O'odham Health Department Community Health

P.O. Box 810  
Sells, AZ 85222  
*Phone:* (520) 383-6200  
*Fax:* (520) 383-8806  
*Contact:* Cynthia Norris

*Description:* Diabetes education, diabetes screening, nutrition, gestational/prenatal, and hypertension screening.

*Health professionals:* Diabetes Counselor, Field nurse

*Audience:* General population and Tohono O'odham members.

*Languages available:* English, Tohono O'odham

### Tucson

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#### Native American Indian Research and Training Center

1642 East Helen Street  
Tucson, AZ 85719  
*Phone:* (520) 621-5075  
*Fax:* (520) 621-9802  
*Contact:* Director

*Description:* Provides diabetes education, and continuing education and training. Also offers summer camp for diabetic children and training for health professionals.

*Health professionals:* RD, MD/DO, RN

*Audience:* People with diagnosed diabetes and professionals.

*Languages available:* English

*Year program started:* 1983

*Materials developed:* Yes

**Pascua Yaqui Health Programs  
Pascua Yaqui Diabetes Prevention  
Program**

7490 South Camino de Oeste

Tucson, AZ 85746

*Phone:* (520) 879-6200

*Contact:* Helen Forshee, RN

*Description:* Diabetes education, diabetes screening, weight management, nutrition, exercise, eye screening, hypertension screening, and foot care.

*Health professionals:* MD, RN, RD, Exercise Physiologist, Exercise Specialists, Outreach Specialists, Program Consultant

*Audience:* Pascua Yaqui Tribal Members and their families.

*Languages available:* English, Spanish

*Year program started:* 1992

**Tucson Indian Center (TIC)  
Special Diabetes Program for Indians**

97 East Congress, Suite 101

Tucson, AZ 85701

*Phone:* (520) 884-7131 Ext. 231

*Contact:* Taryn Kaye, Wellness

Director or Lana Fred, Diabetes

Prevention Specialist

*Description:* The Tucson Indian Center's Special Diabetes Program for Indians was designed to promote physical fitness and healthy lifestyles by conducting outreach to encourage the urban Tucson Indian community to utilize services at TIC. The Program also offers nutrition workshops and educational programs; physical activity classes; diabetes education and prevention workshops; enhances a diabetes screening program; and provides support, education and reinforcement of lifestyle choices to prevent, manage or treat diabetes. General health promotion services include a program that has a diabetes component, diabetes education, diabetes screening,

nutrition, exercise, support group, cooking classes, and walking club. Services specific to diabetes complications include foot care and smoking cessation.

*Health professionals:* Qualified Consultants hired to provide diabetes support services.

*Audience:* General population, urban Native Americans living in metropolitan Tucson/Pima County, people diagnosed with diabetes, minorities, families of people diagnosed with diabetes.

*Languages available:* English, Spanish, Native American

*Year Program started:* 2002

## PINAL COUNTY

### Maricopa

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#### **Ak-Chin Indian Community**

#### **Ak-Chin Diabetes Prevention Program**

42507 West Peters and Nall Road

Maricopa, AZ 85239

*Phone:* (520) 568-1082

*Fax:* (520) 568-1081

*Contact:* Cassandra Allen, Program  
Coordinator

*Description:* Ak-Chin Diabetes Program is a Community Outreach Program that promotes diabetes prevention, provides general education on diabetes management and provides group and individual exercise programs. General health promotion includes diabetes education, diabetes screening, nutrition, exercise, and a support group for children with Diabetes Type 2.

*Languages available:* English, Spanish

*Year program started:* 2002

### Sacaton

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#### **Gila River Health Care**

#### **Diabetes Program**

P.O. Box 38

Sacaton, AZ 85247

*Phone:* (520) 562-3321

*Fax:* (502) 528-1472

*Contact:* Helen Connor, RN, CDE,  
Diabetes Program Coordinator

*Description:* General health promotions program that has a diabetes component, diabetes education, diabetes screening, weight management, nutrition, exercise, gestational/prenatal, eye screening, hypertension screening, foot care, prenatal care, renal care,

and cardiovascular disease.

*Health professionals:* CDE, RD, MD, PA, NP, RN

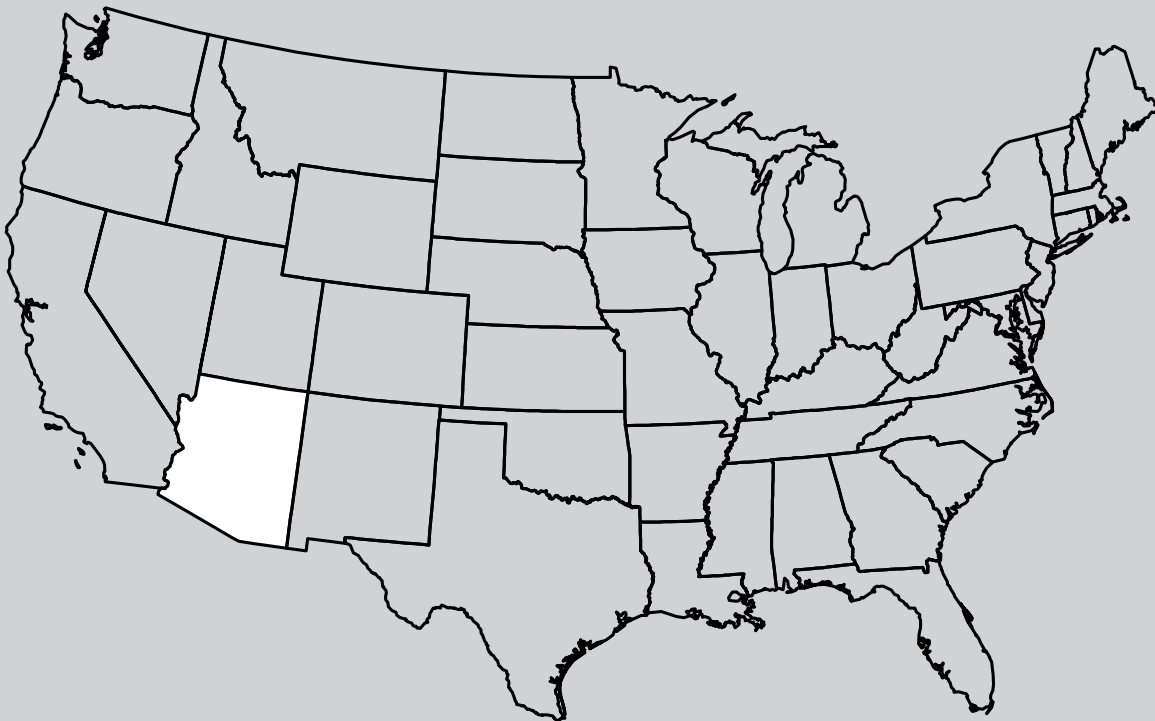
*Audience:* Native Americans and general population.

*Languages Available:* English, Pima

*Year program started:* 1979



# NATIONAL RESOURCES





**Aerobics and Fitness Foundation**

15250 Ventura Boulevard, Suite 200  
Sherman Oaks, CA 91403  
*Phone:* (800) 445-5950  
*Fax:* (818) 990-5468

**American Academy of Ophthalmology,  
The Foundation of the Diabetes Project**

P.O. Box 492098  
San Francisco, CA 94142-9098  
*Phone:* (800) 222-EYES  
<http://www.aao.org/aaoweb1/foundation/301.cfm>

**American Association of Diabetes  
Educators**

100 West Monroe, Fourth Floor  
Chicago, IL 60603-1901  
*Phone:* (800) 832-6874  
(800) 338-3633 (for names of  
diabetes educators)  
<http://www.aadenet.org>

**American Diabetes Association**

1660 Duke Street  
Alexandria, Virginia 2314  
*Phone:* (800) DIABETES  
(800) ADA-ORDER (to order  
publications)  
(800) 232-3472  
<http://www.diabetes.org>

**American Diabetes Association National  
Center**

1701 North Beauregard Street  
Alexandria, VA 22311  
*Phone:* (800) 232-3472  
*Fax:* (703) 549-6995

**American Dietetic Association**

216 West Jackson Boulevard, Suite 800  
Chicago, IL 60606-6995  
*Phone:* (800) 366-1655 (Consumer  
Nutrition Hotline, Spanish speaker  
available)

(800) 745-0775  
<http://www.eatright.org>

**American Heart Association National  
Center**

7272 Greenville Avenue  
Dallas, TX 75231  
*Phone:* (800) AHA-USA1  
<http://www.americanheart.org>

**Arizona Kidney Foundation Financial  
Assistance**

4203 East Indian School Road, #140  
Phoenix, AZ 85018  
*Phone:* (602) 840-1644

**Centers for Disease Control and  
Prevention (CDC)****Division of Diabetes Translation  
Public Inquiries and Publications**

P.O. Box 8728  
Silver Spring, Maryland 20910  
*Phone:* (877) CDC-DIAB  
*Email:* [diabetes@cdc.gov](mailto:diabetes@cdc.gov)  
<http://www.cdc.gov/diabetes>

**Diabetes Advisor (Publication)**

P.O. Box 363  
Mt. Morris, IL 61054-8302  
*Phone:* (800) 232-3472

**Diabetes Exercise and Sports Association**

P.O. Box 1935  
Litchfield Park, AZ 85340  
*Phone:* (800) 898-4322  
*Fax:* (623) 535-4741

**Diabetes in the News (Publications)**

P.O. Box 4548  
South Bend, IL 46634

**Diabetes Self-Management (Support  
Group)**

P.O. Box 51125  
Boulder, CO 80321-1125

**Diabetic Traveler (Publication)**

P.O. Box 8223 RW  
Stamford, CT 06905

**Dial-A-Ride (Transportation)**

*Phone:* (602) 253-4000

**Guide Dogs for the Blind, Inc.**

P.O. Box 151200  
San Rafael, CA 94915-1200  
*Phone:* (800) 295-4059

**Hadley School for the Blind**

700 Elm Street  
Winnetka, IL 60093  
*Phone:* (847) 446-8111  
*Fax:* (847) 446-9916

**Indian Health Service Diabetes Program**

5300 Homestead Road, N.E.  
Albuquerque, NM 87110  
*Phone:* (505) 248-4182  
<http://www.ihs.gov/medicalprograms/diabetes>

**Insurance Consumer Services Division  
Hotline**

2910 North 44th Street, Suite 210  
Phoenix, AZ 85018  
*Phone:* (800) 325-2548

**International Diabetes Center (Support  
Group)**

3800 Park Nicolett Boulevard  
Minneapolis, MN 55416  
*Phone:* (888) 825-6315  
*Fax:* (952) 993-1302

**Juvenile Diabetes Foundation**

4343 E. Camelback Road Suite #450  
Phoenix, AZ 85018  
*Phone:* (800) 223-1138  
*Local Phone:* (602) 808-9548  
*Fax:* (602) 808-9512

**Juvenile Diabetes Research Foundation  
International**

120 Wall Street, 19th Floor  
New York, NY 10005-4001  
*Phone:* (800) JDF-CURE  
(800) 223-1138  
*E-mail:* [info@jdrf.org](mailto:info@jdrf.org)  
<http://www.jdrf.org>

**Medical Alert**

P.O. Box 1009  
Turlock, CA 95381-9013  
*Phone:* (800) 432-5378  
*Fax:* (800) 863-3429

**National Association for Visually  
Handicapped (Low Vision Services)**

22 West 21st Street, 6th Floor  
New York, NY 10010  
*Phone:* (212) 889-3141  
*Fax:* (212) 727-2931

**National Center for Farm Worker Health**

1770 FM 967  
Buda, TX 78610  
*Phone:* (800) 531-5120  
*Fax:* (512) 312-2600

**National Clearinghouse on Family Support  
Portland, OR**

*Phone:* (800) 628-1696

**National Council on Aging**

409 3rd Street SW, Suite 200  
Washington, D.C. 20024  
*Phone:* (800) 424-9046  
*Fax:* (202) 479-0735 or (202) 479-1200

**National Diabetes Clearinghouse**

1 Information Way  
Bethesda, MD 20892-3560  
*Phone:* (800) 860-8747  
(301) 654-3327  
*E-mail:* [ndic@info.niddk.nih.gov](mailto:ndic@info.niddk.nih.gov)  
<http://www.niddk.nih.gov>



**National Diabetes Education Program  
Program and Partnership information:  
Mail requests to NDEP, c/o CDC Diabetes  
Program Public Inquiries**

P.O. Box 8728  
Silver Spring, Maryland 20910  
*Phone:* (800) CDC-DIAB  
*E-mail:* [diabetes@cdc.gov](mailto:diabetes@cdc.gov)  
<http://www.cdc.gov/team-ndep>  
<http://www.cdc.gov/diabetes>

**Campaign materials and publications:  
Mail requests to NDEP, c/o National  
Diabetes Information Clearinghouse**

1 Information Way  
Bethesda, Maryland 20892-3560  
*Phone:* (800) 438-5383  
*E-mail:* [berryt@extra.niddk.nih.gov](mailto:berryt@extra.niddk.nih.gov)  
<http://www.niddk.nih.gov>

**National Diabetes Outreach Program  
(Do Your Level Best)  
(Feet Can Last a Lifetime)**

*Phone:* (800) 438-5383

**National Health Information Center**

P.O. Box 1133  
Rockville, MD 20013  
*Phone:* (800) 336-4797  
(301) 984-4256

**National Eye Institute  
National Eye Health Education Program  
Diabetic Eye Disease Public  
Education Program**

2020 Vision Place  
Bethesda, Maryland 20892-3655  
*Phone:* (800) 869-2020 (to order  
materials)  
<http://www.nei.nih.gov/nehep/ded.htm>

**National Information Center for Children  
and Youth with Disabilities**

P.O. Box 1492  
Washington, D.C. 20013  
*Phone:* (800) 695-0285  
*Fax:* (202) 884-8441

**National Institute of Diabetes, Digestive  
Kidney Disease**

31 Center Drive, Building 31, #9A04  
Bethesda, MD 20892-2560  
*Phone:* (301) 496-3583 or (301) 496-7422

**National Kidney Foundation**

30 East 33rd Street, Suite 1100  
New York, NY 10016  
*Phone:* (800) 622-9010  
*Local Phone:* (212) 889-2210  
*Fax:* (212) 689-9261

**Novo Nordisk Pharmaceuticals Inc.**

100 College Road West  
Princeton, NJ 08540  
*Phone:* (800) 727-6500

**ODPHP National Health Information  
Center**

P.O. Box 1133  
Washington, D.C. 20013-1133  
*Phone:* (800) 336-4797  
*Fax:* (301) 984-4256

**Office of Minority Health Resources  
Center**

P.O. Box 37337  
Washington, D.C. 20013-7337  
*Phone:* (800) 444-6472  
*Fax:* (301) 589-0884

**Pacific Disability Business and Assistance  
Center**

2168 Shattuck Avenue, #301  
Berkeley, CA 94704  
*Phone:* (800) 949-4232  
*TDD:* (510) 848-1840  
*Fax:* (510) 848-1981

**Department of Veterans Affairs  
Veterans Health Administration  
Diabetes Program**

<http://www.va.gov/diabetes>

**Veterans Health Administration**

810 Vermont Avenue, N.W.

Washington, DC 20420

VA Benefits

*Phone:* (800) 222-8387

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# Arizona Diabetes Resource Directory Information Update Form

Please assist us in updating the Arizona Diabetes Resource Directory by completing the following survey.

1. Name of Program: \_\_\_\_\_
2. Sponsoring Organization/Agency: \_\_\_\_\_
3. Mailing Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_
4. Contact Person/Title: \_\_\_\_\_  
Telephone Number (include area code): \_\_\_\_\_ Fax: \_\_\_\_\_
5. Type of Services/Program (check all that apply):

## General health promotion

- \_\_\_\_\_ program that has a diabetes component
- \_\_\_\_\_ diabetes Education
- \_\_\_\_\_ diabetes screening
- \_\_\_\_\_ weight management
- \_\_\_\_\_ nutrition
- \_\_\_\_\_ exercise
- \_\_\_\_\_ support group
- \_\_\_\_\_ continuing education/training (for professionals)
- \_\_\_\_\_ gestational/prenatal
- other: \_\_\_\_\_

## Diabetes complications specific

- \_\_\_\_\_ eye screening
- \_\_\_\_\_ hypertension screening
- \_\_\_\_\_ foot care
- \_\_\_\_\_ prenatal care
- \_\_\_\_\_ smoking cessation
- \_\_\_\_\_ renal care
- \_\_\_\_\_ cardiovascular disease
- other: \_\_\_\_\_

## Health Professionals

- \_\_\_\_\_ Certified Diabetes Educator (CDE)
- \_\_\_\_\_ Registered Dietitian (RD)
- \_\_\_\_\_ MD/DO
- \_\_\_\_\_ PA/NP
- \_\_\_\_\_ RN
- other: \_\_\_\_\_

6. Audience:  
\_\_\_\_\_ People with diagnosed diabetes  
\_\_\_\_\_ General population  
\_\_\_\_\_ Minorities  
\_\_\_\_\_ Families of people with diabetes  
Other (e.g., Professionals, teenagers, pregnant women, people with hypertension, etc.) ***Specify:*** \_\_\_\_\_
7. Languages used:  
\_\_\_\_\_ Spanish \_\_\_\_\_ English \_\_\_\_\_ If an American Indian language, specify which one:  
Other: \_\_\_\_\_
8. Year diabetes program was started: \_\_\_\_\_
9. Please list materials you have developed: \_\_\_\_\_  
(Please send available samples to the Diabetes Prevention and Control Program with this questionnaire.)
10. Describe your program. (Include information about services provided, sources of support, who provides your services, number of participants, etc.) \_\_\_\_\_

Please return completed form via FAX at (602) 542-0512 or email at [ramirec@azdhs.gov](mailto:ramirec@azdhs.gov).  
If you have any questions, please call (602) 542-7503.

Or you can mail completed form to: Arizona Department Health Services  
Diabetes Prevention and Control Program  
150 N. 18th Avenue, Suite 310  
Phoenix, AZ 85007-3242

Thank you for your time and assistance.





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